Anastasia Finch, Ph.D.

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LICENSURE

North Carolina

EDUCATION

June 2017 Ph.D. in Clinical Psychology

California School of Professional Psychology, Alliant International University

San Francisco, California (APA accredited program)

May 2012 M.A. in Psychology in Education

Teachers College, Columbia University

New York. New York

May 2010 B.A. in Psychology, Magna Cum Laude

Stetson University
DeLand, Florida

CLINICAL AND PROFESSIONAL EXPERIENCE

2019-Present Triangle Neuropsychology Services, PLLC

Clinical Psychologist/Neuropsychologist

Raleigh/Durham, North Carolina

Experience:

- Private practice adult neuropsychologist working with adults with wide-ranging neurologic, medical and psychiatric conditions.
- Individual psychotherapy
- Forensic evaluations

2017-2019 Postdoctoral Fellowship in Neuropsychology

Harvard Medical School Cambridge Health Alliance

Cambridge. Massachusetts

<u>Clinical Supervisors</u>: Margaret Lanca, Ph.D., Karen Postal, Ph.D., ABPP-CN, Nancy Hebben, Ph.D., ABPP-CN, Laura Phillips, Ph.D., David Dinklage, Ph.D.

Clinical Rotations:

- Outpatient Neuropsychology Assessment Service
- Recovery in Shared Experience (RISE) program
- Primary Care Integration
- Inpatient Consultation Services

Experience:

• Evaluation of broad spectrum of neurologic, medical and psychiatric conditions impacting cognitive function in a highly diverse patient population. Populations evaluated included individuals with memory disorders, epilepsy, stroke, traumatic brain injury, movement disorders, and neuropsychiatric difficulties.

 Attended and participated in weekly Massachusetts General Hospital Brain Cutting Conference, monthly Neuro-radiology Conference, weekly Longwood Medical Center Fact-Finding, weekly Longwood Medical Center Neuropsychology Seminar, weekly Advanced Neuropsychology Seminar.

- Completed expert witness training seminar with Harvard Law School.
- Shadowed a neurologist for six weeks.
- Consultation services for both medical and psychiatry inpatient units.
- Conducted assessments and feedback sessions with interpreters in several languages (e.g., Haitian Creole, Portuguese, Bengali, Italian, and Spanish).

2016-2017 Pre-doctoral Intern

VA Maryland Health Care System (APA Accredited)

Baltimore, Maryland

<u>Clinical Supervisors:</u> Moira Dux, Ph.D., Anjeli Inscore, Psy.D., ABPP-CN, Terry Lee-Wilk, Ph.D., Julie Rife-Freese, Psy.D., Neil Weissman, Psy.D., Clare Gibson, Ph.D.

Clinical Rotations:

- Neuropsychology (12 months, part time; 4 months, full time)
 - Outpatient Consultation Liaison Service
 - Geriatric Assessment Clinic
- Psychosocial Rehabilitation and Recovery Treatment Program (4 months, full time)
- Psychosocial Rehabilitation and Recovery Center (4 months, full time)

Experience:

- Evaluation of broad spectrum of neurologic, medical and psychiatric conditions impacting cognitive function with Veterans. Populations evaluated included individuals with movement disorders, autoimmune disorders, multiple sclerosis, memory disorders, epilepsy, stroke, traumatic brain injury and neuropsychiatric difficulties.
- Worked as part of an interdisciplinary team in a geriatric assessment clinic conducting neuropsychological evaluations, synthesizing test data and integrating information from clinical interviews and from the interdisciplinary team to create an integrated report and provide same-day feedback.
- Co-created an advanced cognitive rehabilitation group for women Veterans with multiple sclerosis.
- Observed Wada testing under the supervision of the co-director of the neuropsychology postdoctoral fellowship with an emphasis in neurological disorders, Dr. Kristen Mordecai.
- Presented case material and didactic information to the neuropsychology service.
- Attended weekly didactic training on psychological assessment, neurology, and geriatric dementia.
- Conducted psychodiagnostic evaluations synthesizing data on psychological functioning and information from clinical interview and chart review to create integrative reports with individuals diagnosed with severe mental illnesses.
- Provided group and individual psychotherapy for Veterans with diagnoses of severe mental illness during their stay on in a non-acute residential unit and outpatient rehabilitation program.

2015-2016 Psychology Extern

San Francisco VA Medical Center

San Francisco, California

<u>Clinical Supervisors:</u> Elena Bassett, Ph.D., Michael Drexler, Ph.D., CPRP, & Jennifer Boyd, Ph.D., CPRP

Clinical Rotations:

- Neuropsychology: Outpatient Consultation and Liaison Service
- Psychosocial Rehabilitation and Recovery Center
- Psychiatric Intensive Care Unit (PICU)
- General Psychiatric Outpatient Service

Experience:

- Administered neuropsychological assessments to Veterans with a variety of neurologic, medical, and psychiatric conditions.
- Created integrative reports based on chart review, clinical interviews, and evaluation that focused on clinical and neurological functioning.
- Provided patients with feedback regarding neuropsychological evaluation, results, and recommendations.
- Provided Telemental Health services through V-Tel to deliver individual and group psychotherapy using evidence-based treatments to Veterans in remote locations.
- Observed inpatient procedures including Electroconvulsive Therapy (ECT) under the supervision of the Director of the PICU, Maria I. Fernandez, M.D.
- Worked on an interdisciplinary team providing group psychotherapy using many evidence-based treatments for Veterans living with severe mental illness.
- Conducted individual and group outpatient and inpatient psychotherapy.
- Worked on two mental health recovery-oriented projects aimed to improve quality of care both within and outside of the VA system.
- Attended weekly, inpatient grand rounds.

2015-2016 Clinical Assessor

University of California, San Francisco

San Francisco, California

Supervisor: Danielle Schlosser, Ph.D.

Clinical Rotations:

• Digital Research and Interventions for Volitional Enhancement (DRIVE) Lab

Experience:

- Administered and interpreted clinical assessments to individuals with diagnoses of schizophrenia and schizoaffective disorders.
- Trained in administering the Structured Clinical Interview (SCID) and Positive and Negative Syndrome Scale (PANSS)

2014-2015 Kaiser Oakland Department of Psychiatry

Psychology Trainee

Oakland, California

Clinical Supervisor: Michelle Sallee, Ph.D.

Clinical Rotations:

• Severe and Persistent Mental Illness Clinical Case Management Services

Experience:

• Provided individual and group psychotherapy using evidence-based treatment for adults living with severe mental illnesses and co-occurring presenting problems.

• Authored a chapter on disorganized behavior and visual hallucinations for a 12-week CBT for Psychosis group.

 Conducted intake evaluations of new referrals to both individual and group programs.

2013-2014 Psychological Services Center

Psychology Trainee

Oakland, California

Clinical Supervisors: Molly Stullman, Ph.D. & Julia Shaub, Ph.D.

Clinical Rotations:

- School Based Psychotherapy
- Psychological Services Assessment Center

Experience:

- Administered psychodiagnostic and neuropsychological assessments for schoolaged children to help identify difficulties such as ADHD and specific learning disabilities.
- Provided individual psychodynamic psychotherapy in an urban school setting with adolescents living with community trauma, severe PTSD, depression, anxiety, and ADHD.

RESEARCH EXPERIENCE

2018-2019 Postdoctoral Research Project

Harvard Medical School Cambridge Health Alliance

Cambridge, Massachusetts

Project: Adaptive and Maladaptive Coping and Treatment Engagement Among

Individuals in a Community Specialty Care Early Psychosis Program

Supervisor: Margaret Lanca, Ph.D.

2016-2017 Pre-doctoral Research Assistant

VA Maryland Health Care System

Baltimore, Maryland

Project: The Impact of Executive Functioning on Age and Functioning in Older Adults

with Schizophrenia

Supervisor: Anjana Muralidharan, Ph.D.

2016 Dissertation

University of California, San Francisco CSPP, Alliant International University

San Francisco, California

Dissertation Title: Defeatist Beliefs as a Mediator of Internalized Stigma, Negative Symptoms and Quality of Life During Recent Onset Schizophrenia

Dissertation Chair: Shannon Casey, Ph.D.

<u>Dissertation Committee:</u> Danielle Schlosser, Ph.D. & Meenakshi Menon, Ph.D.

2012-2014 Research Intern

San Francisco Department of Public Health

San Francisco, California

Supervisor: Tom Bleecker, Ph.D.

Project: Youth in Foster Care: Individual Strengths, Mental Health Utilization, And School Functioning

2011-2012 Research Intern

New York State Psychiatric Institute

New York, New York

Supervisor: Christina Hoven, Ph.D.

TEACHING EXPERIENCE

2014 Data Analysis Preliminary Exam Grader

CSPP, Alliant International University

San Francisco, California

Supervisor: Meenakshi Menon, Ph.D.

2013-2014 Lab Instructor

CSPP, Alliant International University

San Francisco, California

Supervisor: Shannon Casey, Ph.D.

2009 Undergraduate Teaching Assistant

Stetson University

DeLand, Florida

Supervisor: W. Daniel Hale, Ph.D.

PUBLICATIONS

Muralidharan, A., **Finch, A.**, Bowie, C. R., & Harvey, P. D. (2019). Older versus middle-aged adults with schizophrenia: Executive functioning and community outcomes. *Schizophrenia Research*. doi: 10.1016/j.schres.2019.11.001

Muralidharan, A., **Finch, A.**, Bowie, C. R., & Harvey, P. D. (2018). Thought, language, and communication deficits and association with everyday functional outcomes among community-dwelling middle-aged and older adults with schizophrenia. *Schizophrenia Research*. doi: 10.1016/j.schres.2017.07.017

POSTER PRESENTATIONS

- **Finch, A.**, Casey, S., & Bleecker, T. (2015, August). Youth in foster care: Individual strengths, mental health utilization, and school functioning. Poster presented at the American Psychological Association Conference, Division 37.
- **Finch, A.** (2010, March). The effects of learned helplessness on anxiety, hostility, and depression in college students. Poster presented at the meeting of the Southeastern Psychological Association, Nashville, Tennessee.