

Lindsey Ohler, Psy.D.
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Education & Licenses

Licensed Psychologist, North Carolina license #5094

Doctorate Clinical Psychology (APA Accredited)

Dissertation: Adjective Pairings with Female Body Shapes

Area of Interest: Children and Adolescents (Elective courses in children and adolescents)

Xavier University, 2014

M.A. Psychology

Xavier University, 2010

B.S. Psychology (magna cum laude)

West Liberty University, 2008

High Conflict Co-Parenting: Interventions for Children's Alignment and Resistance. Semester course through William James College. Certificate for completion of Overcoming Barriers online Reunification Therapy Course, specializing in reunification therapy, parent-child contact problems, and related forensic services and collaboration. Fall 2018.

Parent Coordination Training. Training completed through the Center for Cooperative Parenting Inc. in North Carolina. March 20-22, 2019.

Guardian Ad Litem Training. Training completed through the Center for Cooperating Parenting Inc. in North Carolina. March 29, 2019.

Sworn-in as an expert witness in clinical psychology, as an expert witness in child development and custody schedules, as an expert in forensic psychology, as an expert witness in clinical psychology, as an expert witness in child psychology, and as an expert witness in reunification therapy.

Professional Experience

**Lepage Associates Solution-Based Psychological
and Psychiatric Services – Durham, NC**

September 2015 – Present

Licensed Psychologist (Clinical & Forensic Psychologist) & Director of Clinical Services

- Provide therapy to all ages: children, adolescents and adults. Therapy formats include individual therapy, family therapy, reunification therapy, and marriage therapy. Also provide parent coaching for child behavioral problems and for childhood anxiety.
- Provide monthly, individual supervision of Applied Behavior Analysis (ABA) for BCBA's (Board Certified Behavior Analysts) at a local ABA center. (Applied Behavior Analysis is the process of analyzing behavior to put in place appropriate behavioral interventions for children with behavior problems.)
- Conduct psychological, educational, developmental and forensic evaluations of children including Attention-Deficit/Hyperactivity Disorder (AD/HD) evaluations, autism spectrum disorder evaluations, behavioral assessments, and psychological evaluations for family court.
- Conduct psychological, cognitive, educational, substance abuse, and forensic evaluations of adults including fitness-for-duty, return-to-work, disability, independent medical (IMEs), parental capacity, and custody evaluations.
- Conduct comprehensive psychological evaluations of adults and juveniles held in detention.
- Provide forensic consultation to attorneys in juvenile cases involving sexual abuse.
- Provide expert witness for military court martial cases regarding psychological evaluations and autism spectrum disorder.
- Conduct Independent Educational Evaluations (IEE) for attorneys involving child cognitive emotional assessment, collateral reviews, and extensive record review as well as participate in school Individualized Education Program (IEP) meetings.
- Testify as expert witness for civil, criminal, and family court cases, as well as administrative law cases.
- Conduct career assessments and provide leadership and career coaching.
- Lead social skills development groups for young children.

Xecutive Metrix – Cincinnati, OH

July 2014 – June 2015

Associate Consultant in Organization Development

- Debriefed Leadership and 360 Evaluations with supervisors, managers and executives.
- Facilitated Leadership and Manager Development workshops focusing on feedback skills, conflict management, developing high-performing teams and performance management.
- Provided individual coaching to supervisors, managers and executives.
- Assisted with strategic planning events in which clients set three-year business milestones, targets and initiatives.

**Temple University Clinical Psychology Internship Consortium
APA Accredited – Cincinnati, OH**

July 2013 – June 2014

Psychology Pre-Doctoral Intern

Temple Eating Disorders

- Provided individual therapy using Family Based Treatment and Radically-Open Dialectical Behavior Therapy as part of a research study evaluating the efficacy of those treatments.
- Conducted clinical and neuropsychological assessments for research studies investigating reward neurocircuitry in eating disorders.
- Assisted with a meta-analysis evaluating fMRI studies utilizing food consumption and taste protocols.

Temple University Hospital Department of Psychiatry and Behavioral Science

- Provided outpatient individual therapy for adults.

**Veterans' Health Administration National Center for
Organization Development – Cincinnati, OH**

July 2012 – May 2013

Psychology Doctoral Practicum Student

- Developed qualitative coding themes from text comments submitted in a national survey.
- Analyzed workplace assessments to determine the relationships between staffing, workload and teamwork on clinical nursing units.
- Analyzed the results of surveys completed by various services in the Veterans Health Administration, Veterans Benefit Administration and National Cemetery Administration.

**Youth Center, Hamilton County Juvenile Court
System – Cincinnati, OH**

June 2012 – June 2013

Psychology Doctoral Practicum Student

- Administered tests of cognitive, behavioral and personality functioning for psychological/psychoeducational, competency-to-stand-trial, bind-over and dispositional evaluations of juvenile offenders.
- Provided competency attainment interventions for adolescents held in juvenile detention.
- Consulted with leadership from the juvenile court probation department to develop a database for tracking juvenile recidivism.
- Analyzed multiple sources of data (recidivism rate, post-detention facility placement) to track successful juvenile mental health placements (e.g., residential facilities).

Forensic & Mental Health Services, Inc. – Cincinnati, OH

January 2012 – October 2012

Statistics Consultant

- Consulted with leadership to develop a program evaluation of the Butler County Adult Probation Services.
- Created surveys that were completed by probation officers, administrators and probationers that assessed the importance and need for referral services and probation rules.
- Analyzed multiple sources of data (recidivism rates, successful performance of probation officers, etc.) to determine strengths, weaknesses and areas for improvement within Butler County Adult Probation.

Psychological Services Center, Xavier University – Cincinnati, OH

June 2011 – May 2012

Psychology Doctoral Practicum Student

- Received extensive training in Dialectical Behavior Therapy and served as a co-leader for Dialectical Behavior Therapy Skills Training.
- Provided individual therapy for community members as well as undergraduate and graduate students.
- Provided group and individual substance abuse interventions for undergraduate students.
- Provided first response to survivors of sexual assault, dating violence, sexual harassment and stalking by methods of phone consultation, hospital accompaniment and in-person contact.

**The Kelly O’Leary Center for Autism Spectrum Disorders,
Cincinnati Children’s Hospital Medical Center – Cincinnati, OH**

August 2010 – June 2011

Psychology Doctoral Practicum Student

- Provided milieu therapy utilizing Applied Behavior Analysis (ABA) for young children diagnosed with autism in an Early Intensive Behavioral Intervention Classroom.
- Conducted clinical interviews with parents whose children were referred for an evaluation for possible autism spectrum disorder.
- Administered tests of cognitive, social, behavioral and adaptive functioning with children and their families following the Autism Treatment Network assessment battery.

NorthKey Community Care – Covington, KY

August 2009 – August 2010

Psychology Doctoral Practicum Student

- Conducted diagnostic interviews and assessments of children and adolescents hospitalized on a short-term inpatient unit.
- Administered tests of cognitive, social and personality functioning and wrote abbreviated reports that facilitated treatment recommendations.
- Consulted with hospital staff including social workers, nurses, and support staff.

Continuing Education

June 2023. *Capacity Assessment and Restoration Services in North Carolina: Current Practices and Future Innovations*. North Carolina Psychological Association.

December 2022. *Supervision of Licensees & Applicants in North Carolina*. North Carolina Psychology Board.

July 2022. *Ethics Refresher*. North Carolina Psychology Board.

July 2022. *Renew Your License & Refresh Your Ethical Know-How*. North Carolina Psychological Association.

November 2021. *Gender Out of the Box – New Directions in Research with Non-Binary Populations*. American Psychological Association 2021 Virtual Conference.

October 2021. *Exploring Whiteness: Seeing, Understanding, and Countering Racism in Pediatric Psychology*. American Psychological Association 2021 Virtual Conference.

September 2021. *Digital Mental Health Interventions for Youths and Families During and Beyond the COVID-19 Era*. American Psychological Association 2021 Virtual Conference.

September 2021. *Use of the MMPI-3 in Forensic Settings*. Pearson & American Psychological Association.

September 2021. *Broaching the Subjects of Race, Ethnicity, and Culture with Clients: Repairing Ruptures*. American Psychological Association 2021 Virtual Conference.

August 2021. *ADHD Clinical Practice Guidelines: Practical Recommendations and Future Directions*. American Psychological Association 2021 Virtual Conference.

August 2021. *Main Stage: The Ethics Committee Presents – Hot Topics in Ethics II*. American Psychological Association 2021 Virtual Conference.

August 2021. *Children Resisting Contact with a Parent: Separating Ideology from Effective Intervention*. American Psychological Association 2021 Virtual Conference.

August 2021. *A Critical Developmental Approach to Working Clinically with Transgender Young People*. American Psychological Association 2021 Virtual Conference.

August 2021: *Antiracism – Strategies for Equitable Practice in Psychotherapy and Supervision*. American Psychological Association 2021 Virtual Conference.

August 2021. *Children Resisting Contact with a Parent: Separating Ideology from Effective Intervention*. American Psychological Association 2021 Virtual Conference.

August 2021. *Ethical Issues in Clinical Supervision*. American Psychological Association 2021 Virtual Conference.

August 2021. *Ethics, Equity and Inclusion: A Dialogue Advancing Cultural Humility and Diversity in Ethics*. American Psychological Association 2021 Virtual Conference.

August 2021. *Main Stage: A Substantive Discussion of the APA Ethics Code Revision*. American Psychological Association 2021 Virtual Conference.

August 2021. *Main Stage: Hot Topics in Ethics I*. American Psychological Association 2021 Virtual Conference.

August 2021. *Main Stage: Hot Topics in Ethics II*. American Psychological Association 2021 Virtual Conference.

August 2021. *Telepsychology in Psychology-Law Practice – Experiences, Recommendations and What’s to Come*. American Psychological Association 2021 Virtual Conference.

November 2020. *Introduction to the MMPI-3*. Pearson & American Psychological Association.

May 2020. *Psychological Tele-Assessment During COVID-19: Ethical and Practical Considerations*. American Psychological Association.

April 2020. *Advanced Assessment and Treatment for Attention Deficit Disorders*. American Psychological Association.

March 2020. *Testing Accommodations for People with Disabilities: Research-Based Practice*. American Psychological Association.

November 2019. *Making the Best Referral Decisions: Family Evaluations in Custodial Conflicts*. The Center for Cooperative Parenting.

October 2019. *Applied Ethics: Using the CASES Approach to Resolve Ethical Dilemmas in Psychology*. American Psychological Association

June 2019. *Improving Psychological Assessment Report Writing*. American Psychological Association.

Mach 2019. *Civil Guardian ad Litem Training*. The Center for Cooperative Parenting.

March 2019. *Parent Coordination Training*. The Center for Cooperative Parenting.

Fall 2018. *High Conflict Co-Parenting Interventions for Children's Alignment and Resistance*. Semester course through William James College. Certificate for completion of Overcoming Barriers online Reunification Therapy Course, specializing in reunification therapy, parent-child contact problems, and related forensic services and collaboration.

April 2018. *Modern Gender Identity Development: Childhood through Adolescence*. North Carolina Psychological Association.

April 2018. *Resolving Complex Ethical Dilemmas in Psychological Practice*. North Carolina Psychological Association.

December 2017. *Protecting Patient Privacy When the Court Calls*. American Psychological Association.

December 2017. *Avoiding Ethical Missteps*. American Psychological Association.

December 2017. *Dark Side of Professional Ethics*. American Psychological Association.

December 2017. *Emerging Ethical Threats to Client Privacy in Cloud Communication and Data Storage*. American Psychological Association.

December 2017. *Autism Spectrum Disorder: Evidence-Based Screening and Assessment*. Professional Development Resources and American Psychological Association.

July 2017. *Foundations for Psychological Practice with Transgender & Gender Nonconforming Clients*. American Psychological Association.

February 2017. *Executive Functions: Conceptual Foundations, Assessment, and Clinical Applications*. North Carolina Psychological Association.

February 2017. *Chronic Pain: Understanding, Assessment, Intervention, and Collaboration in Evolving Healthcare Systems*. North Carolina Psychological Association.

December 2016. *Best Practices for an Online World*. American Psychological Association.

August 2016. *Stronger Communities: LGBTQ+ Suicide Prevention*. Full-day workshop through the American Foundation for Suicide Prevention.

Professional Presentations

Ohler, L. (2022). *The overlap between autism spectrum disorder and attention-deficit/hyperactivity disorder*. Continuing education presented at the Annual Meeting of the National Association of Social Workers -North Carolina Chapter Virtual Clinical Social Work Institute.

Lepage, T. & **Ohler, L.** (2019). *Forensic Psychology*. Presentation at the 10th Annual Juris Educational Resource Knowledge Conference for Legal Nurse Consultants. Raleigh, NC.

Ohler, L. (2016). *Effective interventions for eating disorders in outpatient settings*. Continuing education presented at the Annual Meeting of the National Association of Social Workers: North Carolina Chapter, Wrightsville Beach, NC.

Ohler, L. A. (2014, March). *Disorders of Childhood*. Lecture presented at Temple University Abnormal Psychology Course, Philadelphia, PA.

Crowe, E., **Ohler, L. A.**, & Osatuke, K. (2014). Relationships between comments and ratings: Taking a close look. K. Osatuke (Chair) *Combining Ratings and Comments in Surveys to Inform Organizational Action*. Symposium submitted at the Annual Conference of the Society for Industrial Organizational Psychology, Honolulu, HI.

Crowe, E., **Ohler, L. A.**, & Osatuke, K. (2013, May). Civility and burnout in VHA high-stress occupations. Paper presented at the 10th International Conference on Occupational Stress and Health, Los Angeles, CA.

Ohler, L. A., Crowe, E., & Teclaw, R. (2013, April). The relationship between nurses' perceptions of staffing, workload, and teamwork. In K. Osatuke (Chair). *Connecting Employee Workplace Perceptions to Social-Environmental Workplace Determinants*. Symposium presented at the Annual Conference of the Society for Industrial Organizational Psychology, Houston, TX.

Xavier University Advocacy and Response Facilitation Team (2011, November). *Understanding the role of an Advocate*. Presentation at Xavier University's National Gender-Based Violence Conference, Cincinnati, OH.

Kroeger, K. A., Ohler, L., Pittenger, A., Krohn, K., Isaacs, K., Ball, A., Solomon, L., Tyo, S. (2011, May). Group parent education for toilet training children with autism: Pilot data. Poster presentation at the International Meeting for Autism Research 10th Annual Convention, San Diego, CA.

Ohler, L. A., & Clemens, M. (2008, May). *Failure to immunize against learned helplessness*. Poster presented at the 78th Annual Meeting of the Midwestern Psychological Association, Chicago, IL.

Public Presentations

December 2020. The Autism Spectrum Disorder and Attention-Deficit/Hyperactivity Disorder Overlap: Treating Co-occurring Symptoms. Carolina Center for Autism and ABA (Cary, NC)

October 2019. The Adolescent Brain. Durham Academy (Durham, NC)

August 2019. Conflict Resolution for Children. Durham Public Schools - School Counselor Employees Retreat (Durham, NC)

May 2019. Building Self-Esteem & Creating Kids Who Make Good Choices. New Life Christian Center - Southpoint Academy (Durham, NC)

March 2017. Sandwich Generation: Balancing Your Personal Life with the Needs of Your Elderly Parents. University of North Carolina-Chapel Hill General Administration Employees (Chapel Hill, NC)

March 2017. Family & Emotional Issues in Divorce. Second Saturday-Wake County (Raleigh, NC)

February 2017. Family & Emotional Issues in Divorce. Second Saturday-Wake County (Raleigh, NC)

December 2016. Effective Communication. Durham Head Start Family Success Center (Durham, NC)

October 2016. Mental Health Awareness. Durham County Employees (Durham, NC)

August 2016. Effective Communication: Stay Ahead of Work-Life Challenges. University of North Carolina - Chapel Hill General Administration Employees (Chapel Hill, NC)

August 2016. Family & Emotional Issues in Divorce. Second Saturday-Wake County. (Raleigh, NC)

August 2016. Becoming a Better Listener. University of North Carolina- Chapel Hill General Administration Employees (Chapel Hill, NC)

June 2016. Workplace Communication: INTRA-personal and INTER-personal Strategies. Durham Young Professionals (Research Triangle Park, NC)

June 2016. How to Deal with a Difficult Person. Durham County Employees (Durham, NC)

May 2016. The Impact of Attitude on Work and Life. Durham County Employees (Durham, NC)

April 2016. Conflict Resolution. Local Montessori School staff (Durham, NC)

April 2016. Improving Your Memory. Durham County Public Health Employees. (Durham, NC)

December 2015. Family & Emotional Issues in Divorce. Second Saturday-Wake County. (Raleigh, NC)

October 2015. Family & Emotional Issues in Divorce. Second Saturday-Wake County. (Raleigh, NC)

Professional Publications

Yanchus, N., Ohler, L., Crowe, E., Teclaw, R., & Osatuke, K. (2017). 'You can't just do it all.' *Journal of Research in Nursing*, 22. 313-325. doi: 10.1177/1744987117710305

Segal, K., Ohler, L. A., Eneva, K., & Chen, E. (2015, May). Dialectical Behavior Therapy for Bulimia Nervosa and Major Depressive Disorder. In H. Thompson-Brenner (Ed.), *Casebook for Evidence-Based Treatments for Eating Disorders*. New York, NY: Guilford Press.

Teaching Experience

PSYC 300, Personality Psychology August 2010 – May 2011
Adjunct Instructor, Northern Kentucky University

PSYC 511 & 512, Advanced Statistics I & II August 2009 – May 2011
Graduate Teaching Assistant, Xavier University

PSYC 520 & 521, Computer Statistics Language I & II August 2009 – May 2011
Graduate Teaching Assistant, Xavier University

PSYC 210, Statistical Techniques January 2009 – May 2009
Undergraduate Teaching Assistant, Xavier University

Honors and Awards

American Psychological Association of Graduate Students Research Award 2013

Xavier University

Graduate Student Association Research Award 2013
Xavier University

Friedlander Fund Award 2012
Xavier University

Quatman Award for Excellence in Statistics 2011 & 2010
Xavier University

Outstanding Psychology Student 2008
West Liberty University

Volunteer Experience

Town of Holly Springs Police-Community Advisory Group January 2022 - March 2023
Inaugural Member (3-year term), Holly Springs, NC

Town of Holly Springs Citizens Police Academy January 2022 - March 2022
Inaugural Participant, Holly Springs, NC

Carolina Tiger Rescue September 2019 - November 2022
Tour Guide Assistant, Pittsboro, NC

Xavier University Mentorship Program January 2016 - May 2017
Psychologist Mentor

Association of Anorexia Nervosa and Associated Eating Disorders Support Group March 2009 - November 2009
Co-leader, Cincinnati, OH

Summit Behavioral Healthcare October 2008 - June 2009
Volunteer, Cincinnati, OH

Lee Day Report Center September 2007 - March 2008
Intern, Weirton, WV

Professional Affiliations

North Carolina Psychological Association 2017 - Present
Member

American Psychological Association
Member

2011 - Present