

# JAN TATE, LCSW, MEd, CSOTP

NC License # C012511  
 Psychotherapist and Forensic Evaluator  
 Tate Psychological Services  
 105 East Center Street Suite B-7  
 Mebane, NC 27302  
 (917)773-8283

## EDUCATION:

---

- 08/2013-05/2016     **Widener University**, Chester, Pennsylvania  
 Master of Social Work- Clinical Focus  
 Area of Concentration: Clinical, Forensic, Sex Therapy
- 08/2013-05/2016     **Widener University**, Chester, Pennsylvania  
 Master in Education in Human Sexuality  
 Area of Concentration: Non-normative Sexuality/Gender
- 08/2004-05/2009     **UNC Chapel Hill**, Chapel Hill, NC  
 Bachelor of Arts in Psychology  
 Minor in Gender and Sexuality Studies

## SUMMARY:

---

I am a clinical social worker, sexuality educator, and forensic evaluator working with sexuality and gender issues. I obtained a Master of Social Work with a focus on clinical practice in 2016, alongside with a Master of Education in Human Sexuality from Widener University. My training focused on sexuality and gender issues and the clinical treatment and assessment of these topics. My clinical approach is psychodynamic, culturally sensitive, and conducted through a social justice lens. I have provided services in outpatient, inpatient, residential, and partial hospitalization settings. My range of clinical experience includes individual, couples, groups, and families. My forensic training was completed at the Joseph J. Peters Institute, and I conduct forensic evaluations of domestic batterers, juvenile sexual offenders, and adult sexual offenders. I currently practice as a psychotherapist in private practice, Tate Psychological Services. I provide individual, couples, and group psychotherapy services for members of the LGBTQIA community. Additionally, I have provided court testimony with an area of expertise in sexuality and custody disputes. I have experience with perpetrators of domestic violence, juvenile sexual offenders, adult sexual offenders, severe mental illness, opioid addiction, personality disorders, and PTSD. My areas of expertise are working with adults in the kink, poly, trans, GNC/NB, and LGBTQ communities, along with sexual disorders and general sex therapy.

## CLINICAL EXPERIENCE:

---

- 10/19-Present     **Psychotherapist/Forensic Evaluator/Founder**  
*Tate Psychological Services*, Mebane, North Carolina
- Offers specialized skills with regards to mental health and clients marginalized by gender identity or sexual orientation

- Facilitates group psychotherapy, family reunifications, and couples therapy
  - Provides expert witness services in high conflict civil cases and/or federal criminal cases
  - Provides Sex Offender Specific Treatment to individuals convicted or charged with sexual offenses
- 10/17-10/19    **Psychotherapist**  
*Carolina Partners, Durham, North Carolina*
- Assessed the needs of clients and provides specialized psychotherapy interventions based on client identified goals.
  - Provided psychotherapeutic services to individuals seeking treatment for mental illness, kink, poly, trans, GNC/NB, and LGBTQ communities, along with sexual disorders and general sex therapy.
  - Collaborated and consulted with colleagues in order to provide best-informed interventions.
  - Fulfilled requirements for documentation addressing need for treatment, progress towards goals, and termination of services.
- 4/17-10/19    **Forensic Evaluator/Expert Witness**  
*Carolina Partners, Durham, North Carolina*
- Conducted forensic and clinical evaluations with areas of focus being gender/sexuality/kink/poly/transgender
  - Provided expert witness court testimony alongside forensic evaluations in civil court
- 4/17-10/17    **Therapist**  
*Holly Hill Hospital, Raleigh, North Carolina*
- Provided quality psychotherapeutic and discharge planning services to patient populations and their families.
  - Provided group treatment therapy, family therapy, and discharge planning.
  - Evaluated inpatient psychiatric patients with severe mental illness.
- 8/16-4/17    **Psychosexual Evaluator**  
*Sexually Abused and Abusive Youth (SAAY Program), Media, Pennsylvania*
- Completed family evaluations for juveniles adjudicated for sex offenses.
  - Completed psychosexual evaluations of juveniles adjudicated delinquent for sexual offences.
- 8/16-4/17    **Psychotherapist**  
*Sexually Abused and Abusive Youth (SAAY Program), Media, Pennsylvania*
- Provided outpatient individual, group, and family therapy for juveniles adjudicated for sexual offenses.

- Educated parents on healthy sexuality, parenting skills, and the treatment approach utilized with juvenile offenders.

8/15-4/17

**Forensic Evaluator***Joseph J. Peters Institute, Philadelphia, Pennsylvania*

- Provided treatment recommendations to court mandated adult and juvenile sexual offenders.
- Conducted risk assessments of domestic batterers and sexual offenders.
- Conducted forensic and clinical evaluations and treatment for sex offenders.
- Provided court testimony alongside forensic evaluations on child pornography.

8/15-4/17

**Outpatient Psychotherapist***Joseph J. Peters Institute, Philadelphia, Pennsylvania*

- Provided Sexual Offense specific treatment services for adults and juveniles by utilizing a strengths-based approach in conjunction with cognitive-behavioral techniques, schema therapy, short term psychodynamic, and the Good Lives Model.
- Facilitated Sex Offender Specific group therapy and group therapy with men who had been abusive to an intimate partner.
- Constructed individualized treatment plans, provided formal quarterly reports to probation and parole, wrote daily progress notes, and completed appropriate discharge reports.
- Communicated weekly with probation officers, parole agents, and Philadelphia Diversion Court officials.

11/13-12/14

**Substance Abuse Counselor***Addiction Medicine Health Advocates, Inc. Philadelphia, Pennsylvania*

- Conducted individual counseling sessions and biopsychosocial intake assessments with patients, including patients suffering from opioid, crack/cocaine, alcohol, and cannabis addiction.
- Planned and conducted therapy based on the needs of the patient, including grief, transition, and general counseling, as well as psychoeducation on addiction and recovery.
- Fulfilled record keeping duties, including completion of case management and other social services applications, progress notes, treatment plans, and discharge forms.

02/12-11/13

**Intensive In-Home Counselor***Covenant Community Partners, Durham, North Carolina*

- Provided psycho-educational training and skill-building techniques to juveniles and their families, including direct-care interventions, counseling and guidance to kids at risk of out of home placement.

- Coordinated with schools, case managers, Department of Juvenile Justice and Social Services workers to ensure appropriate and timely care was provided to clients.

02/10-12/12 **Lead Residential Counselor**

*Omega Independent Living Services, Raleigh, North Carolina*

- Supervised and facilitated a juvenile Psychiatric Residential Treatment Facility designed to rebuild the lives of adolescents suffering with dual diagnosis mental illness/substance abuse issues.
- Trained new and existing staff members, delegated duties to supervised staff, and collaborated with treatment team members.
- Advocated for clients using a client-centered approach when interacting with probation, social services, medical, and psychiatric providers.

**PROFESSIONAL AFFILIATION:** \_\_\_\_\_

8/13-Present **National Association of Social Workers (NASW)**

8/13-Present **Pennsylvania Society for Clinical Social Work**

6/15-Present **Philadelphia Society for Psychoanalytic Psychology**

1/16-Present **Association for the Treatment of Sex Offenders (ATSA)**  
Clinical Associate Member

1/16-Present **National Association of Social Workers- North Carolina**

**PUBLICATIONS/PRESS:** \_\_\_\_\_

June 2019 **New York Times Magazine - Expert in Feature Article**

*“The Struggles of Rejecting the Gender Binary”*

July 2019 **Tote + Pears Podcast - Speaker**

“Non-Binary” - Season 2 Episode 15

Featured consultant on the Tote + Pears podcast “Non-Binary” as an expert in the field of psychotherapy working with gender and sexuality. Provided information to listeners about gender identity and how old social constructs and labels can limit our perspective

**Additional Certifications:** \_\_\_\_\_

12/18-Present **Certified Sex Offender Treatment Professional (CSOTP)**

**SPEAKING ENGAGEMENTS:** \_\_\_\_\_

7/25/19 **Speaker at the Philadelphia Trans Wellness Conference**

Dismantling Sexual Scripts GNC/NB Sexuality

- Sexual expression and adherence to the binary supports heteronormative sexual scripts, which detract from the full experience one can have as a sexual being. Non-binary, gender non-conformity is a challenge to not only the expression of gender, but a challenge to traditional sex roles and an opportunity to learn new ways of having satisfying, pleasure filled sex.

3/21/2019 **Presenter at the Global Social Welfare Digital Summit**

The Basics of Sex Offender Treatment for Clinical Social Works

- The therapeutic treatment of sex offenders has advanced rapidly as clinicians adopt a strength-based approach and research studies provide more insight into the etiology of sexual deviance. As a result, treatment programs based on the Good Lives Model framework have replaced the older, punitive treatment models. This workshop is an introduction to sex offender specific treatment and will provide social workers with a basic understanding of clinical work with the sex offender population.

9/19/17 **Speaker at the NASW-PA Annual Conference**

*NASW-PA Conference, Poconos, Pennsylvania*

- *The Basics of Sex Offender Treatment*

**CONTINUING EDUCATION:** \_\_\_\_\_

*Fall 2018* **Certified Sex Offender Professional Courses**

- *Misconceptions and Facts regarding Sex Offenders, History of Sex Offender Status and Legislation*
- *Legislation Continued & Offender Typologies*
- *Sex Offender Risk Assessments Part One: Static 99*
- *Introduction to Psycho-Sexual Assessment*
- *Best Practices for Sex Offender Treatment*
- *Developing a Treatment Plan*
- *Risk Assessment Part Two*
- *Conducting and Writing Psychosexual Evaluations*

Spring 2018 **NASW-NC Annual Ethics Conference: Ethics and Technology**

*Sponsored by NASW NC*

*Durham, NC*

Fall 2017 **NASW-PA Annual Conference**

*NASW-PA*

*Poconos, Pennsylvania*

Fall 2015 **Philadelphia Trans Health Conference**

*Sponsored by the Mazzoni Center*

*Philadelphia, PA*

Fall 2014 **Philadelphia Trans Health Conference**

*Sponsored by the Mazzoni Center*

*Philadelphia, PA*

Summer 2014 **Woodhull Sexual Freedom Alliance Summit**

*Sponsored by Woodhull Sexual Freedom Alliance*

*Alexandria, VA*

Summer 2013 **Woodhull Sexual Freedom Alliance Summit**

*Sponsored by Woodhull Sexual Freedom Alliance*

*Alexandria, VA*

**OTHER PROFESSIONAL EXPERIENCE:** \_\_\_\_\_

02/09-12/09 **Child Behavioral Counselor**

*Montessori Farm School, Hillsborough, North Carolina*

- Implemented a structured plan in a classroom setting for an intellectually disabled juvenile with a behavior disorder and developmental delays.
- Identified and communicated the child's behavioral and developmental needs.
- Collaborated with school director and child's guardians on treatment plan.

8/10-7/12 **Chair on the Women's Initiative Board**

*LGBT Center of Raleigh, Raleigh, North Carolina*

- Chaired on the Women's Initiative board of the city of Raleigh
- Advocated for the rights of the LGBTQ population
- Collaborated in the planning of community building and fundraising functions.
- Assisted in applying for grants through composing research and proposals

3/07-1/09 **Crisis Counselor**

*Orange County Rape Crisis Center, Chapel Hill, North Carolina*

- Provided crisis counseling services to survivors of sexual violence in crisis situations.
- Advocated for the legal, medical and individual rights of survivors of sexual violence by acting as a liaison between lawyers, police officers, and medical personnel.
- Responded to hospital requests for crisis counseling services in response to sexual assault survivors seeking medical care in the emergency room at UNC Chapel Hill.