

Courtney L. McMickens, MD, MPH, MHS

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Education

Bachelor of Science, Biology, Summa Cum Laude May 2005
Tuskegee University

Medical Degree, May 2010
Harvard Medical School

Master of Public Health, May 2010
Harvard Chan School of Public Health

Master of Health Sciences, June 2017
Yale School of Medicine

Residency and Fellowship Training

General Psychiatry Residency July 2010 – June 2013
Hospital of University Pennsylvania

Child and Adolescent Psychiatry Fellowship July 2013 - June 2015
Harvard Medical School/Cambridge Health

Specialized Training

Robert Wood Johnson Foundation Clinical Scholars Program, July 2015 – June 2017
Yale School of Medicine

Trauma Focused – Cognitive Behavioral Therapy, April 2015
Online Training Course

Dialectical Behavioral Therapy Skills, Chain, and Validation, June 2015
Behavioral Tech Online Training

Harvard Zuckerman Fellows Program, 2008-2009
Harvard University Center for Public Leadership



Licensure and Certification

Board Certified in General/Adult Psychiatry, American Board of Psychiatry and Neurology as of September 13, 2014

Board Certified in Child Psychiatry, American Board of Psychiatry and Neurology as of September 23, 2015

North Carolina Medical License as of June 19, 2018

Massachusetts Medical License as of May 1, 2013

Controlled Substance Registration as of May 19, 2011

Academic Appointments

Assistant Professor of Psychiatry, Boston University School of Medicine August 2017 – July 2018

Work Experience

Research Assistant, Harvard University Center for the Developing Child October 2009 – June 2009

Psychiatrist, Fair Haven Community Health Center September 2015-April 2017

- o Clinical care including assessment, diagnosis and treatment of children and adolescents
 - o Treatment for child and adolescent patients with mood disorders, anxiety disorders, post-traumatic stress disorder, attention deficit hyperactivity disorder, autism spectrum disorder, and adjustment/life transition issues. Treatment modalities including but not limited to psychotherapy, environmental and lifestyle interventions and/or psychiatric medications.

Attending Psychiatrist, August 2017-July 2018

Division of Child and Adolescent Psychiatry, Boston Medical Center, Boston, MA

- o Clinical care including assessment, diagnosis and treatment of children, adolescents and adults
 - o Treatment for child, adolescent and adult patients with mood disorders, anxiety disorders, post-traumatic stress disorder, attention deficit hyperactivity disorder, autism



spectrum disorder, and adjustment/life transition issues. Treatment modalities including but not limited to psychotherapy, environmental and lifestyle interventions and/or psychiatric medications.

Boston University School of Medicine August 2017 – July 2018

- o Integrated Care Psychiatrist, Codman Square Health Center, October 2017-July 2018
- o Outpatient Child and Adolescent Psychiatry Preceptor January 2018-July 2018
- o Psychiatry Clerkship Course Lecturer, October 2017-June 2018

Child and Adolescent Psychiatrist, Novant Health Child and Adolescent Psychiatric Medicine August 2018 – Present

Clinic

- o Clinical care including assessment, diagnosis and treatment of children and adolescents
 - o Treatment for child and adolescent patients with mood disorders, anxiety disorders, post-traumatic stress disorder, attention deficit hyperactivity disorder, autism spectrum disorder, and adjustment/life transition issues. Treatment modalities including but not limited to psychotherapy, environmental and lifestyle interventions and/or psychiatric medications.

Professional Memberships and Organizations

Boston University Transdisciplinary Steering Committee for Innovation in Social Work & Health, 5/2018
Center for Innovation in Social Work and Health

American Public Health Association

- o Member 2015 – present

American Psychiatric Association (APA)

- o APA SAMHSA Fellow Appointee to the Council on Children, Adolescents, and Their Families, 2014 – 2016
- o Member 2010 – present

American Academy of Child and Adolescent Psychiatry

- o Appointee to Adoption and Foster Care Committee, 2011-2017
- o Member 2011 – present

Hospital of University of Pennsylvania Psychiatry Residency Steering Committee 7/2010-6/2013



Cambridge Health Alliance Graduate Medical Education Committee, 7/2013-6/2014

Harvard Medical School, Student National Medical Association

- o Community Service Liaison Chair, 2006 - 2007
- o Member 2005 – 2010

Harvard Medical School, Black Health Organization

- o Co-Chairperson, 2006 - 2007
- o Member 2005 – 2010

Harvard Medical School AIDS Action Initiative, 2005-2006

Publications

McMickens, Courtney L, Carter, Melissa Social (In)Justice and the Child Welfare System in Shim, R., Vinson, S., editors Social (In)Justice and Mental Health, *In Press*. Washington D.C. American Psychiatric Publishing

Vinson, Sarah, Coffey, Timothy, Jackson, Nicole, McMickens, Courtney L., Mcregor, Brian, Leifman, Steven Two Systems, One Population: Mental Healthcare, Criminal Justice and Marginalized Populations Living with Mental Illness. *In Press*. Psychiatric Clinics Fall 2020, Published Online June 30, 2020

McMickens, Courtney L., Clayton, Ashley, Rosenthal, Marjorie, and Smith, Megan V. A Qualitative Exploration of Mothers' Experiences Receiving Mental Health Services in a Supermarket Setting. *Matern Child Health J*. DOI 10.1007/s10995-018-2646-3.

McMickens, Courtney L., Landers A.J. (2018) Depression. In: Vinson S., Vinson E. (eds) *Pediatric Mental Health for Primary Care Providers*. Springer, Cham

Kornfield, Sara L., Moseley, Marian, Appleby, Dina, McMickens, Courtney L., Sammel, Mary D., and Epperson, C. Neill. Posttraumatic Symptom Reporting and Reported Cigarette Smoking During Pregnancy. *Journal of Women's Health*. February 2017, doi:10.1089/jwh.2016.5928

Scott VC, Kenworthy T, Godly-Reynolds E, Bastien G, Scaccia J, McMickens C, Rachel S, Cooper S, Wrenn G, Wandersman A. The Readiness for Integrated Care Questionnaire (RICQ): An Instrument to Assess Readiness to Integrate Behavioral Health and Primary Care. *Am J Orthopsychiatry*. 2017 Apr 10. doi: 10.1037/ort0000270



Rappaport, N., Pollack, W.S., Flaherty, L.T., Schwartz, S.E.O., & McMickens, C. (2015) "Safety Assessment in Schools: Beyond Risk: The Role of Child Psychiatrists and Other Mental Health Professionals." *Child and Adolescent Psychiatric Clinics of North America* 24(2): 277-289

Bell, S., McMickens, C., & Selby, K. AIDS (Biographies of Disease). Silver, J (Ed.) Greenwood, Santa Barbara, 2011.

Koulen, P., Duncan, S.R., Liu, Cohen, E.N., Yannazzo, J. S., McClung, N., Lockhart, C. L., Branden, M., & Buechner, M. (2005) "Polycystin-2 Accelerates Ca²⁺ Release from Intracellular Stores in *C. elegans*." *Cell Calcium* 37: 593-601.

Presentations

McMickens, Courtney. "Recognizing and Addressing Structural Factors Influencing Mental Health of Black American Youth". Clinical Perspectives Presentation. American Academy of Child and Adolescent Psychiatry. Chicago, IL, October 2019.

Samuels, Elizabeth (Chair), Ray, Natasha, McMickens, Courtney, Agnoli, Alicia and Tinney, Barbara. "Community Based Participatory Research: The Good, the Bad, and the Ugly". Roundtable Discussion. 2017 Critical Histories and Activist Futures: Science, Medicine, and Racial Violence. New Haven, CT, February 2017.

McMickens, C., Rosenthal, M., Clayton, A, and Smith, M. "Characterizing Mothers' Experiences of Stress Management Treatment in a Supermarket Setting". Accepted Poster Presentation. RWJF Clinical Scholars Program 2016 Annual Meeting. Atlanta, GA, November 2016.

Grimes, Katherine, Hou, Sherry, McMickens, Courtney, and Cook, Benjamin. "Disparities and Super-Spenders: Under and Over-Utilization in Children's Mental Health" at Academy Health 2016 Annual Research Meeting. Poster presentation. Boston, MA. June 2016

Wrenn, Glenda (Chair), Hoffman, Christopher, McMickens, Courtney, Simon, Kevin, and Frye, Elizabeth. "Leading System Change Toward Integrated Care: Unfunded, Not Ready, Unsure? Start Here". Presented Workshop. APA 2016 Annual Meeting. Atlanta, GA. May 2016

McMickens, Courtney (Chair), Arditti, Joyce, Dube, Anish, Everett, Mia, and Anderson, Otis. "The Kids Are Not All Right: Mental Health Impact of Parental Incarceration". Presented workshop. APA 2016 Annual Meeting. Atlanta, GA. May 2016.



Crusto, Cynthia, McMickens, Courtney, and Mitra, Monika. "Effects of Violence and Trauma on Vulnerable Populations". Harvard Health Equity and Leadership (HEAL) Conference 2016. Panel Presentation. Boston, MA. April 2016

Duncan, Alison (Chair), Brymer, Melissa, Sidhu, Shawn S., McMickens, Courtney, and Webster, Cecil. "Zero Day: Assessment of School Shooters and Implications for Intervention". Media Theater presentation. AACAP 62nd Annual Meeting. San Antonio, TX. October 2015.

Coche, J., Baron, S., Galbraith, J., Lee, D., Dalke, K., Suberman, T., and McMickens, C. "Psychiatry Treats Troubled Times: Training Group Therapy at Penn." Presented workshop. AGPA Annual Meeting. Boston, MA. March 2014.

McMickens, C., Rappaport, N., Pollack, W., Schwartz, S., and Flaherty, L. "Safe to Return: A Retrospective Study of School Safety Assessments". Poster Presentation. Harvard Psychiatry Research Day. Boston, MA. March 2014.

Lee, T. (Chair), McMickens, C. (Co-Chair), Harmon, D., Lang, J., Wilson, B. and Jensen, P. "Innovative Systemic Interventions in Child Welfare and Foster Care." Clinical Perspectives. AACAP 60th Annual Meeting. Orlando, FL. October 2013.

Kalofonos, I. (Chair), McMickens, C. (Co-Chair), Du, B., Hansen, H., Bromley, E., Metz, J. "Beyond Cultural Competency: Engaging Trainees in Critical Thinking About Culture, Social Justice, and Mental Health." Presented workshop. APA Institute on Psychiatric Services. Philadelphia, PA. October 2013.

McMickens, C. (Chair), Kestenbaum, C., Benton, T., Kraus, L., Galanter, C., and Khan, C. "A Career in Child and Adolescent Psychiatry: From a Developmental Perspective". Presented workshop. APA Annual Meeting. San Francisco. May 2013.

Rose, M. (Chair), Gillis, A. (Co-Chair), McMickens, C.; Rahiem, F., Baharanyi, H., Shah, N., and Padilla, A. "Positive psychiatry: A strength-based recovery model focused on under-represented minorities in medical school and residency". Presented workshop. APA Annual Meeting. San Francisco. May 2013

Casiano, D. and McMickens, C. "Maternal Wellness Initiative: Integrative Mental Health Care for Mothers-To-Be". Lecture. BPA Transcultural Psychiatry Conference Montego Bay, Jamaica. November 2012

Lockhart, C., Worthen, H., & Hoosain, E. Assessment of the Effectiveness of HIV Lay-Counselors and TB DOTS Supporters in Municipal Clinics in Port Elizabeth, South Africa. Sixty-Seventh Soma Weiss Medical & Dental Student Research Day. Poster Presentation. Harvard Medical School. Boston, Massachusetts. April 2007



Worthen, H., Lockhart, C., Pierre, C., Taylor, C., Floy, S., Olivet J., & Olivet, H. "International Health Issues: Southern Africa." Cambridge Hospital Medical Grand Rounds. Cambridge Health Alliance. August 2006.

Awards

2018 Most Distinguished Alumna Award recipient, College of Arts and Sciences Tuskegee University, Fall 2018

Laughlin Fellow, American College of Psychiatrists, February 2014

American Academy of Child and Adolescent Psychiatrists (AACAP), Educational Outreach Program for General Psychiatry Residents 2010

Women's Enlightenment and Empowerment Award Tuskegee University May 2005

Student of the Year, Tuskegee University Student Government Association, May 2005

Activities and Community Service

Talk on Trauma-Informed Practices for Child Care Providers, All Our Kin Staff meeting, January 2016

Talk on Aggression and School Violence, The Guidance Center, Riverside Community Care, Jan 2014

What to Expect from Your Baby: Normal Early Childhood Development at Helen O. Dickens Center, Hospital of University of Pennsylvania, Jan 2013

Intern, Massachusetts Coalition of School-Based Health Center, January 2009 – May 2009

National Service Project. Student National Medical Association. San Francisco, California. April 2007

"A Day on, Not a Day Off" Martin Luther King Day of Service. Boston, Massachusetts. January 2007

Program Coordinator, Girls Achieving in Life and Science Harvard Medical School, Office of Enrichment Programs, September 2006 – March 2007

Walk for Hunger, sponsored by Project Bread. Boston, Massachusetts. May 2006

Bowdoin Street Health Fair, organizing committee. Boston, Massachusetts. May 2006



First-Year Urban Neighborhood Campaign, Harvard Medical School. Boston, Massachusetts. August 2005

Habitat for Humanity, Harvard University Chapter, participated in the construction of a habitat home in western Massachusetts, July 2004

Smart Start, mentored and tutored children, ages 6-10, from local housing developments. Tuskegee, AL. September 2001 – May 2000*Updated June 2019*