

Cindy Gilmore

Critical Care Registered Nurse/Certified Legal Nurse Consultant

Summary of Qualifications

- Master's prepared nurse with 32 years of experience in the clinical setting providing excellent patient care to critically ill adults and adolescents in the Medical, Surgical, Cardiovascular and Neurosurgical Intensive Care Units.
 - Adroit leadership skills within the role of Charge Nurse, Mentor, Educator and Preceptor.
 - Skilled in providing healthcare consultations and technical advice by investigating malpractice claims; identifying meritorious cases; avoiding non-rewarding litigation; locating reliable, authoritative experts; and preparing conclusive cases.
 - Actively engaged in research related to nursing, staff development, family advocacy and State and Federal mandates concerning nursing practice.
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Professional Experience

Certified Legal Nurse Consultant, 2010-present

- Supports healthcare providers, organizations, and patients by completing investigations for attorneys, insurance organizations, and private investigators.
- Assists in the development of claims involving health, illness and injury by investigating hospital, nursing home, and physician and nursing negligence; provides unbiased opinions; determines merits of legal and accreditation actions.
- Completes medical research by utilizing personal knowledge, experience, reference libraries and scholarly internet sources; defines and interprets medical language, medical procedures and policies.
- Supports case presentation by drafting interrogatories and admissions; preparing spreadsheets, charts, and graphs based on investigative findings.

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Registered Nurse, 2005-present

FirstHealth of the Carolinas Pinehurst, NC

- Provides direct patient care for critically ill medical, neurological, surgical and trauma patients.
- Administers vasoactive, thrombolytic (TPA) and paralytic intravenous medications, blood products and chemotherapy agents.
- Maintains internal and external pacemakers, intracranial pressure monitoring systems, mechanical ventilation and SLED (slow efficient dialysis).
- Provides expert delivery of direct and indirect patient care through the nursing process of assessment, planning, intervention, and evaluation.
- Instructs patients and families on topics such as health education and disease prevention.
- Prepares and mentors nurses in developing their clinical expertise in the critical care area.
- Utilizes Swan Ganz catheters, arterial lines, PD, HD, and IABP systems to maintain continuous hemodynamic monitoring and support for critically ill patients.

Clinical Nursing Instructor/Faculty, 2017-present

Richmond Community College Rockingham, NC

Teaches, prepares and mentors nursing students in the classroom and the healthcare setting.

Utilizes principles of education, adult learning, and, for nursing students, bases all activities on the professional growth pathway of the novice to expert continuum. Integrates current published research and literature into all learning activities. Maintains knowledge of national and local trends in nursing practice.

Knowledge of ANA standards for nursing professional development

Earlier Career

- Registered Nurse, 2007-2008 Carolina Eye Associates, Southern Pines, NC
- Registered Nurse/Office Manager, 2001-2005 Dr. Jonathan Hasson Pinehurst, NC
- Registered Nurse/Office Manager, 1995-2001 Cape Fear Allergy and Internal Medicine, Fayetteville, NC
- Nursing Supervisor, 1994-1995 Richmond Memorial Hospital, Rockingham, NC
- Registered Travel Nurse, 1992-1994 American Mobile Nurses, San Diego, CA
- Registered Trauma Nurse, 1989-1991 Pitt Memorial Hospital, Greenville, NC

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Credentials

Licensed Registered Nurse, State Board of Nursing, Raleigh, NC 1989

Bachelor's Degree in Nursing, Capella University, Minneapolis, MN 2016

Master's Degree in Nursing, Capella University, Minneapolis, MN 2020

National Certification Legal Nurse Consulting, Vickie Milazzo Institute, Houston, TX, 2010

National Certification Sexual Assault Nurse Examiner - Adult (Candidate)

Additional Training

Basic Life Support

Advanced Cardiac Life Support

Pediatric Advanced Life Support

AHA NIH Stroke Certification

Critical Care Registered Nurse

Affiliations

Member of National Alliance of Certified Legal Nurse Consultants

Member of American Association of Critical Care Nurses

Member of International Association of Forensic Nurses

Board Member and Medical Consultant for Private Health and Wellness Center

Member of Sigma Theta Tau International Nursing Honor Society

Member of National Society of Leadership and Success

References

Available upon request