

REEM S. UTTERBACK, M.D., F.A.P.A.

RESEARCH AND EMPLOYMENT EXPERIENCE

Adult Inpatient Forensic Psychiatric Physician

DOROTHEA DIX/CENTRAL REGIONAL HOSPITAL

Perform psychiatric assessments / pharmacological management of inpatients in the Forensic Services Unit.

Lead treatment planning with psychology, nursing, and social work to facilitate patient care.

Provide expert witness testimony to Superior Courts.

Jan 2007- present
BUTNER, NC

Adult, Child & Adolescent Psychiatric Physician

PRIVATE PRACTICE

Conduct clinical psychiatric evaluations, as well as forensic psychiatric evaluations, risk assessments, and crisis management of children, adolescents and adults.

Utilize pharmacological management, cognitive/behavioral, interpersonal, play, and other therapeutic modalities in individual, family, or group settings.

Coordinate patient care with schools, primary care physicians, the courts, and therapists.

Aug 2005 - present
RALEIGH/CARY, NC

Consulting Psychiatric Physician

NORTH CAROLINA STATE UNIVERSITY- COUNSELING CENTER

Performed psychiatric evaluations, crisis management, risk assessment, and pharmacotherapy.

Acted as liaison with therapists regarding emergent situations.

Jul 2005 - Jul 2007
RALEIGH, NC

Adult, Child & Adolescent Psychiatric Physician

CROSSROADS BEHAVIORAL HEALTH

Performed psychiatric evaluations and treatment plans.

Provided pharmacotherapy.

Consulted with the schools, court, therapists, and case managers.

Sep 2003 - Aug 2005
ELKIN, NC

Emergency Psychiatric Service Staff Physician

GUILFORD CO. DEPT. OF MENTAL HEALTH

Evaluated and stabilized emergent psychiatric patients.

Oct 2004 - Aug 2005
GREENSBORO, NC

Associate Research Scientist

AKZO NOBEL

Conducted independent research on different liquid sensor formulations for BacT/Alert microbial growth system.

Nov 1994 - Aug 1996
DURHAM, NC

Research Assistant

NCSU: PLANT PATHOLOGY

Studied effects of temperature regimes on components of resistance to *Cercospora* leafspot disease in peanut.

Sept 1993 - Oct 1994
RALEIGH, NC

Research Apprentice

NATIONAL PEANUT FOUNDATION/NCSU

Conducted independent research concerning germination of *Cercospora arachidichola* on different peanut genotypes.

May - Aug 1993
RALEIGH, NC

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PROFESSIONAL OFFICES & MEMBERSHIPS

AMERICAN PSYCHIATRIC ASSOCIATION—FELLOW
AMERICAN ACADEMY OF CHILD AND ADOLESCENT PSYCHIATRY
AMERICAN ACADEMY OF PSYCHIATRY AND THE LAW
ASSOCIATION OF WOMEN PSYCHIATRISTS
NORTH CAROLINA COUNCIL OF CHILD AND ADOLESCENT PSYCHIATRY
NORTH CAROLINA PSYCHIATRIC ASSOCIATION (NCPA)
2017-present Psychiatry & the Law Committee
2018 Ethics Committee
STUDENT NATIONAL MEDICAL ASSOCIATION
2000-01 House Officer Mentor
1997-98 Secretary
1998 Annual Senior Awards Banquet Chair
Recruited former surgeon general Dr. Joycelyn Elders as keynote speaker

PRESENTATIONS

Feb 2018 “Opioid Crisis”- Festival of Legal Learning, Univ. of North Carolina (UNC)
Nov 2017 “Asylum Evaluations” - Duke Univ. School of Medicine, Psychiatry Rounds
Sep 2017 “Forensic Psychiatric Evaluations of Immigrants Seeking Protected Status”-
NCPA
Feb 2017 “Understanding the Disease of Addiction” - Festival of Legal Learning, UNC
Jan 2017 “Pediatric Mental Health: What Lawyers Need to Know” - Duke Univ. Sch. of Law
Dec 2016 “Insanity Defense” - Grand Rounds, Central Regional Hospital
Sep 2016 “Civil Commitment” - Grand Rounds, Central Regional Hospital

VOLUNTEER SERVICES

2008-17 Wake County Public Schools- (Wiley Elementary) Classroom Ambassador
1998-04 Sunnyside Ministries (indigent clinic) - twice monthly volunteer for health
screening and disease prevention education for adolescent girls
1999-04 Minority Faculty Development Task Force, Big Sisters of America
1998 Participant “Ethics and Civic Responsibility of Physicians,” elective
1996-98 Students Teaching AIDS to Students (STATS), Bedside Buddies, Students
Teaching Early Prevention of Atherosclerosis (STEP), Sisters in Science

PUBLICATIONS

McMichael AJ, Freeney W, Henderson R, Utterback RA, and Gilbert K. Hair care practices in black women with and without scarring alopecia: a retrospective cohort study. (January 2011) *Cosmetic Dermatology-Cedar Knolls*. 24(7):331-337.

McHugh RC, Rice A, Sangha ND, McCarty MA, Utterback R, Rohrback JM, Osborne BE, Fleischer AB Jr, Feldman SR. (September 2004) A topical azithromycin preparation for the treatment of acne vulgaris and rosacea. *J Dermatolog Treat*. 15(5):295-302.

Waliyar F, Shew BB, **Sidahmed (Utterback) R**, Beute MK. (July 1995) Effects of host resistance on germination of *Cercospora arachidichola* on peanut leaf surfaces. *Peanut Science: American Peanut Research and Education* 22(2):154-157.

Waliyar F, Shew BB, Stalker HT, Isleib TG, **Sidahmed (Utterback) R**, and Beute MK. (October 1994) Effects of temperature on stability of components of resistance to *Cercospora arachidichola* in peanut. *Phytopathology* 84(10):1034-1043.