# REEM S. UTTERBACK, M.D., F.A.P.A.

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CURRENT LICENSURE North Carolina #2004-00429

**BOARD CERTIFICATION** American Board of Psychiatry and Neurology

Board Certified in General Psychiatry

Board Certified in Child and Adolescent Psychiatry

Board Certified in Forensic Psychiatry

**EDUCATION** 

Forensic Psychiatry Fellowship Jul 2016 - Jun 2018

UNIVERSITY OF NORTH CAROLINA SCHOOL OF MEDICINE (UNC) CHAPEL HILL, NC

Child & Adolescent Psychiatry FellowshipAug 2003 - Aug 2005Wake Forest University School of MedicineWinston-Salem, NC

General Psychiatry Residency Training

Wake Forest University School of Medicine

Jan 2001 - Aug 2003

Winston-Salem, NC

Doctor of MedicineMay 2000WAKE FOREST UNIVERSITY SCHOOL OF MEDICINEWINSTON-SALEM, NC

B.S. Biochemistry
B.S. Women's Studies

July 1994
RALEIGH, NC

NORTH CAROLINA STATE UNIVERSITY (NCSU)

Magna Cum Laude

**HONORS & AWARDS** 

2001 Internal Medicine Intern of the Year Award

Voted by fellow residents to be the first recipient of the award. To the resident who embodies the principle of teamwork, dedication, selflessness and a commitment to enhancing education.

2000 Excellence in Research Award

1999 Joseph Collins Foundation Scholarship

For scholastic achievement, interest in arts and other cultural pursuits outside

the field of medicine, and good moral character.

1998 American Academy of Dermatology Mentorship Award

1995 Akzo Nobel's Microbiology Research Award

### UNDERGRADUATE HONORS & AWARDS

Phi Beta Kappa Achievement Award Crouch Scholastic Achievement Award Gamma Beta Phi Honor/Service Society Phi Eta Sigma Freshmen Honor Society Institute of Food Technologist Scholarship Harvey L. & Kathleen R. Barnes Scholarship Golden Key National Honor Society Gamma Sigma Delta Honor Society Alpha Lambda Delta Honor Society National Dairy Foundation Scholarship Stouffer Foods Corporation Scholarship

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### RESEARCH AND EMPLOYMENT EXPERIENCE

# **Adult Inpatient Forensic Psychiatric Physician**

DOROTHEA DIX/CENTRAL REGIONAL HOSPITAL

Jan 2007- present BUTNER, NC

Perform psychiatric assessments / pharmacological management of inpatients in the Forensic Services Unit.

Lead treatment planning with psychology, nursing, and social work to facilitate patient care.

Provide expert witness testimony to Superior Courts.

# Adult, Child & Adolescent Psychiatric Physician

PRIVATE PRACTICE

Aug 2005 - present RALEIGH/CARY, NC

Conduct clinical psychiatric evaluations, as well as forensic psychiatric evaluations, risk assessments, and crisis management of children, adolescents and adults.

Utilize pharmacological management, cognitive/behavioral, interpersonal, play, and other therapeutic modalities in individual, family, or group settings. Coordinate patient care with schools, primary care physicians, the courts, and therapists.

# **Consulting Psychiatric Physician**

Jul 2005 - Jul 2007

RALEIGH, NC

ELKIN, NC

NORTH CAROLINA STATE UNIVERSITY- COUNSELING CENTER

Performed psychiatric evaluations, crisis management, risk assessment, and pharmacotherapy.

Acted as liaison with therapists regarding emergent situations.

Sep 2003 - Aug 2005

### Adult, Child & Adolescent Psychiatric Physician

CROSSROADS BEHAVIORAL HEALTH

Performed psychiatric evaluations and treatment plans.

Provided pharmacotherapy.

Consulted with the schools, court, therapists, and case managers.

# **Emergency Psychiatric Service Staff Physician**

GUILFORD CO. DEPT. OF MENTAL HEALTH

Evaluated and stabilized emergent psychiatric patients.

Oct 2004 - Aug 2005

GREENSBORO, NC

**Associate Research Scientist** AKZO NOBEL

Nov 1994 - Aug 1996 DURHAM, NC

Conducted independent research on different liquid sensor formulations for

BacT/Alert microbial growth system.

### **Research Assistant** Sept 1993 - Oct 1994

NCSU: PLANT PATHOLOGY

Studied effects of temperature regimes on components of resistance to

Cercospora leafspot disease in peanut.

# **Research Apprentice**

May - Aug 1993

NATIONAL PEANUT FOUNDATION/NCSU

Conducted independent research concerning germination of *Cercospora* arachidichola on different peanut genotypes.

RALEIGH, NC

RALEIGH, NC

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## PROFESSIONAL OFFICES & MEMBERSHIPS

AMERICAN PSYCHIATRIC ASSOCIATION—FELLOW

AMERICAN ACADEMY OF CHILD AND ADOLESCENT PSYCHIATRY

AMERICAN ACADEMY OF PSYCHIATRY AND THE LAW

ASSOCIATION OF WOMEN PSYCHIATRISTS

NORTH CAROLINA COUNCIL OF CHILD AND ADOLESCENT PSYCHIATRY

NORTH CAROLINA PSYCHIATRIC ASSOCIATION (NCPA)

2017-present Psychiatry & the Law Committee

2018 Ethics Committee STUDENT NATIONAL MEDICAL ASSOCIATION

2000-01 House Officer Mentor

1997-98 Secretary

1998 Annual Senior Awards Banquet Chair

Recruited former surgeon general Dr. Joycelyn Elders as keynote speaker

# **PRESENTATIONS**

Feb 2018	"Opioid Crisis"- Festival of Legal Learning, Univ. of North Carolina (UNC)
Nov 2017	"Asylum Evaluations" - Duke Univ. School of Medicine, Psychiatry Rounds
Sep 2017	"Forensic Psychiatric Evaluations of Immigrants Seeking Protected Status"-
-	NCPA
Feb 2017	"Understanding the Disease of Addiction" - Festival of Legal Learning, UNC
Jan 2017	"Pediatric Mental Health: What Lawyers Need to Know" - Duke Univ. Sch. of Law
Dec 2016	"Insanity Defense" - Grand Rounds, Central Regional Hospital
Sep 2016	"Civil Commitment" - Grand Rounds, Central Regional Hospital
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### **VOLUNTEER SERVICES**

2008-17	Wake County Public Schools- (Wiley Elementary) Classroom Ambassador
1998-04	Sunnyside Ministries (indigent clinic) - twice monthly volunteer for health
	screening and disease prevention education for adolescent girls
1999-04	Minority Faculty Development Task Force, Big Sisters of America
1998	Participant "Ethics and Civic Responsibility of Physicians," elective
1996-98	Students Teaching AIDS to Students (STATS), Bedside Buddies, Students
	Teaching Early Prevention of Atherosclerosis (STEP), Sisters in Science

# **PUBLICATIONS**

McMichael AJ, Freeney W, Henderson R, Utterback RA, and Gilbert K. Hair care practices in black women with and without scarring alopecia: a retrospective cohort study. (January 2011) *Cosmetic Dermatology-Cedar Knolls.* 24(7):331-337.

McHugh RC, Rice A, Sangha ND, McCarty MA, Utterback R, Rohrback JM, Osborne BE, Fleischer AB Jr, Feldman SR. (September 2004) A topical azithromycin preparation for the treatment of acne vulgaris and rosacea. *J Dermatolog Treat*. 15(5):295-302.

Waliyar F, Shew BB, **Sidahmed (Utterback) R**, Beute MK. (July 1995) Effects of host resistance on germination of Cercospora arachidichola on peanut leaf surfaces. *Peanut Science*: American Peanut Research and Education 22(2):154-157.

Waliyar F, Shew BB, Stalker HT, Isleib TG, **Sidahmed (Utterback) R**, and Beute MK. (October 1994) Effects of temperature on stability of components of resistance to Cercospora arachidichola in peanut. *Phytopathology* 84(10):1034-1043.