

## **EDUCATION**

#### LICENSED PSYCHOLOGIST - (NC #3728) -Associate license 2007; LP in 2009

#### DOCTORATE OF CLINICAL PSYCHOLOGY (Psy.D.), 2007

The American School of Professional Psychology of Argosy University/ Washington DC Campus

• Dissertation: Integrated Psychotherapy for Offenders with Antisocial Personality Disorder (including DBT)

#### **MASTER OF ARTS IN FORENSIC PSYCHOLOGY, 1999**

John Jay College of Criminal Justice, CUNY, New York

**BACHELOR OF SCIENCE IN PSYCHOLOGY, MINOR IN WOMEN'S STUDIES, 1997** University of Washington, Seattle

Parenting Coordinator (2008) Civil Guardian Ad Litem (GAL - 2016) Certified Family Financial Mediator (2018)

#### **CLINICAL EXPERIENCE**

## KKJ Forensic and Psychological Services, PLLC

Title: Owner and Licensed Psychologist, October 2011-Present

Manage practice and provide training and clinical supervision to Interns and Master level clinicians who provide therapy services and psychological, psychoeducational, and forensic evaluations for children, adolescents, and adults. Psychological evaluations include forensic screenings for juvenile and adult competency, and court ordered parenting evaluations and psychological evaluations.

Specialization in forensic evaluations for juveniles and adults include determination of criminal competency, waiver of Miranda rights, mental status assessment for issues of mental health, malingering assessment, violence risk assessment, mitigation assessment, and juvenile transfer cases. Also, personal injury, child custody, parental capacity, psychological evaluation, GAL, immigration issues, adoption issues, and work/campus risk assessment.

Provide general therapy and consultation services to children, adolescents and adults. Provide co-parenting therapy, divorce coaching, and child specialist services including Collaborative Process. Provide Parenting Coordination. Provide mediation. Provide consultation to attorneys, school personnel, and other mental health professionals.

Qualified for testimony in criminal, family law and juvenile cases as a clinical and forensic expert in: forensic psychological evaluations; forensic psychology; custody evaluations; parental competency evaluations; clinical

psychology (general); reunification therapy; child psychology; child and adult psychological evaluations; substance abuse evaluations; and sexual offending in adults and juveniles in Carteret, Caswell, Chatham, Durham, Forsythe, Orange, and Wake Counties, NC; and Henrico County, VA. Testified approximately 50 times as an expert in evaluations; 10 times in other expert and fact witness (therapist, PC) roles. Conducted approximately 340 evaluations since 2007; 50 custody evaluations.

#### Lepage Associates Solution- Based Psychological & Psychiatric Services

Title: Licensed Psychologist, September 2007 – October 2011

Specialization in developmental psychology with families transitioning through the divorce process as a divorce coach and child specialist, including high conflict divorce as a certified Parenting Coordinator and collaborative divorce work. Testified in criminal and family law cases as a clinical and forensic expert. Lead forensic evaluator on custody evaluation cases during tenure at Lepage Associates.

Provided therapy services to children, adolescents and adults. Conducted psychological, psychoeducational (MR/LD/ADHD), and forensic evaluations. Forensic evaluations included personal injury, worker's comp, fitness for duty, safety officer selection, child custody, parental capacity, criminal competency, mental status assessment, malingering assessment, substance abuse assessment, sex offender assessment, violence risk assessment, mitigation assessment, and immigration and adoption issues. Provided consultation to officers of the court, school personnel, business managers and personnel, and other mental health professionals. Supervised bachelor and doctoral level interns, office manager, and post-doctoral psychologists.

## John Umstead Hospital

#### Title: Psychology Intern – September 2006-September 2007

Duties during a six-month rotation on the Adult Admissions Unit included psychodiagnostic testing, malingering assessment, individual therapy, and group therapy for individuals with serious mental illness and substance abuse disorders. Duties during a six-month rotation on the Rehabilitation Unit included group therapy, clinical interviews, general psychodiagnostic testing, neuropsychological screenings, individual therapy, treatment team participation, and supervision of a practicum student. Once a week, completed an outplacement at the Federal Medical Center. This involved psychological testing, clinical interviewing, and report writing for evaluations of competency to stand trial and risk assessments.

#### Durham Center Access: Crisis Program

## Title: Qualified Mental Health Professional, April 2005- July 2006

Provided crisis assessment and intervention for individuals with mental health and substance abuse disorders. Supervised staff as a lead QMHP. Facility provided 23-hour observation and reassessment for clients to stay up to 14 days. Provided support and access to resources upon discharge. Also, provided mental health and substance abuse screenings and triage over the telephone to members of the community in order to coordinate service referrals. Consulted with psychologists, psychiatrists, physician's assistants, nursing staff, case managers, and therapists.

#### University of North Carolina at Chapel Hill - Forensic Psychiatry Service

# Title: Psychology Extern; Practicum II –September 2004 -June 2005

Participated in child custody and parental competency evaluations. Interviewed parents, stepparents, and children. Observed parent-child and parent-parent interactions. Collected collateral information from teachers, family, friends, therapists, and other relevant parties of those seeking custody. Conducted psychological testing and participated in treatment team meetings. Additionally, in a separate capacity, provided individual outpatient therapy to students and community members. Conducted clinical interviews and psychological testing with clients in the inpatient eating disorder clinic.

#### Springfield Hospital Center - Trauma and Addiction Recovery Service

Title: Psychology Extern; Practicum I- September 2003-June 2004

Provided individual therapy, group therapy, addictions assessments, and relapse education and prevention. Psychological testing, participated in addictions and forensic seminars, forensic review board, addictions case conference, and treatment team meetings. Consulted with psychiatric, nursing, substance abuse, social work, and rehabilitation counseling staff.

# The Durham Center, Adult Services Unit

Title: Habilitation Specialist II/MR/MI Case Manager, August 2001-August 2002

Qualified Developmental Disability Professional and Qualified Mental Health Professional. Provided comprehensive case management services to adults with a primary diagnosis of a developmental disability, mental illness, and/or substance abuse. Assessed needs of individuals and developed individualized treatment plans tailored to address the person's problems, needs, strengths, and preferences. Coordinated resources and referrals to meet identified service needs, managed funding to support services, and monitored services to ensure quality of care. Consulted with psychiatric, medical, and residential treatment staff. Advocated for service recipients to receive optimal treatment. Provided crisis intervention and referrals as needed.

# The Center for Death Penalty Litigation

## Title: Mitigation Investigator, Part-time November 2001-March 2002

Developed clients' social histories by completing comprehensive interviews with the client, jurors, and client's family. Coordinated and disseminated information that was gathered from medical, educational, employment, mental health, social services, prison, and other records. Consulted with legal counsel.

# North Carolina Department of Correction, Division of Prisons

## Title: Staff Psychologist II Trainee, January 2000-July 2001

Developed treatment plans, provided individual therapy, sexual offender aftercare treatment, substance abuse treatment, and crisis intervention to youthful and adult misdemeanant and felony inmates. Performed mental health assessments and psychological testing. Consulted with psychiatric, nursing, and other correctional staff. Conducted risk assessments on inmates with a history of violent or sexual offenses. Provided social work aftercare, treatment planning, and case management. Trained developmental disability case managers.

## Mental Health Systems, Inc. - Pegasus East

## Title: Mental Health Counselor, July 1999-December 1999

Primary duties included assessment, treatment plan development, group and individual counseling, case management, and referrals for female clients on welfare. Weekly group counseling with day treatment clients. Dual diagnosis (mental health and substance use) group counseling as well. Redesigned day treatment, community contribution system. Created tracking system and resource manual. Consulted with psychiatric and nursing staff.

## Metropolitan Correctional Center, New York- Master's Externship

*Title: Psychology Extern, Full-time June-August 1998, Part-time September-Dec. 1998* Crisis intervention, brief counseling, psychotherapy, suicide risk assessment, review of forensic reports, Special Housing Unit reviews, and Quality Assurance Program data entry. Triaged inmate intake forms. Trained and oriented new interns. Psychological testing for forensic reports and participation in Drug and Alcohol Program group therapy process.

## ACADEMIC EXPERIENCE

## Ashford University

*Graduate Adjunct Faculty Instructor: Spring 2017 – Current* Psychopathology. Capstone course (thesis). Psychological Testing and Assessment. Developmental Psychology.

# UNC-Chapel Hill School of Medicine Clinical Psychology Internship

Volunteer Internship Support Group Leader: 2015/2016

## Alamance Community College

Undergraduate Adjunct Faculty Instructor: Fall & Spring 2011/2012. Abnormal & General Psychology.

## Argosy University

*Graduate and Undergraduate Adjunct Faculty Instructor: multiple campuses, Spring 2004 to 2012.* Psychology of the Victim; Professional and Ethical Issues in Forensic Psychology; Psychology of Criminal Behavior; Individual Assessment; Psychology and the Legal System; Consultation, Triage, and Testimony; Psychology and Criminal Justice; Research Methods; Maladaptive Behavior; Personality Theory; Forensic Psychology; Children and Violence.

## Piedmont Community College

Undergraduate Adjunct Faculty Instructor: Roxboro and Caswell Campus, Spring 2008; General Psychology

## Argosy University

#### Title: Subject Matter Expert, April 2005-April 2006

Created a standardized on-line curriculum for undergraduate courses in *Psychology and Criminal Justice* and *Maladaptive Behavior*. This included textbook selection and reading assignments as well as creating discussion questions, weekly assignments, and lectures.

## **PROFESSIONAL MEMBERSHIPS and LEADERSHIP**

North Carolina Psychological Association (NCPA – Former Board and Executive Board Member; Current Newsletter Contributor; Former Early Career Psychologist Co-Chair); Member North Carolina Division of Independent Professional Practice member (DIPP); Member Society for Personality Assessment; International Society for Rorschach and Projective Measures; Member Association of Family and Conciliation Courts (AFCC); Member American Psychological Association (APA); Member International Association of Collaborative Professionals (IACP)

#### PUBLICATIONS AND PRESENTATIONS

\* Presentation for law class at UNC-CH on Utilizing Mental Health Professionals in Family Law Cases, 2016, 2018, 2019, and 2020

\*Making the Best Referral Decisions: Family Evaluations in Custody Conflicts, Center for Cooperative Parenting, Panel Member, 11.15.19

\*CLE on Substance Abuse, Mental Health, and Domestic Violence, Carolina Dispute Settlement Services, 07.17.19 and 07.18.19

\*In The Mind of A Predator, G-105, Bob and the Showgram, 03.08.19

\*How To Mindfully Cope Throughout the Work Day, Wake Women Attorneys, 12.07.18

\*NC Bar Association, Mental Health CLE, 12.17

\*Advanced Topics in Parent Coordination, Center for Cooperative Parenting, Panel Member, 11.17

\*Presentation for counseling class at Pfeiffer University on Psychopathology in the Family System, 04.17

\*Second Saturday presenter on Emotional and Family Issues in Divorce, multiple dates in 2016/2017

\*Dilemmas Faced by Psychotherapists, Center for Cooperative Parenting, 10.15

\*Ethical and Legal Considerations in Responding to Records Requests, NCPA, 04.15

\*Understanding Mental Health Professionals & Working with Difficult Clients, High Point Bar Assoc., 02.15

\*Ethical Considerations for Working with Families Going Through Separation and Divorce, NCPA, 09.14

\*Ethical Considerations in Responding to Subpoenas and Working with Families Going Through Separation and Divorce, The Pro Bono Counseling Network, Mental Health America of the Triangle, 04.14

\*Interdisciplinary Collaborative Divorce Basic Training for NC-ACDP, 04.13

\*Multidisciplinary Team Approach to Custody Evaluations, AFCC Conference, 11.12

\*CLE Forensic Evaluations 101 for Juvenile Public Defender Conference, UNC-CH School of Government, 08.12 \*Ethical Considerations for Working with Families Facing Separation and Divorce, NC National Association of Social Workers, 07.12 \*Understanding Substance Abuse Panel Discussion at National Organization of Professional Organizers, 09.11 \*CLE Mental Health Treatment at Juvenile Public Defender Parent Attorney Conference, UNC-CH School of Government, 08.11 \*How to Help Substance Abusing Client Choose Sobriety and Help Their Family Members Understand and Cope, NC National Social Workers, 07.11 \*Should You Drink with Your Kids?, Smith Middle School, 04.11 \*Crisis Intervention Training for Durham Police Officers- 2008-2011 \*Talking to Your Children about Drugs and Alcohol, McDougal and Phillips Middle schools, 12.10 \*Working with Mentally Ill Clients, NC Victim Assistance Network, 09.10 \*Substance Abuse Assessment and Treatment with Adolescents, Holly Hill Hospital, 09.10 \*Substance Abuse Assessment and Treatment, Holly Hill Hospital, 08.10 \*When to Seek a Custody/Parental Capacity Evaluation, Meet Up Divorce Support Group, 05.10 \*Stress vs. Anxiety and How to Cope, Jordan High School, 03.10 \*CLE Mental Health and Substance Use Disorders, 10.09 \*Presentation for law class at NC Central on The Effects of Divorce on Families, 07.09 \*CLE Suddenly Single, 06.09 \*CLE Group Dynamics and Criminal Conduct for Juvenile Public Defender Conference, UNC-CH School of Government, 05.09 \*Stress vs. Anxiety and How to Cope, Jordan High School, 03.09 \*Depression and Personal Empowerment, Wake County Health Services, 02.09 \*Paper on Bipolar Disorder published for NC Lawyers Assistance Program, 01.09 \*LGBT Awareness Panel, East Chapel Hill High, 11.08 \*Communicating with Your Ex Presentation, SAS, 10.08 \*Therapy at a Glance, NAMI Wake, 05.08 \*Paper on Posttraumatic Stress Disorder published in North and South Carolina Lawyers Weekly, 10.08 \*Paper on *Psychological Forensic Evaluations* published in North and South Carolina Lawyers Weekly, 2.08 \*Making It in Midlife, Parkwood Methodist Church, 11.07 \*Depression in the Elderly, Parkwood Methodist Church, 04.07 **CONTINUING EDUCATION Forensic Psychology:** \*Testifying as an Expert, Indigent Defense Services, 01.10.2020 \*Child Custody Evaluations, 28-hour course through William and James College, completed 05.19 \*Intersection of Mental Health & Family Law: Court-Involved Therapy in High Conflict Cases, 11.16.18 \*The Clinician's Role in Due Process: Subpoenas and Other Interactions with the Legal System, 08.18 \*Stepping-Up Parenting Time, 04.18 \*An Evidence-Informed Approach to Parental Alienation, 03.18 \*NC Basic Family Law, NC Dispute Resolution Commission Family Law Certification Training, 02.18 \*Legal Issues in Mediation, Carolina Dispute Settlement Services, 01.18 \*Advanced Topics in Parent Coordination, 11.17 \*40-Hour Family Financial Mediator Training, Carolina Dispute Settlement Services, June 2017 \*Guardian Ad Litum (GAL) training, Center for Cooperative Parenting, 11.16 \*Use of Projective Measures in Psychological Assessment and Therapeutic Assessment, 04.16 \*Complex Issues in Custody Evaluations, 10.23.15 and 10.24.15 \*Advanced Testing for Custody Evaluations, 11.12 \*Parent Coordination with Grandparents, Stepparents, and Other Family Members, 11.11 \*Parental Alienation or Children Who Resist Contact, 11.11

\*Ethical Considerations for Working with Families Facing Separation and Divorce, The Pro Bono

Counseling Network, Mental Health America of the Triangle, 09.12

\*Sexual Offender Assessment and Treatment, 09.11
\*Collaborative Divorce Team Training, 03.24, 03.25, and 03.26.11
\*AFCC Child Custody Evaluations Symposium, 10.29 and 10.30.10
\*Assessing Allegations of Child Sexual Abuse, 06.10
\*Collaborative Divorce Team Training, 04.29, 04.30, 05.10.10
\*When the Legal and the Mental Health System Collide, 03.10
\*Your Divorce Navigation System, 09.09
\*NC Parent Coordinator Training, 09.17, 9.18, and 9.19.08
\*Legal Issues That Can Appear in Any Practice, 04.07

#### **Couples Counseling:**

\*PACT-Psychobiological Approach to Treating Couples, 04.26.19 \*Discernment Counseling for Couples, Doherty Relationship Institute, 03.19 \*Level 1 Gottman Method Couples Therapy, 07.13 \*Using the Marital Satisfaction Inventory in Assessment of Couples, 02.12 \*Integrated Treatment Approaches for Couples, 02.12

#### **General Clinical:**

\*Social Skills Training for Adolescents, 03.08
\*Dialectical Behavior Therapy, 02.08
\*Prolonged Exposure Therapy for PTSD, 10.07
\*Resiliency Over the Lifespan of the Professional Psychologist, 04.07
\*Emerging Trends and Empirically Validated Treatments for Substance Abuse, 04.07
\*A New and Exciting Approach to Diagnosis: North Carolina Psychoanalytic Society, 03.07

#### Mindfulness and Body Based Approaches:

\*Subtle Yoga for Trauma Recovery, 09.06.19
\*Mindfulness Based Stress Reduction, 07.11.19 & 07.12.19
\* Subtle Yoga for Chronic Pain, 02.06.19
\*Cognitive Behavior Therapy and Mindfulness: An Integrative Evidence-Based Approach, 03.18
\*Embodied Practices in Trauma Work: Bringing Trauma-Sensitive Yoga into Psychotherapy, 10.20.17
\*Mindfulness Based Stress Reduction, Duke, 01.16
\*Yoga and Mindfulness Therapy: Mind-Brain Change for Anxiety, Moods, Trauma & Substance Abuse, 09.15
\*Acceptance and Commitment Therapy and Emotional Experiencing, 04.17.15 & 04.18.15
\*The Power of Mindfulness: Inside and Outside the Therapy Hour, 11.14.14 & 11.15.14
\*Acceptance and Commitment Therapy, 09.11

#### Supervision:

\*2 Day Course on Clinical Supervision: Providing Effective Supervision, Navigating Ethical Issues, and Managing Risk, 02.10.2020 \*LPCANC 45-Hour course in Clinical Supervision, 09.13 \*Risk Management, 06.12

Mediation:

What Do Lawyers Want in an Ethical Mediator?, 05.31.19