

KEITH R. HERSH, PH.D.

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EDUCATION:

University of North Carolina at Chapel Hill

Clinical Psychology Program

August 1997: Master of Arts in Psychology (Clinical)

Master's Thesis: *Psychopathic Traits and Attitudes Associated with Self-Reported Sexual Aggression in College Males*

December 1999: Doctor of Philosophy in Psychology (Clinical)

Dissertation: *Treatment Completion and Recidivism among Incarcerated Sex Offenders*

University of Michigan at Ann Arbor

June 1989: Bachelor of Arts in Psychology

WORK EXPERIENCE:

04/04 to present

Private practitioner and co-owner, Behavioral Health Solutions, P.A., Durham, NC.

Providing individual and group psychotherapy for individuals (children, adolescents, and adults) with sexual behavior problems. Supervising other professionals providing treatment to this population. Conducting psychosexual (sex offender specific) assessments of children, adolescents, and adolescents for Child Protective Services, Community Corrections, private attorneys, and other referral sources. Conducting forensic evaluations of adults and adolescents on questions of criminal responsibility, competency to stand trial, and other questions. Providing individual psychotherapy to clients with a range of presenting problems, including anger management, mood disorders, and anxiety disorders. Qualified to provide expert testimony in civil and criminal (state and federal cases) approximately twelve times.

11/00 to 03/04

Senior Psychologist I. Adult Psychiatry Department, Dorothea Dix Hospital, Raleigh, NC.

Conducting personality assessment, intellectual assessment, and neuropsychological screening. Assisting in the development, maintenance, and support of active patient programming and milieu management systems. Conducting individual and group psychotherapy. Designing behavior plans to address aversive patient behavior. Participating in multidisciplinary treatment teams. Participating in hospital committees. Leading medical student and resident seminars on psychological testing. Supervising predoctoral psychology interns and undergraduate interns.

11/99 to 10/00

Staff Psychologist II. Sex Offender Accountability and Responsibility (SOAR) Treatment Program, Harnett Correctional Institution, Lillington, NC. Conducted group and individual psychotherapy with sex offenders in medium-security state prison. Treatment followed a psychoeducational format based upon relapse prevention and cognitive-behavioral models of treatment. Supervised staff of ten peer counselors. Designed research, examining treatment effectiveness and process variables influencing treatment. Performed personality and risk assessments for North Carolina Sexually Violent Predator panel.

CLINICAL TRAINING:

9/98 to 8/99

Psychology Intern. University of Massachusetts Medical Center/Worcester State Hospital, Worcester, MA. Conducted personality, intelligence, neuropsychological, and mental status assessments in adult psychiatric hospital. Performed forensic assessments in hospital and outpatient settings, including competency to stand trial, criminal responsibility, and child custody evaluations. Conducted individual and group psychotherapy sessions in inpatient and outpatient settings. Provided anger management treatment for court-ordered clients in outpatient setting. Provided consultation for multidisciplinary team in psychiatric hospital.

7/97 to 8/98

Psychology Trainee. Sex Offender Accountability and Responsibility (SOAR) Treatment Program, Harnett Correctional Institution, Lillington, NC.

Assisted with group psychotherapy of incarcerated sex offenders in a medium-security state prison. Treatment followed a psychoeducational format based upon relapse prevention and cognitive-behavioral models of treatment. Conducted personality assessments of SOAR program peer counselors (inmates who had previously completed the SOAR treatment program and subsequently hired to assist in treatment). Assisted with revision of treatment materials. (9 hours per week)

Supervisor: Kevin Baldwin, Ph.D.

8/97 to 8/98

Psychology Trainee, Orange-Person-Chatham Counties Mental Health Center, Chapel Hill, NC.

Sex offender work: Assisted with group therapy of 4-6 male adolescent sex offenders, ages 13-15. Treatment followed a psychoeducational format based upon relapse prevention and cognitive-behavioral models of treatment. Created and revised treatment components and workbook assignments. Assisted with creation of treatment curriculum for female adolescent sex offenders. Conducted intellectual and personality assessment of male and female adolescents referred for sex offender specific evaluations. Conducted individual psychotherapy with male and female adolescent sex offenders. (8 hours per week)

Supervisor: Patricia van Buren, M.A.

Youth and Family work: Conducted individual psychotherapy with male adolescents, ages 11 to 15. Co-led family therapy sessions with team members. Consulted with multidisciplinary team. Conducted case management for adolescent clients. Conducted intake and screening interviews for adolescents referred to child and family treatment team. (8 hours per week)

Supervisor: Debbie Fixsen, Ph.D.

8/96 to 5/97

Psychology Trainee, Student Psychological Services, University of North Carolina, Chapel Hill, NC.

Conducted brief (approximately 4 to 8 sessions) individual psychotherapy with university students. Treatment provided was from a mixture of approaches, including cognitive-behavioral, psychodynamic, and humanistic models. Performed intake screenings. Participated in brief/emergency assessment and crisis interventions. Designed and co-led brief group cognitive-behavioral therapy (8 sessions) for students reporting depression; screened students for group. Designed and co-led 90-minute stress-management workshops for university students, employing relaxation and cognitive restructuring techniques. (10-12 hours per week)

Supervisor: Meredith Mayer, Ph.D.

6/95 to 5/96

Psychology Trainee, Adolescent Services, John Umstead Hospital, Butner, NC. Conducted individual and group therapy and psychological assessments on inpatient adolescent unit at state psychiatric hospital. Individual therapy was long-term, and from a psychodynamic perspective. Co-led two continuing groups for group therapy, including group of male adolescent sex offenders. Conducted full-battery assessments, including intellectual and personality testing. Generated assessment reports, treatment summaries, discharge summaries, and other necessary reports regarding individual patients. Participated in multidisciplinary treatment planning meetings. (16 hours per week)

Supervisor: Arlane Margolis, Ph.D.

6/94 to 5/95

Psychology Trainee, Adult Admissions Unit, John Umstead Hospital, Butner, NC.

Conducted psychological assessments on adult inpatients, referred by attending psychiatrists for diagnostic clarification. Assessments included clinical interviews, intellectual testing, objective personality testing, projective testing, and structured interviewing. Also conducted assessments to rule out malingering, typically using Structured Interview of Reported Symptoms and M-Test. Conducted neuropsychological assessments using wide array of neuropsychological instruments. Provided written and oral consultation with referring physicians. Conducted long-term psychotherapy with patient on Rehabilitation Unit. (16 hours per week)

Supervisors: Randy Borum, Psy.D.; Thomas Guthrie, Ph.D.

RESEARCH EXPERIENCE

6/97 to 12/99

Principal Investigator, dissertation project.

Designed archival study of demographic, offense, prison career, and psychological variables associated with completion of sex offender treatment and recidivism among incarcerated sex offenders.

Advisor: Bernadette Gray-Little, Ph.D.

6/94 to 6/96

Principal Investigator, thesis project.

Designed and conducted questionnaire study of relationship between personality traits (associated with Psychopathic Personality Disorder), rape-supportive attitudes, and self-reported sexual aggression among college males. Responsible for all phases of project: conducted literature search, selected measures, created sexual history questionnaire, received clearance from institutional review board, recruited and ran participants (including answering participants' questions about the project), analyzed data, and documented results. Supervised undergraduate assistant.

Advisor: Bernadette Gray-Little, Ph.D.

10/91 to 8/93

Research Assistant, Department of Psychology and Social Sciences, Rush-Presbyterian-St. Luke's Medical Center, Chicago, IL.

Managed questionnaire study of effects of social support on response to orthopedic surgery. Consulted with principal investigators, recruited participants, administered and scored study measures, contacted participants for follow-up, maintained database, and analyzed data.

Conducted study of communication patterns in distressed and non-distressed spouses: planned project, coded videotaped interactions of spouses. Supervised summer interns in psychology department. (20-30 hours per week)

Supervisor: Tamara Sher, Ph.D.

10/92 to 8/93

Research Assistant, Department of Program Evaluation, Rush Medical College, Rush-Presbyterian-St. Luke's Medical Center, Chicago, IL.

Managed longitudinal datasets, conducted statistical analyses, and collected questionnaire data on medical students' social and emotional adaptation to medical school. (20 hours per week)

Supervisor: Steven Daugherty, Ph.D.

8/92 to 8/93

Research Assistant, Department of Psychiatry, Rush-Presbyterian-St. Luke's Medical Center, Chicago, IL.

Conducted weekly telephone interviews with participants in longitudinal study of seasonal affective disorder. (4 hours per week)

Supervisor: Michael Young, Ph.D.

1/90 to 8/91

Research Assistant, Department of Psychology, University of Michigan, Ann Arbor, MI.

Managed questionnaire study of relationship between marital relationships and depression in psychiatric unit of university hospital. Collected voice samples from patients for pilot study on marriage and depression. Administered screening measures and recruited participants for clinical study from patients of general practice physicians in community. (10 hours per week)
Supervisor: James Coyne, Ph.D.

1/88 to 8/91

Research Assistant, Program for Research on Black Americans, Institute of Social Research, University of Michigan, Ann Arbor, MI.

Provided research and administrative support for multidisciplinary program investigating aspects of African Americans' lives. Managed datasets and conducted statistical analyses. Assisted in preparation of faculty manuscripts and grant proposals. Assisted in design and establishment of study of the influence of racial and gender factors on psychiatric diagnosis. (30 hours per week)
Supervisors: James Jackson, Ph.D.; Harold Neighbors, Ph.D.

TEACHING EXPERIENCE

Teaching Fellow, Department of Psychology, University of North Carolina, Chapel Hill, NC. Responsible for all aspects of course, including: choosing textbook and supplemental materials, designing curriculum, writing lectures, writing and grading exams, assisting students with coursework and other concerns (e.g, academic, professional, and personal).

Courses Taught:

Introduction to Personality Psychology (30 to 40 students per semester)

Fall Semester 1995
Spring Semester 1996
Summer Semester I 1996
Summer Semester I 1997

Introduction to Psychology (approximately 95 students per semester)

Fall Semester 1996
Spring Semester 1997

OTHER PROFESSIONAL EXPERIENCE

02/18 to Present

Board Member, North Carolina Association for the Management and Treatment of Sex Offenders

03/13 to Present

Steering Committee, Durham County Circles of Support and Accountability (CoSA)

01/08 to 06/15

Secretary, North Carolina Association for the Treatment of Sexual Abusers

03/08 to 03/14

Board Member, North Carolina Association for the Management and Treatment of Sex Offenders

1/96 to 4/96

Student Representative, Faculty Search Committee, University of North Carolina, Chapel Hill, NC. Assisted in selection of adjunct faculty member for position at Adult Admissions Unit, John Umstead Hospital, Butner, NC. Reviewed applications, coordinated student meetings with applicants, offered recommendations to other members of search committee.

8/94 to 5/95

Student Representative, monthly Clinical Psychology faculty meetings, University of North Carolina, Chapel Hill, NC. Represented graduate students at monthly meetings of Clinical Psychology faculty.

MEMBERSHIPS IN PROFESSIONAL ORGANIZATIONS

Member, American Psychological Association

Clinical Member, Association for the Treatment of Sexual Abusers (ATSA)

Clinical Member, North Carolina Association for the Management and Treatment of Sex Offender (NCAMTSO)

PUBLICATIONS

Hersh, K. R., & Borum, R. (1998). Command hallucinations, compliance, and risk assessment. *Journal of the American Academy of Psychiatry and the Law*, 26(3), 353-359.

Hersh, K. R., & Gray-Little, B. (1999). Psychopathic traits and attitudes associated with self-reported sexual aggression in college males. *Journal of Interpersonal Violence*, 13(4), 456-471.

Nora, L. M., Daugherty, S. R., Hersh, K. R., Schmidt, J., & Goodman, L. J. (1993). Stress and harassment: Perceptions of students and residents. *Academic Medicine*, 68, 549-551,

PRESENTATIONS

Hersh, K. R., Baldwin, K., & Gray-Little, B. (1999). Treatment completion and recidivism among incarcerated sex offenders. Paper presented at 18th meeting of the Association for the Treatment of Sexual Abusers, Lake Buena Vista, FL, September 1999.

Sher, T. G., Hersh, K. R., & Baucom, D. H. (1992). Reciprocity in couples' interactions: Differences in depressed, distressed, and non-depressed, non-distressed couples. Paper presented at 26th meeting of the Association for the Advancement of Behavior Therapy, Boston, MA, November 1992.

TRAINING CONDUCTED

Risk of Sexual Abuse of Children (ROSAC). Training provided at quarterly meeting of North Carolina Association for the Management and Treatment of Sexual Offenders, December 14, 2018.

Healthy boundaries in schools (presented with Amy Elliott, LPC). Training provided at Staff Development Center, Durham Public Schools, December 2, 2011.

Adolescents and boundaries: Teaching them to respect others' boundaries and to protect their own. Training provided at The Durham Center, June 16, 2011.

Adolescent sexual behavior: Normal, inappropriate, and offensive. Training provided at The Durham Center, June 9, 2011.

Useful and ethical psychosexual evaluations. Training provided at quarterly meeting of North Carolina Association for the Management and Treatment of Sexual Offenders, June 7, 2011.