

# *Ayesha K. Chaudhary, M.D.*

P.O. Box 59217  
Durham, NC 27717  
Ph: (919) 812-0965  
Dr.Ayesha.Chaudhary@gmail.com

## CURRICULUM VITAE

### **Profile**

A dedicated, psychiatrist committed to excellence, with demonstrated skill as a forward-thinking administrator, an evidence-based practitioner possessing a depth of experience in management of complex mental health needs of high functioning young adults in academic settings, with expertise in establishing and maintaining systems of care for unique population groups, combined with a breadth of experience as expert witness in cases in criminal justice.

### **Board Certification and Licensure:**

North Carolina Medical Board: Full and Unrestricted Medical License, 1997 – Present

American Board of Psychiatry and Neurology: Diplomate certification in 1999, Recertification in 2009.

### **Current Positions:**

Oct 2019-Present     Staff Psychiatrist, Women’s Health Center, Durham VA Medical Center.  
Direct psychiatric care for women veterans in an integrated health system setting designed toward serving younger and older veterans with PTSD and other psychiatric conditions.

2017 – 2019     Psychiatric Services Coordinator, Counseling and Psychological Services, Duke University, Durham NC. Duties include oversight for systems of care, services utilization, psychiatric provider staffing systems, psychiatric team development, clinical consultation, and representing the team at the CAPS/Student Affairs leadership team levels. This also includes development of patient educational materials, web-content, staff education, liaison and clinical

collaboration with campus health providers (Student Health Services, Campus Case management, Athletics, Sexual Assault Services), establishing and maintaining referral protocols, triage and phone call protocols, advising on contract telepsychiatry protocols for remote students' clinical needs, and general systems level troubleshooting. Most recently, this has included working toward a shift in electronic health records for the psychiatry team, and supporting the psychiatry team during a difficult transitional time during a period of understaffing.

- 2000 – 2019 Senior Staff Psychiatrist, Counseling and Psychological Services, Duke University, Durham, NC. Duties include direct and indirect clinical care to university students at the undergraduate, professional, and graduate level. Clinical services include comprehensive psychiatric assessment, appropriate use of standardized clinical instruments and lab studies, collaborative care model treatment planning in a developmentally based framework for a developing adult and adult population, including crisis intervention. Indirect care includes multidisciplinary team collaborative care models, assessment and intervention at community crisis levels for students individually and student communities.
- 1998 – Present. Clinical Associate, Department of Psychiatry and Behavioral Sciences, Duke University Health System, Durham, NC. Primary division appointment: Social and Community Psychiatry. Secondary division appointment: Child, Adolescent, Family and Developmental Psychiatry. Duties currently include clinical supervision for senior level psychiatry residents, or child psychiatry fellows as assigned on a rotational basis.
- 2017 – 2019 CAPS Campus Partner for the Duke University School of Medicine, Durham, NC: Annual orientation meetings for medical students, PA students and maintaining connections with biomedical sciences students. Assisting in acute campus needs, and development of preventive services including peer counseling program and Koru mindfulness classes.
- 2018- Present Chairperson of the American College Health Association (ACHA) Mental Health Section, Silver Spring, MD: A three-year term with a charge to guide educational programming among professionals, focus areas for student health education, advancing a platform based upon campus/student needs, facilitating research and mentoring collaborations among a multidisciplinary group of mental health providers. Currently serving the second of a three-year term encompassing chair-elect, chairperson, and past chair.

- 2019-2020 North Carolina Psychiatric Association, Executive Committee, Secretary & Chair Membership Committee, Raleigh, NC: One-year term.
- 2016- Present Koru Mindfulness Instructor, Durham, NC: Evidence based mindfulness training for young adults using a single day format, or a four-week course module teaching ten separate mindfulness meditation skills. Teaching experience includes undergraduate, graduate, professional students and professional health care staff. 2016- Present.
- 2013 – Present General Psychiatric Consultation and Forensic Psychiatry, Durham, NC: Expert case reviews for civil and criminal cases in the State of North Carolina and for Federal Government. General and court-mandated psychiatric evaluations regarding psychiatrically relevant legal areas including competence to stand trial, determination of sanity, diminished capacity due to mental conditions, expert reports, testimony, and/or depositions. Services provided for prosecuting teams, defense teams, and independent appointments.

### **Past Professional Experience:**

- 2010-2013 Cardinal Health of North Carolina, Clinical Advisory Committee. Served as Mood Disorders Sub-Committee Chair. Cardinal Health is the public mental health regulatory agency serving five counties in the State of North Carolina. The clinical advisory committee was charged with establishing practice guidelines to serve as standards of clinical care across the multi-county catchment area.
- 2010- 2013 Medical Director, Britton and Crump, Inc., Durham, NC. Operationally serving as chief medical officer on the executive team of a Community Assigned Behavioral Health Agency (CABHA) which provides clinical care for Medicaid children and adolescents with behavioral, developmental and psychiatric needs. Duties included site visits to four state-wide centers, chart reviews for compliance with care standards, clinical supervision of psychiatrists, administrative and clinical supervision of clinical directors and team leaders.
- 2010-2011 Medical Director, Wellness Solutions, PLLC, Durham, NC: Provided clinical systems oversight for an agency (CABHA) serving adolescents and young adults with mental health needs, founded upon a resiliency-based care model. This included systems collaboration with the clinical director, executive team, community oversight agencies to serve a public sector population.

- 2009-2010. Department of Psychiatry, Forensic SWAT Team, Duke University, Durham, NC. A team of psychiatry faculty focused on forensic case consultation, collaboration, and practice of forensic psychiatry.
- 2005-2007 Duke University School of Medicine, Practice Course Faculty, Durham, NC. Teaching and serving as group co-facilitator for a two-year program which provided first and second year medical students with an introduction to clinical methods, clinical interview skills, physical examination, and examination of ethical areas of care in medicine. This entailed providing weekly 5-hour group practicum meetings, rounding on medical wards at Duke North Hospital, and working with standardized patients.
- 1998-2000 The Durham Center, Outpatient Psychiatric Services, County Health Department, Durham, NC. Direct patient care for indigent public sector patients suffering from severe and persistent mental illness. Clinical care team leader of a multidisciplinary team, collaboration with ACT-model care providers, and a long-term depot medication injection service.
- 1994-1998 Contract On-Call Psychiatrist, John Umstead Hospital, Butner, NC: Providing after hours emergency evaluations in crisis adult admissions unit, and providing inpatient coverage for a 600-bed psychiatric state hospital for one weekend, four to eight times annually from.

### **Training & Credentialing:**

- 1999-Present      Board Certification in General Psychiatry by the American Board of Psychiatry & Neurology:  
Written Board Exams Parts 1 & 2 in 1998 on first attempt,  
Oral board exam completed on first attempt 1999.  
Diplomate Certification in 1999.  
Recertified first attempt in 2009.  
Enrolled in MOC III Pilot Program 2019.
- 1995 – Present      Full and Unrestricted Medical License issued by the North Carolina Medical Board
- 1997-1998      Executive Chief Resident, General and Adult Psychiatry Residency Training program, Duke University Medical Center, Durham NC.
- 1993-1997      General and Adult Psychiatry Residency, ACGME Accredited 4-year program. Department of Psychiatry, Duke University Medical Center, Durham, NC.

- 1995 Federation of State Medical Boards, Federation Licensing Exam (FLEX) to qualify for full and unrestricted medical license from the North Carolina Medical Board.
- 1992 Educational Commission for Foreign Medical Graduates Certification awarded for Parts I & II Completed. In 1992 this was the primary examination designed to assess knowledge and competence for international medical graduates from accredited schools for standards of equivalency at the same level as United States medical graduates awarded a Medical Doctorate degree (M. D.)
- 1991-1992 The Aga Khan University Hospital, Karachi, Pakistan. A one-year program divided equally as a Medical/Surgical internship on hospital inpatient units, including I.C.U., C.I.C.U., and Code Team duties.
- 1986-1991 The Aga Khan University, Karachi, Pakistan. Medical Bachelors, Bachelors in Surgery (M.B.B.S.) – A five-year program, divided into basic sciences and clinical rotations by an A.C.G.M.E. approved international university.

### **Honors & Awards:**

The Group for Advancement of Psychiatry: Invitation to membership 2018, re-invited 2019.

Distinguished Fellow of the American Psychiatric Association, induction 2013.

Fellow of the American Psychiatric Association, invitation 2010.

Bristol-Myers Squibb, American Psychiatric Association Annual Meeting, Scholarship Award, 2000.

Executive Chief Resident, Department of Psychiatry, Duke University Medical Center, 1998.

Glaxo-Wellcome Duke University Advanced Clinical Psychopharmacology Fellowship Award, 1997-1998.

Psychiatry Residents Group Faculty Liaison Representative, Duke University Medical Center 1995.

### **Specialized Training:**

- 1996-1997 Advanced Clinical Psychopharmacology Trials Fellowship, combined award from Glaxo-Wellcome and Duke University Medical Center: Eight hours per week in clinical trials design, implementation, statistical analyses, and safety measures for two novel pharmaceutical compounds. Presentation and participation in investigators meetings in Naples, FL. Areas of focus included Bipolar Depressive Disorders and Post-Traumatic Stress Disorders in combat and non-combat populations with a lens on factor analysis of symptoms in the Clinician Administered PTSD Scale standardized questionnaire. Supervisors: Jonathan R. T. Davidson, MD and Joseph DeVeau-Guisse, MD, PhD
- 1996-1997 Advanced Electroconvulsive Therapy Training Elective, Duke University Medical Center: Six hours per week spent in direct patient evaluation, administration of ECT, post-ECT evaluation and follow up, pre-ECT consultation and preparation, and research discussions. Supervisor: Richard Weiner. MD
- 1995-1997 Advanced Clinical Psychopharmacology Consultation Elective, Duke University Medical Center: Four hours per week in direct consultation for highly complex psychiatric cases under the clinical mentorship of K. R. Ranga Krishnan, M.B., B.Ch., MD.
- 1995 Mock Trial Forensics Elective, Duke University Medical Center, under the supervision of Jonathan Weiner, MD in association with the Duke University School of Law in preparation of case materials and testifying as expert witness.

### **Research & Scholarly Presentations:**

- 2019 American Psychiatric Association, Annual Meeting in San Francisco, Presentation: Novel Treatment Models in College Mental Health Systems: Findings from Introduction of a Walk-In Access Model for Counseling and Psychological Services at Duke University, Co-presented with Barbara Lewis, MD and Doris Iarovici, MD of Harvard University Student Health System.
- 2018 American College Health Association, Annual Meeting, Washington, DC, Presentation: University Student Mental Health Leave of Absences, Re-Introduction to Campus Life in a Psychiatric Rehabilitation Model—as session presider for Dori Hutchinson, ScD, Boston University.
- 2015 American College Health Association, Annual Meeting, San Antonio, TX: Presentation: Introduction of a Student Case Management System for

Students—Managing Complex Psychiatric Cases on Campus. Co-presented with Doris Iarovici, MD.

- 2012 American Psychiatric Association, College Mental Health Caucus Annual Meeting in Philadelphia, Presentation: The Results from a National Survey of Psychiatrists at College Health Centers, co-presented with Esperanza Salinas, MD of DePaul University.
- 2012 American College Health Association, Annual Meeting in Chicago, IL, Presentation: The College Psychiatrist's Role, National Survey Data and Mental Health Service Design, co-presented with Esperanza Salinas, MD of DePaul University.
- 2011 American Psychiatric Association, Annual Meeting in Honolulu, HI, Workshop: University Student Mental Health: The Psychiatrist Building Alliances. Co-presentation with Doris Iarovici, MD of Duke University and Colleen Tennyson, MD of James Madison University.
- 2010 American Psychiatric Association, Annual Meeting in New Orleans, LA, CME Course: Mental Health Care of University Student Populations: A Practical Overview for Psychiatrists. Co-led with Doris Iarovici, MD of Duke University.
- 2008 American Psychiatric Association, Annual Meeting Poster Session—A Pilot Study to Examine Potential Differences in Medication Side Effects Profiles in the University Student Mental Health Population. (Parker, Sara J.; Rogers, Hollister B.; Chaudhary, Ayesha K.; Iarovici, Doris M.)
- 1993 Psychiatric Grand Rounds: An Inpatient Case of Bulimia Nervosa, Diagnosis, Patient Engagement, & Pre- Discharge Management. Clinical Case Discussion co-presented with Allen Frances, M. D.

### **Professional Associations**

- 1993 – Present American Psychiatric Association, General Member in good standing, Distinguished Fellow since 2013, Co-Chair of the College Mental Health Survey from 2010-2012. College Mental Health Caucus task-force leader 2011.
- 1993- Present North Carolina Psychiatric Association, General Member in good standing.

Fellowship selection committee, served two terms from 2013-2019.  
Executive Council member, as Secretary in 2019.

- 2011- Present      American College Health Association, General Member in good standing.  
Chair-Elect of College Mental Health Section in 2018.  
Chair of College Mental Health Section in 2019.
- 2013 – Present      American Academy of Psychiatry and the Law, General Member in good standing.
- 2010-2017          Association of Women Psychiatrists, General Member in good standing.
- 2009-2011          Physicians for A National Health Program, General Member in good standing.

**References:**      Available upon request