

JENNIFER L. SAPIA, Ph.D.
SAPIA PSYCHOLOGICAL ASSOCIATES, INC.

Curriculum Vitae

Business Addresses:

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Southport, NC 28461

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Academic Degrees

Ph.D. 1996- 2000

Counseling/School Psychology
Child/Adolescent Specialization
State University of New York at Buffalo

M.A. 1992- 1994

Psychology

B. A. 1988- 1992

Psychology/Social Sciences Interdisciplinary, Law Concentration
State University of New York at Buffalo

Licensure/Certification Areas

North Carolina Licensed Psychologist/ Health Services Provider #2727 (2001)

School Psychologist, Permanent, Department of Public Instruction, NC (2000) Inactive

Professional Experience

10/10-12/31/18 **North Carolina Army National Guard**

Major, Clinical and Aeromedical Psychologist, Medical Services Corp

Medical Detachment, 60th Troop Command

449th Theater Aviation Brigade/Combat Aviation Brigade

Provide evaluation of soldiers for pre and post-deployment mental health issues (including PTSD and TBI); military separation, Fitness for Duty, Command Directed Mental Health Evaluations (CDMHE), and upon referral. Conduct psychological autopsies for death investigations and/or act as Investigating Officer.

Psychiatric consultation and evaluations for aviation pilots and crewmembers to determine fitness for full flying duties (FFD) and/or recommendation for waivers for psychiatric disorders.

Functions as a non-rated crew member on flight status and acts as a command consultant and educator regarding psychological and exogenous factors that could affect overall flight safety.

Provide training, education, and consultation to units and Soldiers about mental health disorders, signs and symptoms and impact on functioning in various life domains, particularly integration into the community post-deployment.

Jan-July 2018 **Deployed to Kuwait and Iraq with Headquarters Company 449th Combat Aviation Brigade as an Aeromedical Psychologist in support of Operation Inherent Resolve (OIR)**

2001 – present **Licensed Psychologist**

Sapia Psychological Associates, Inc.

Clinical and forensic practice serving children, adolescents, adults and families across North Carolina.

Assessment: forensic, psychological, developmental, cognitive, neuropsychological and psychoeducational assessment.

Therapy: Individual, family, and couples therapy.

- Particular focus on trauma treatment and PTSD, both combat related and other traumatic experiences, such as domestic abuse and child maltreatment. Significant experience with evaluation and treatment of Veterans (Vietnam through present conflicts) with PTSD and various psychiatric disorders that tend to co-occur such as mood disorders and Substance Abuse. Trained in EMDR.

Forensic: Consultation and evaluations provided via attorney or court referral/appointment, DSS, or self-referral. Experience with State, Federal and Military courts.

- Trauma and abuse including: PTSD, physical and sexual abuse, childhood maltreatment, domestic abuse and abusive head trauma
 - Extensive experience with PTSD, both combat related traumas and the effects of chronic abuse
 - Conducted research on the neuropsychology of PTSD and the effects of trauma on the brain which assists in the foundation for these types of evaluations
 - Investigative case review of child forensic interviews and evaluations in cases of alleged abuse
- Intellectual Disabilities/Mental Retardation
- Competency evaluations
- Criminal Responsibility/Death Penalty Litigation
- Worker's Compensation, Independent Medical Examinations (IME), Disability
- Pre-employment and Fitness for Duty for law enforcement/public safety organizations.
- Substance Abuse Expert (SAE): Fitness for Duty and Return to Duty including evaluation, treatment referrals and follow-up evaluation per Nuclear Regulatory Commission Regulations (NRC 10CFR).
- High-conflict divorce and custody cases including parenting capacity and child custody evaluations. Mediation and conflict resolution. Participate in district court mediation through the ADR Center in Wilmington, NC.

Department of Defense Consolidated Adjudications Facility (CAF) Contract Psychologist

Provide psychological evaluations and consultation upon referral to address specific questions central to suitability decisions.

Department Consultant: Village of Bald Head Island Department of Public Safety

Provide pre-employment psychological evaluations, Fitness For Duty (FFD) evaluations, specialized assessments, consultation and training, and critical incident debriefing as requested.

Child/Family Evaluation Program Examiner (CFEP) (formerly Child Forensic Evaluation Program through UNC-Chapel Hill). CFEP is an evaluation service for children and adolescents who are being investigated by CPS agencies in North Carolina as possible victims of abuse or neglect.

Child/Family Evaluation Program Supervisor

Supervise Associate Examiners (master's level) performing CFEP evaluations.

Additional Services: Consultative and contract services to various mental health agencies, social service agencies, and school districts to provide diagnostic assessments, psychological and psychoeducational evaluations, therapy, and clinical supervision.

7/09-12/09

THE FMRT GROUP

Statewide agency providing psychological evaluations, fitness for duty evaluations, and special teams assessments for law enforcement and public safety agencies across North Carolina.

4/05-2/06

Clinical Psychologist

ACT Medical Group, Wilmington, NC

Provided psychological assessment, therapy, and consultation to individuals in skilled nursing and assisted living facilities.

2/05-12/06

Course Director

Summit Professional Education, Apex, NC

Develop, implement, organize and teach continuing education/professional development seminars across the United States for the Healthcare and Behavioral Health Divisions. Recruit, train, and supervise the professional speakers. Seminars ranged in size from 50 -200 professionals. Onsite activities also included logistical planning and seminar facilitation.

7/03-12/05

Faculty

**American Society of Professional Education (ASPE)
Summit Professional Education**

Responsibilities included: Developing, implementing, organizing and teaching continuing education/professional development seminars across the United States for the Healthcare and Behavioral Health Divisions.

8/02- 12/05

Clinical Associate, Department of Psychiatry

Duke University Medical Center

Durham, NC 27702

3/04-12/04

Clinic Director

Parrish St. Clinic, Durham NC

Administrative, Clinical and Operational oversight/management of a community-based mental health, developmental disabilities, and forensic clinic serving children, adolescents and adults. Additional Responsibilities included: Clinical and administrative supervision (psychologists, psychiatrists, social workers, administrative staff); program development; contract development

and management (negotiations with providers and payers); human resource management including: recruitment/hiring, performance evaluations and staff development; organizational structure, financing, Medicaid, Medicare, and third party insurance billing and management; and quality assurance. Ensured compliance with state and federal regulatory standards; liaison/community collaboration with local and state mental health and public policy agencies.

Clinical responsibilities included; individual and group supervision, individual and family therapy; psychological, psychoeducational and forensic assessment, consultation, and crisis intervention.

8/02-3/04

Clinical Psychologist

Center for Child and Family Health (Duke University/UNC affiliated trauma evaluation and treatment center)

Responsibilities included: program development, assessment and diagnostic evaluation, psychotherapy, research (data collection evaluation, monitoring), clinical and administrative supervision, contract management (financing and billing) grant writing, and quality assurance. Ensured compliance with state and federal regulatory standards; liaison/community collaboration with local and state mental health and public policy agencies. Member of multidisciplinary team of health and behavioral healthcare professionals. Assessment and supervision of Child Mental Health (CMHE) Evaluations.

Teaching/ Supervision responsibilities included: Psychiatry resident training, Duke graduate student internship and post-doctoral fellow supervision, Grand Rounds and didactic training presentations. Research, supervision and liaison to the Healthy Childhood Brain Development Program.

9/01- 8/02

Clinical Instructor of Pediatrics

**The Brody School of Medicine
East Carolina University**

Pediatric Health Psychologist

**Children's Hospital
Pitt County Memorial Hospital
Greenville, NC 27835**

Clinical Responsibilities: Consultation-Liaison services to the General Pediatric, Pediatric and Neonatal Intensive Care, and Hematology/Oncology units. Inpatient and outpatient individual and family psychotherapy, psychodiagnostic assessment, program development, disease prevention, health promotion and weight management. Focused on trauma assessment and adjustment following a traumatic event.

Teaching responsibilities included: Pediatric resident training, ECU graduate student internship supervision, Grand Rounds and Core training presentations.

7/00-8/31/01

Assistant Professor, Department of Psychology

**East Carolina University
Greenville, NC 27858**

Responsibilities: Teaching and supervision of graduate courses, research, and clinical practicum in the school and clinical psychology programs.

Teaching

- Practicum: Therapeutic techniques with children and adolescents
- Assessment Sequence, including: psychological, neuropsychological and psychoeducational assessment, preschool and low incidence handicapping conditions, and behavioral, adaptive, and socioemotional assessment.
- Behavioral and academic interventions with children/adolescents

Supervision

- Student clinical assessments and therapeutic interventions, individual and group therapy, behavioral and academic interventions, and school-based consultation.

11/00-9/01

Staff Psychologist, Children's Services

Wilson-Greene Community Mental Health Center
Snow Hill, NC

Clinical Responsibilities: Assessment, therapy (individual, family), school-based consultation, crisis intervention, clinical supervision.

8/99-7/00

James Madison University
Human Development Center/Child Development Clinic
Instructor Department of Psychology
Harrisonburg, VA 22807

Child Development Clinic/Human Development Center (CDC/HDC)

Comprehensive psychological evaluations (e.g., clinical, forensic, neuropsychological, and psychoeducational) of children/adolescents; school-based consultation and interventions; outpatient therapy for a university based mental health clinic (children, adolescents, adults).

Neuropsychological Services Clinic

Program Development

Development of a pediatric/adult neuropsychology service, training, and research specialty clinic.

Clinical Responsibilities

Comprehensive assessments, therapy, support group services, outpatient neurological screening, cognitive rehabilitation, consultation.

Supervision and Administrative Responsibilities

- Clinical supervision and coordination of graduate student (doctoral/masters level) assessments and therapy in the CDC/HDC.
- Supervision and coordination of master's level clinicians in school-based consultation, assessment and treatment of preschool children in Head Start Programs.

7/98-7/99

Baker Victory Services Community Mental Health Center

Residential & Day Treatment, Educational Services, Outpatient Clinic
Lackawanna, NY 14127

Clinical Specialist

Responsibilities: Diagnostic assessment and treatment of children/ in residential programs. Clinical, forensic, and psychoeducational assessments; crisis intervention counseling, individual, group, and family therapy; school-based consultation, psychoeducational groups, and parent skills training workshops.

12/95-9/96 **Clinical Director, Special Services Unit**
Director of an 8- bed, 24 hour secure treatment facility for males, aged 8-18, mandated for placement by Erie County Family Court.

12/98-7/99 **Language Development Program, Developmental Disabilities Services**
Tonawanda, NY 14150

Consultant Psychologist

Responsibilities: Psychoeducational assessments for Committee on Preschool Special Education (CPSE) services; cognitive, developmental, and behavioral screenings of toddlers (2-3 years) for early intervention services; home-based consultation.

5/97-7/98 **Living Opportunities of DePaul**
Cheektowaga, NY

Clinical Supervisor

Responsibilities: Day-to-day operation of a 24- bed, Office of Mental Health certified treatment apartment program serving chronically mentally ill adults, aged 18-65. Direct supervision, training, and evaluation of mental health counseling staff; intake 7 diagnostic assessments; treatment planning; individual, group and family counseling; crisis counseling and intervention.

12/94-12/95 **Transitional Services Inc.**
Buffalo, NY

Senior Counselor/Supervisor

Responsibilities: Supervision of mental health counseling staff, individual and group therapy; diagnostic assessment and treatment planning; crisis counseling and intervention; and community outreach services provided to chronically mentally ill residents of an intensive supportive apartment program licensed by the Office of Mental Health.

Grant Activity

Author: Teaching, Training and Materials Grant: Woodcock Johnson-III Tests of Cognitive Abilities, Riverside Publishing Co., Itasca IL. \$12,000 (with Bolen, L.) Awarded.

Author: Standardization of the Wide Range Achievement Test- Expanded (WRAT-E) with college students. Wide Range, Inc., Wilmington, DE. \$2500.00 Research Grant (with co-investigator, Childers, J.) Awarded.

Author: Nonverbal Version of the Wide Range Intelligence Test (NWRIT). Wide Range, Inc., Wilmington, DE. \$1000.00 Assessment- Item Trials Research (with co-investigator, Childers, J.) Awarded.

Co-author: Validity research comparing the Wide Range Achievement Test- Expanded (WRAT-E) vs. the Wechsler Intelligence Scale for Children-Third edition (WISC-III) with children aged 5-8. Wide Range, Inc., Wilmington, DE. \$2500.00 Research Grant (Childers, J. primary investigator) Awarded.

Co-author: Wide Range Interest Opinion Test (WRIOT). Wide Range, Inc., Wilmington, DE. \$750.00 Assessment- Item Trials Research

(Childers, J. primary investigator). Awarded.

Publications

DeBellis, M., Hooper, S., & Sapia, J. (2005). Early trauma exposure and the brain. In Vasterling, J.J & Brewin, C. R (Eds.), Neuropsychology of PTSD: Biological, Cognitive, and Clinical Perspectives. New York: Guilford Publications, Inc.

Evans, S.W., Sapia, J. L., Axelrod, J. L., & Glomb, N. (2002). Practical issues when establishing a school-based mental health program: A case example. In H. S. Ghuman, M. D. Weist, & R. M. Saries (Eds.), Providing Mental Health Services to Youth Where They Are: School-and Community-Based Approaches. New York: Brunner-Routledge.

Sapia, J. (2001). Using groups for the prevention of eating disorders among college women. Journal for Specialists in Group Work, *26*(3), 256-266.

Phelps, L., Sapia, J., Nathanson, D., & Nelson, L. (2000). An empirically supported eating disorder prevention program. Psychology in the Schools, *37*(5), 443-452.

Evans, S., Axelrod, J., & Sapia, J. (2000). Effective school-based interventions: The development of a social skills training paradigm. Journal of School Health, *70*(5), 191-194.

Phelps, L., Dempsey, M., Sapia, J., & Nelson, L. (1999). The efficacy of an eating disorder school-based prevention program: Building physical self-esteem and personal competence. In N. Piran, M. Levine, & C. Steiner-Adair, (Eds.), Preventing Eating Disorders: A Handbook of Intervention and Special Challenges. Philadelphia, P.A.: Brunner/Mazel.

Sapia, J. (1994). An investigation of the differences in mandatory reporting practices of teachers. Unpublished Master's Thesis, SUNY at Buffalo.

Sapia, J. (1992). Content effects for the moral concepts lie & truth. Unpublished honor's Thesis. SUNY at Buffalo.

Presentations/Workshops

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| 2017 | Sapia, J. & Lane, P (attorney). Case Study in Mitigation; Bridging the Gap Part II; Capital Defender Training Seminar, Invited Presentation September 2017 |
| 2015 | Sapia, J. Identifying Mental Health Signs and Symptoms/Thinking about Psychological Evaluations; Capital Defense Training Seminar, Invited Presentation September 2015. |
| 2015 | Sapia, J. Identifying Mental Health Signs and Symptoms/Thinking about Psychological Evaluations; Capital Defense Training Seminar, Invited Presentation April 2015. |
| 2015 | Sapia, J. Understanding Trauma, Death Penalty 2015: NC Advocates for Justice Annual Conference, Invited Presentation January 2015. |
| 2011 | Sapia, J. Mental Health Evaluations 101: A Primer for Attorneys. 2011 Parent Attorney Conference Breaking the No-Win Cycle: Representing Parents with Mental Health Disorders. Co-sponsored by the UNC-Chapel Hill School of Government, Office of Indigent Defense Services, National Juvenile Defender Centers & Southern Juvenile Defender Center. Invited Presentation August 2011. |

- 2010 Sapia, J & Kirk, K. Child Forensic Evaluations and Admissibility of Parenting Capacity Evaluations. Brunswick County North Carolina Court Advisory Sponsored Continuing Education Training Program. February 2010.
- 2008 Sapia, J. Lunch and Learn: Child Forensic Evaluations and Cooperative Parenting in High Conflict Cases. Presented to Brunswick County Department of Social Services staff, attorneys and family court judges. May 2008.
- Sapia, J. Brunswick Leadership Conference: Addressing mental health needs in our community. An invited talk sponsored by the Southport-Oak Island Chamber of Commerce March 2008.
- Sapia, J. Childhood Developmental Disorders. Summit Professional Education. Continuing Education Seminar Series presented across the United States.
- 2005 Sapia, J. Working with Expert Witnesses: An Example of Interviews with Child Witnesses. North Carolina Public Defender Spring Conference, May 18-20.
- 2003-05 Sapia, J. Over-Indulged Children. American Society of Professional Education (ASPE). Continuing Education Seminar presented across the United States.
2002. Sapia, J. Trauma: Providing Psychosocial Support to Families in Crisis; and Caring for Terminally Ill Children. Key Note Speaker, Pediatric/Neonatal Clinical Update, Children's Hospital, Greenville, NC.
2002. Sapia, J. Trauma: Clinical Assessment: Signs and Symptoms. Invited Grand Rounds for the Trauma Department at Pitt County Memorial Hospital, Greenville, NC.
- 2001 Sapia, J. Group-Based Prevention Programming for Eating Disorders. Workshop Presentation at the American Psychological Association annual meeting. San Francisco, CA (August 2001).
- Sapia, J. Interdisciplinary Strategies for Prevention and Intervention for Eating Disorders. Workshop presentation at the National Assembly on School-Based Health Care annual meeting. Miami, FL (June 2001).
- Sapia, J. Eating Disorder Prevention in the Schools. Poster presentation at the National Association of School Psychologists annual meeting. Washington, DC (April 2001).
- Torres, R., Childers, J., Sapia, J., Durham, T., & Allred, L. Relationship of the NEEDS And Two Substance Abuse Scales. Poster presentation at the Southeastern Psychological Association annual meeting. Atlanta, GA (March 2001).
2000. Walker, W., & Sapia, J. Traumatic Brain Injury Workshop: Neuropsychological Assessment and Intervention. North Carolina Department of Public Instruction, 3 day training workshop. Chapel Hill, NC (November 2000).
- Sapia, J. Preschool and School-Age Assessment: Using the Differential Ability Scales. Invited workshop presented for area school psychologists. James Madison University Harrisonburg, VA.

Professional Association Memberships

Current American Psychological Association (APA)
Current APA Division 41 American Psychology-Law Society (APLS)
Current APA Division 56 Trauma
Current APA Division 19 Military Psychology
Current American Professional Society on the Abuse of Children (APSAC)
1997-2000 National Association of School Psychologists (NASP)

2019 Continuing Education

American Academy of Forensic Psychology: Contemporary Issues in Forensic Psychology April 10-11
Dallas, TX: Improving Testimony in Trials and Depositions; Evidence-Based Evaluation of Criminal
Responsibility

Concept Professional Training Webinar: Suggestibility among Individuals with Neurobehavioral and
Neurocognitive Disorders: Clinical and Forensic Considerations

2018 Continuing Education

Suicide Assessment & Prevention for Health Professionals
Psychology of Terrorism
The Returning U.S. Veteran of Modern War: Background Issues, Assessment and Treatment
Ethics

2016 Continuing Education

American Academy of Forensic Psychology: Contemporary Issues in Forensic Psychology 5/18-22,
Scottsdale, AZ: Advances in Miranda Assessments and Consultations; Effective Applications of Forensic
Assessment Instruments for Pretrial Criminal Issues

2015 Continuing Education

American Psychology-Law Society (APLS) Annual Conference, San Diego, CA March 2015
Expert Testimony (Full Day workshop)
Traumatic Brain Injury and Chronic Traumatic Encephalopathy: Recent Research Advances and
Implications for Forensic Psychology
The Psychology and Impartiality of Forensic Expert Decision Making: When Justice is not Blind
Suggestibility & Miranda Issues in Interrogations
Interrogations & Confessions

2014 Continuing Education

American Academy of Forensic Psychology: Contemporary Issues in Forensic Psychology 6/4-6/8/14,
Philadelphia, PA: Insanity Defense Evaluations; Testifying for Legal Decision Makers; Evidence for
Forensic Psychologists.

American Psychology-Law Society (APLS) Annual Conference, New Orleans, LA March 2014

Evaluation of Intellectual Disability in Capital Cases: Twelve years post Atkins (Full Day workshop)
Questioning Alleged Victims of Child Abuse

Understanding the Psychological Dynamics of Active Shooters: Offering a Violence Risk and Threat Assessment Approach, Robert Cipriano Jr, Ph.D. SIMCIP Group Forensic Psychological Consultants, sponsored by the NCARNG (1/13/14)

Neuroscience Evidence in Criminal Cases, NC Advocates for Justice Death Penalty 2014 Seminar, Dr. Nita Farahany, Duke University (1/23/14)

SAPAA Training Institute, Substance Abuse Expert Qualification training and exam (20 hours CE) (2/20/14).

CMEP Webinar Hypoxia Hypothesis and Abusive Head Trauma, Chris Greeley, M.D. (2/25/14)

2013 Continuing Education

CFEP Coursepak (10 CE hrs) on trauma and abuse as required for re-credentialing for 2 years as a CFEP Examiner

Children's Exposure to Violence, Office of Justice Programs, Professional Development Resources (4/13)

Domestic Violence: Child Abuse and Intimate Partner Violence, Office of Justice Programs, Professional Development Resources (4/13)

Annual Conference on the Contemporary Applications of Psychological Assessment: Assessment of Complex Trauma in Adults and Children, U Mass, Boston MA (10/13)

2012 Continuing Education

Psychological Autopsy Certification Training Program, American Association of Suicidology, Atlanta, GA (7/12)

American Academy of Forensic Psychology: Contemporary Issues in Forensic Psychology: Effective and Ethical Expert Testimony and Evaluation of Sex Offenders; San Francisco, CA (9/12)

2011 Continuing Education

CFEP Coursepak (10 CE hrs) on trauma and abuse as required for re-credentialing for 2 years as a CFEP Examiner

American Academy of Forensic Psychology: 3 day Intensive Workshop in Forensic Psychology:

Advanced Forensic Psychology Practice: Issues and Applications (24 CE hrs); Albuquerque, NM (3/11)

American Academy of Forensic Psychology: Preparing for the Board Certification Examination in Forensic Psychology-ABPP (6 CE hrs); Albuquerque, NM (3/11)

Aeromedical Psychology Training Course, United States Army School of Aviation Medicine, Ft. Rucker, AL (10/31-11/18/11)

2010 Continuing Education

American Academy of Forensic Psychology: Forensic Applications of the MMPI-2; Malingering and Forensic Evaluation: Conceptual Issues and Clinical Methods; New Orleans, LA February 2010

Defusing the High Conflict Divorce: A Treatment Guide for Working with Angry Couples (3/10)

Ethical Decision making for Psychologists: A Practical Model (4/10)
Treating PTSD in Battered Women (4/10)
PTSD Treatment I : CBT, Neurobiology and Pharmacotherapy (5/10)

2009 Continuing Education

American Academy of Forensic Psychology: Evaluation of Competence to Stand Trial; Charleston, SC, January 2009
American Academy of Forensic Psychology: Interrogations and Disputed Confessions; Sarasota, FL, September 2009

2008 Continuing Education

Basic Mediation & Advanced Mediation (22 hours)
Assessing and Managing Risk in Psychological Practice
CACNC Fourteenth Annual Symposium on Child Abuse & Neglect: Suggestibility and the Child Witness; Testing our Patience: Investigation & Intervention in High Conflict Custody Cases; Abusive Head Trauma: Medical Update for Investigators; Lifting the Veil: Legal Implications of Abusive Head Trauma

2007 Continuing Education

American Academy of Forensic Psychology: Advanced Topics in Criminal Forensic Assessment; Critical Issues in Child Sexual Abuse Evaluations; New Port, Rhode Island, April 2007

2006 Continuing Education

Jeopardy in the Courtroom: A Scientific Analysis of Children's Testimony
Expert Witnesses in Child Abuse Cases: What Can and should be Said in Court
Psychological Assessment of Adult Posttraumatic States: Phenomenology, Diagnosis, and Measurement
Misconceptions of Custody Evaluations/Parenting Coordination
Interrogations and Disputed Confessions
Detection of Deception