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Raleigh, North Carolina 27609

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BIRTHPLACE: Toronto, Canada **CITIZENSHIP:** U.S.A.

FAMILY: Spouse – Cynthia Hazen, PhD, Psychotherapist, lecturer, author
Sons: Nicholas, Attorney (1957); Byron, MD (1958-2010);
Andrew (1961-1990)

LICENSURE: VA, 1959 - #14099; NC, 1960 - #12012; SC; 1985 - #12262

CERTIFICATION: American Board of Psychiatry and Neurology
American Academy of Behavioral Medicine
Biofeedback Certification Institute of America
American Society of Clinical Hypnosis

HONORS: Distinguished Life Fellow: American Psychiatric Association
Life Fellow: American Public Health Association
Life Fellow: American Society of Clinical Hypnosis
Life Fellow: Academy of Psychosomatic Medicine
Fellow: American College of Forensic Psychiatry
Fellow: The American Orthopsychiatric Association
Fellow: American Academy of Pain Management
Diplomate: International Academy of Behavioral Medicine,
Counseling and Psychotherapy
Life Fellow: Pan American Medical Association
Approved Consultant: American Society of Clinical Hypnosis
Life Member: American Medical Association

CURRENT:

Limited practice of psychiatry - individual, conjoint, family and group evaluation and psychotherapy, hypnosis and hypnotherapy; behavior therapy and psychosomatic therapy; goal/growth oriented

forensic psychiatry; consultation and training, physician specialist, limited hours

Private consultation – organization/executive development; human systems development

Duke University Medical Center - Associate Consulting Professor of Psychiatry & Behavioral Sciences,

University of North Carolina - Adjunct Professor Psychiatry, School of Medicine, Wake Medical Center, Rex Hospital, Holly Hill Hospital (Cofounder and first Medical Director), Duke Hospital Raleigh - Honorary staff

The Community Mental Health Clinic (all volunteer staff - free services) 1996-present
Medical Director, co-founder and Staff Psychiatrist,

EDUCATION:

Malvern Collegiate Institute, Toronto, Canada, 1950 - Honours Certificate
 University College, University of Toronto, Canada, 1953, B.A.
 Faculty of Medicine, University of Toronto, Canada, 1957, M.D.

TRAINING:

Internship, Memorial Hospital, Danville, VA, 1957-1958
 Resident, Psychiatry, Eastern State Hospital & Medical College of Virginia,
 Williamsburg,
 VA, 1958-1960
 Chief Resident, Psychiatry, Dorothea Dix Hospital, Raleigh, NC, 1960-1961
 (Collaborative program with Duke University and University of NC Schools of
 Medicine)

OTHER EDUCATION:

Hypnosis, hypnotherapy, behavior therapy, Eastern State Hospital, Williamsburg,
 Virginia,
 Medical College of Virginia, Richmond, Virginia, 1958-1960 (M Erickson, L Ravitz)
 Psychoanalysis, psychoanalytic theory, Williamsburg, Raleigh, 1960-1963
 (Washington School)
 Administration and management, Southern Regional Education Board, Atlanta, GA,
 1961 (P. Drucker)
 Community and social psychiatry, John Hopkins University, Baltimore, MD, 1962
 (G. Caplan)
 General systems theory, Southern Regional Education Board, Atlanta, GA, 1964 (L.
 Bertalanfy)
 Family and conjoint therapy, George Washington University, Washington, D.C., 1963
 (N.
 Ackerman, D. Jackson)
 Organization management, University of North Carolina, Chapel Hill, NC, 1965
 Personnel management, University of North Carolina, Chapel Hill, NC, 1966
 Organization development, National Training Laboratories, Pinehurst,
 NC, 1970, Leland Bradford,
 Psychiatry, A Comprehensive Review and Update, Harvard Medical School, 1986, 1994
 Forensic psychiatry, Symposium in Psychiatry and Law, Sanibel Island, Florida, 1986
 Continuing Education more than required maintaining current American Medical
 Association Certificate of Continuing Medical Education

ACADEMIC:

Director, Residency Training, Dorothea Dix Hospital, Raleigh, NC, 1961-1963 (obtained first full program and first nationally NIMH community psychiatry training grant approval)

Director, Professional Education & Training, State Department of Mental Health, State of NC, 1963-1966

Director, Research, State Department of Mental Health, State of NC, 1965-1966

Associate Clinical Professor, Psychiatry, 1980-1991, Associate Consulting, 1992, Duke University Medical Center, 1980-Present

Adjunct Professor, University of North Carolina, 2003 – present, Clinical Professor, Psychiatry, 1984- 2003, Associate Clinical Professor 1969-75, Assistant Clinical Professor, 1964-69

Visiting Lecturer:

William & Mary University, Williamsburg, VA

School of Public Health, University of NC,

University of West Virginia Medical School, Charleston,

Harvard Medical School, Boston, MA

Meredith College, Raleigh, NC

Emory University School of Medicine, Atlanta, Georgia,

Vanderbilt University School of Medicine, Nashville, TN

Thomas Jefferson University School of Medicine, Philadelphia, Pennsylvania,

St. Andrew's College, Laurinburg, North Carolina,

Duke University School of Medicine, Durham, NC

University of North Carolina School of Social Work,

East Carolina University, Greenville, North Carolina,

University of North Carolina School of Medicine

Meredith College, Raleigh, North Carolina,

North Carolina State University, Raleigh

OTHER PROFESSIONAL ACTIVITIES:

Eastern State Hospital, Williamsburg, Virginia

Organizer & President, Medical Staff, 1958-1959

Founder, & Physician-in-Charge, Children's Unit, 1959-60

Founder, Director, Alcoholism Program for Women, 1960

Tidewater Mental Health Center, Newport News, VA, Staff, 1958

Child Guidance Clinic, Williamsburg, Virginia, Staff, 1959

Dorothea Dix Hospital, Raleigh, NC: Chief Resident, 1960-1961; Chief, Female Services,

1961-1962; Assistant Clinical Director, 1961-1962; Psychiatric Residency

Training Director, 1961-1963 (Acquired first full approval);

Rex Hospital, Raleigh, North Carolina -Founder, & Director, Psychotherapy OP Clinic, 1961-1962, (Later became Adult Section, Wake County Mental Health Center)

North Carolina State Department of Mental Health, Raleigh,

Director, Professional Education and Training

Developer of two Psychiatric Residency and eight Hospital In-service Training Programs and Federal Grants

Director of Research, 1965-1966
 Developer & Co-Director Physician Consultation-Education Program, 1964-73
 Deputy and Regional Commissioner, 1966-1973
 Developer - 38 Counties Mental Health Clinics
 - 10 Area Comprehensive Mental Health Centers
 - 11 Area Comprehensive Alcoholism Programs
 - 10 Area Mental Retardation Programs
 Antipoverty and Mental Health Planning and Programming with the North
 Carolina Fund, August, 1965
 NC State U Clinical Community Psychology cofounder, 1963
 U of NC Department of Psychiatry, Community Psychiatry
 Training Programs and Co-Dean, Annual Community Mental Health
 Workshops, 1963-1966
 North Carolina Foundation for Mental Health Research, Inc.
 Raleigh, North Carolina, Executive Director, 1965-1966; Board of
 Directors, 2005
 Cumberland County Area Mental Health Program, Fayetteville, North Carolina, Acting
 Director, 1972-3
 O'Berry Center for Retarded, Goldsboro, NC, Acting Superintendent, 1972-73
 Drug Action of Wake County, Raleigh, North Carolina First Medical Director, 1973-
 1974
 The Institute of Human Ecology, Co-Founder and Fellow
 Wake Medical Center, Raleigh, North Carolina, Attending, 1973-1987, Senior Active,
 1988-1998, Honorary, 1998 - present
 Rex Hospital, Raleigh, North Carolina, Attending 1973-83, Senior Active, 1983-1999,
 Honorary 2000-present
 Raleigh Community Hospital, Raleigh, North Carolina, Attending 1978-1987,
 Consulting, 1988-1989, Senior 1990-present
 Holly Hill Hospital, Raleigh, North Carolina, Co-Founder & First Medical Director,
 Attending, 1978-87, Consulting, 1988-89 Courtesy, 1989-1999, Honorary,
 1999-present
 Raleigh Psychiatric Associates, P.A., Staff, 1978-present, Managing Partner, 1982, 1986,
 1990, 1995-1996
 Raleigh Stress & Pain Clinic, Raleigh, North Carolina, Founder and Medical Director,
 1980-1984
 Medical Board of the State of North Carolina, 1987-1993, President, 1992-1993
 Chair, Administrative Committee 1991-1992 (founder), Chair, Physicians
 Health Program, 1987-1992 (founder), Chair, Malpractice Committee, 1988-
 1992 (founder), Liaison to the North Carolina Medical Society, New
 Organization of Medical Board, 1991-93 (founder), Licensing Committee,
 1987-94, Discipline Committee, 1987-94, Hearing Officer, 1991-93,
 Computerization Committee, 1993, Legislative Liaison, 1993, Agent, 1993-
 present
 North Carolina Physician Health Program, 1987-1992 (co-founder)
 Federation of State Medical Boards, Fellow, 1987-1999, Committee on Impaired
 Physicians; Ad Hoc Committee on Boundary Violations

PAST CONSULTANTSHIPS:

Peace Corps, Screening, training of volunteers
 Eastern District Federal Probation Officers, Case management, Continuing education
 West Virginia State Department of Mental Health, State office Program development
 National Institute of Mental Health - Continuing Education Branch, Role of NIMH in continuing education
 National Institute of Mental Health - Federal - States Relations Committee, Role, goals and functions
 Nationwide Insurance Company, Management development
 Drug Action of Wake County, Management development
 United Methodist Church, U.M. Volunteers: Goals, function
 Georgia State Department of Human Resources, Reorganization of Department
 New Hampshire Department of Health and Welfare, Reorganization of Department
 North Carolina Department of Mental Health, Coordinator, Conference on Abuse and Violence
 Wake County Area Mental Health Board, Board team building
 The Human Ecology Institute, Program consultant
 U.S. Federal Court - N.C. Eastern District, Expert witness
 Human Development Associates, Case centered continuing education
 Compassionate Friends, Development
 Parents Without Partners, Advisory in Development
 N.C. Peer Review Foundation, Clinical review
 City of Raleigh Police Department, Hypnosis, Witness Consultant
 St. Elizabeth's Hospital, Washington, D.C., Hospital integration with area mental health
 Area Health Education Center, Wake County
 I.B.M., Personal development seminars
 Life Enrichment Center, Wake Forest University Outpatient Treatment Services in Raleigh, Case centered, continuing education
 I.T.T., Intermittently, Personal Development
 Telex Corp., Personal Management
 N.C. State University, School of Education, Community Clinical Psychology Program Development
 N.Y. State Department of Mental Hygiene, Integrating the service system
 Wake Health Services, Raleigh, North Carolina, Behavioral medicine program development
 I.B.M., Personal management for managers
 Northern Telecom, Organization Development
 North Carolina State Commissioner of the Department of Corrections, Psychiatric Program Development
 American Medical Association, Physician Research and Evaluation Panel
 Finley-Dillon Realty, Personal management
 Wake Family Medical Care, Inc., Organization consultation,
 Medical Mutual Insurance Company of North Carolina, Forensic psychiatry
 The St. Paul Insurance Company, Forensic psychiatry
 Holly Hill Hospital Anxiety Support Group, Founder and Adviser

Holly Hill Hospital Depression, Manic Depressive Support Group, Founder & Adviser
 Carolina Services Inc., Management development, Personnel and
 Organization consultation
 Oberlin Company, Inc., Management development
 Buildecon, Inc., Management development
 Bionexus, Organizational diagnosis
 Southeastern Regional Mental Health Center, Organizational
 Diagnosis and development consultation
 The Aviation Group, Organizational diagnosis
 Wake Urological Associates, P.A., Organization consultation
 Wake County Mental Health Center, Quality Assurance Committee
 Professional Management, Inc., Personal Management, February
 Burroughs-Wellcome, Personal Management
 Capital Broadcasting Company, Management Consultation
 Isotechnologies, Inc., Personnel Management
 N.C. State Bar, Attorney Evaluation, Expert Witness
 Coleman-Jackson Road Constructors, Organization Development
 Tech-Built, Organization Development
 Tri Point Medical, Inc., Personnel Consultation
 N.C. State Board of Law Examiners, Evaluations, Expert Witness
 Application Consultant
 N.C. Medical Board, Evaluations, Monitor
 Federation of State Medical Boards, Impaired Physicians
 Georgia Medical Board, Impaired Physicians
 California Medical Board, Physician Stress
 Kentucky Medical Board, Physician Stress
 WUNC-TV, Mental Health in North Carolina
 Wake County Human Services Board, Area Mental Health, Developmental Disabilities
 and Substance Abuse Continuum Of Care Committee
 Various private Medical and Law Practices, Organization Development

BOARDS, COMMITTEES:

National:

National Institute of Mental Health Continuing Education Branch Advisory Committee
1969, Federal-State-Local Relations Committee, 1970-1973
American Psychiatric Association, Committee of Psychiatry and Medical Practice, 1966-
1970, (Chairman, 1968-1970), Institute on Hospital and Community
Psychiatry, Annual Program Committee, 1974-1979 (Chairman, 1978-1979),
Committee to Coordinate Hospital and Community Psychiatry Service,
Journal and Institute, 1977-1979, Assembly Representative from North
Carolina, 2000-2006, Council on Advocacy & Public Policy, 2006 - 2009
The Institute of Human Ecology, Chairman, Board of Directors, 1969-1973
American Medical Association, Physician's Research and Evaluation Panel, 1983-present
Federation of State Medical Boards, Fellow, 1988-2000
The Future of Hypnosis Through the Remainder of the Decade, 1990-1991
Sex Over Forty, Editorial Advisory Board, 1986-1991
American Journal of Pain Management -Editorial Advisory Board, 1991-present
Psychiatric Times, Psychiatric Feedback Group, 1985-present
Federation of State Medical Boards, Physician Impairment, Member Ad Hoc Committee
Boundary Violations, Member Ad Hoc Committee

Regional:

Mental Health Training Institute, Department of Vocational Rehabilitation, Southeastern
Region/University of Virginia, Charlottesville, 1963-1965
Southern Regional Education Board (SREB), Nurse Education Project Advisory
Committee, Atlanta, Georgia, 1964-1966
Mental Retardation Training Institute, Southeastern Region Advisory Committee,
University of North Carolina/Department of Vocational Rehabilitation, 1964-1969

State:

Medical Board of the State of North Carolina, 1987-1993; Secretary-Treasurer 1988-
1991; President 1992-1993, Agent 1993 – Present
Department of Community Colleges -Mental Health Worker Program, Advisory
Committee, 1964-1970
N.C. Mental Health Association -Chairman, Mental Health Week, 1965
N.C. Mental Health In-Service Training -Chairman, Steering Committee, 1965-1969
State Alcoholism Program Planning Committee, 1966-1969
State Records Improvement Project Advisory Committee, 1965-1968
Governor's Council on Juvenile Delinquency, 1968-1969
Governor's Resource Group II, 1966-1968
N.C. Comprehensive Health Planning -Task Force on Linking Health Facilities, 1969-
1970-Advisory Panel, 1970-1971
N.C. Commission for Emotionally Disturbed Children -Private Practice Task Force
Child Advocacy System Task Force (Consultant), 1969-1970
N.C. Manpower Committee, 1977
Governor's Commission on State Government Reorganization, 1970-1972
North Carolina Medical Society Committees on Mental Health Education, 1964-1969, on
Mental Health, 1971-Present (Chairman, 1983-1987), Joint Practice, Psychiatric
Services 1973-1976 Delegate to Assembly, 1981-1983, 1989-2000, Professional
Liability Committee, 1981-2001, Committee for Liaison with North Carolina
Department of Human Resources, 1983-1987, Medical Liability Steering

Committee, 1985-1987 Executive Council, 1988-1991, Committee on Substance Abuse, 1994-2000 Committee on Violence, 1994-2000

District Branch of American Psychiatric Association (North Carolina)

Secretary, 1967-1969, Committee on Psychiatry and Medical Practice 1968-1971
 Committee on Private Practice, 1969-1971, Committee on Constitution, 1968-1971, (Chairman, 1971), Program Committee, Chairman, 1974, Legislative Liaison, 1976-1978, Vice-President, 1977-1978, President-Elect, 1978-1979
 President, 1979-1980, Committee on Consumer Education, 1981-1983, Members In-Training Committee, 1981, Ad Hoc Committee on Administration Reorganization, 1984-1985, Delegate to NC Medical Society, 1989-2000
 Executive Council, 1967-69, 1977-79, 1999-Present, Ethics Committee, 1980-1989, Liaison with N.C. Medical Board, 1988-1993, Co-Chair, 1996-Present, Chair 1997-99, Task Force on Sexual Abuse, 1988-Present, Ad Hoc Task Force For Legislative Review (Chair, 1995), Ad Hoc Committee to Liaison with North Carolina Medical Board, Representative to the American Psychiatric Assembly, 2000-2006, Constitution Committee, 1998-2000, Task Force on Cultural Diversity, 2000-present

Board of Medical Examiners of the State of North Carolina, 1987-1993, see p 4

North Carolina Mental Hope, Board of Directors, 2009-2011

North Carolina Physician Health Program, Board of Directors, 1989-1993

Wake County Mental Health Association Board, 1964-1965

Local:

Women's Center Advisory Board, 1975

Parents Without Partners, Advisory Board, 1976-77, visiting lecturer 1977-present

Wake Medical Center, Medical Education Committee, 1976-1979, Nursing Committee, 1977-1979, Credentials Committee, 1979-1981

Holly Hill Hospital, Co-Founder and First Medical Director, Medical Staff Secretary, 1978-1979, Chairman, Credentials Committee, 1978-1981, Administrative Committee, 1978-1981, Ethics Committee, 1978-1985, Community Services Fund, 1983-1989. Depression, Manic Depressive Support Group, Founder, Steering Committee, 1988-199, Anxiety and Panic Support Group, Founder, Co-Developer Steering Committee, 1989-1996

Wake Medical Society, Public Relations, 1980-1983, Delegate to N.C. Medical Society, 1981-1983, 1989-1991, Alternate Delegate, 1983-1984, Wake Area Health Education Wellness Institute, Planning Committee, 1984-1986

Grievance Committee, 1998, The Wake County Physician, Editorial Board, Mental Corner Editor and contributor, 1997-

Raleigh Community Hospital, Raleigh Employees Assistance Project, Advisory Board, 1984-86 Health Plus, Advisory Board, 1986-1989

Wake County Mental Health Center, Quality Assurance Committee 1986-1987

Wake County Area Mental Health, Developmental Disabilities, and Substance Abuse Program, Board, 1987, consultant 2001

Wake County Commissioners appointee to Holly Hill Hospital/Mental Health Center Advisory Board 2008- 2011

PROFESSIONAL MEMBERSHIPS:

Wake County, North Carolina, and American Medical Associations, Life
 North Carolina and American Psychiatric Associations, Distinguished Life Fellow
 North Carolina and American Public Health Associations, Life Fellow, Emeritus Member
 Virginia, North Carolina, and American Society of Clinical Hypnosis (Retired
 Fellow, Approved Consultant)
 International Society of Hypnosis (Retired)
 Royal Society of Health (Emeritus Fellow)
 Academy of Psychosomatic Medicine (Life Fellow)
 Pan American Medical Association (Diplomate, Life Member)
 Association for the Advancement of Psychotherapy (Retired)
 American Association for the Advancement of Science (Retired)
 Canadian Psychiatric Association (Retired)
 Society for General Systems Research (Retired)
 Alcoholism Professionals of North Carolina (Retired)
 American Association of Psychiatric Administrator (Retired)
 American Association of Behavioral Therapists (Retired)
 North Carolina and American Biofeedback Society (Diplomate – Retired)
 American Academy of Behavioral Medicine (Diplomate – Retired)
 American Orthopsychiatric Association (Fellow – retired)
 American College of Forensic Psychiatry (Fellow)
 Society for Professional Well-Being (Retired)
 American Academy of Pain Management (Fellow)
 American Academy of Psychiatry and the Law
 Hellenic American Psychiatric Association
 The Academy of Organizational and Occupational Psychiatry (Retired)

GRANTS:

Psychiatry Residency Training, Dorothea Dix Hospital, 1962-1965
 NIMH 5T1 5364-13 -\$226,108
 Community Psychiatry Residency Training, Dorothea Dix Hospital, 1963-1965
 \$120,000
 Collaborative Study of Antidepressant Drugs, North Carolina Foundation for Mental
 Health Research, Collaborator, 1965-1966, NIMH MH 10890-01
 \$ 47,113
 Mobile Health Psychiatric GP Education, Department of Mental Health, 1966-1973
 NIMH T15 MH19445-04 \$350,000
 Psychiatry - GP - Residency Training, Dorothea Dix Hospital, 1964-1966
 NIMH 7T1 MH 10111-01 \$103,680
 Continuing Education for Mental Health Program Leaders, University of North Carolina
 Department of Psychiatry, Collaborator, 1960-1971 MH 11179-03 -\$540,000
 Hospital In-Service Training Grants, (Six applied for and approved) 1963-1966
 NIMH, -\$2.5 million
 Mental Health Center Construction Grants, (Six applied for and approved) 1969-
 1973 NIMH, \$3.5 million
 Mental Health Center Staffing Grants, (10 applied for and approved) 1969-1973

NIMH, -\$3.0 million
 Alcohol Program Staffing Grants, (Four applied for and approved) 1970-1973
 NIAAA, -\$1.0 million
 Efficacy and Safety of Dothiepin in Patients with
 Depressive Neurosis (A controlled, randomized, double blind research program
 comparing Dothiepin, Elavil and placebo) 1977-1979 -\$138,000
 Efficacy and Safety of Clomipramine in Patients with Obsessive-Compulsive Neurosis
 (An open program) 1979
 Efficacy of Bupropion in Patients with Chronic Pain, 1983
 Efficacy of Fluoxetine in Patients with Depression, 1986-1989
 Efficacy of Bupropion in Patients with Depression, 1987-1989

CITATIONS: University of Toronto, Faculty of Medicine Society, 1956-1957
 Governor Dan K. Moore, North Carolina, 1968
 Governor Robert W. Scott, North Carolina, 1970
 American Psychiatric Association, 1970
 Tarheel of the Week, The News and Observer, Raleigh, NC, 1973
 American Medical Association, 1972 and every three years-present
 Who's Who in America (Southeast Region) Marquis, 1976-Present
 Who's Who in Medicine and Health Care, Marquis, 1977-Present
 Who's Who in the Biobehavioral Sciences, Marquis, 1982-Present
 Governor James B. Hunt, North Carolina, 1984
 Who's Who in Executives and Professionals, Marquis, 1994-Present
 Who's Who in the World, Marquis, 1995-Present
 Who's Who in America, Marquis, 1995-Present
 Who's Who in Science and Engineering. 2006- present
 Top Doctors in America, Center for Studies,
 Washington, DC, 2000-present
 America's Top Psychiatrists, Consumers' Research Council of America,
 Washington, DC, 2003-present
 2005 Individual Healthcare Professional Award Winner, NC Coalition for
 Persons Disabled by Mental Illness
 International Professional of the Year 2006, International Biographical
 Center, Cambridge, England

OTHER EDUCATIONAL AND TRAINING ACTIVITIES:

Public Schools; Educators; Optimists; Kiwanis; Attorneys;
 Hospital organizations; Industry, Roman Catholic, Baptist,
 Methodist, Orthodox Churches; Physicians, Psychiatrists; Nurses, Social

Workers (state, regional); Speech Therapists (regional), P.T.A. (regional);
 Record Librarians (national); Compassionate Friends, Singles Organizations; Hospital
 organizations; Industry (regional, national); Legislatures of NC, VA, TN, WVA,
 NY, MD; Medical students, interns, residents, nurses, graduate students; social
 work, psychology, sociology, ministry and others regarding
 : General systems theory, public health, psychiatry, growth and development,
 hypnosis, mental health, administration, community organization and
 development, organization development, group process, management
 development, stress management, individual and couples psychotherapy,
 psychosomatic medicine

PUBLICATIONS:

A. Published Articles

1. "A Children's Unit in a State Hospital," (with Schmidt, KT) American

- Journal of Psychiatry, Vol. 117, No. 1, 1960
2. "Forms of Attention, Accelerated Relearning and Retention with Hypnosis," Proceedings of Virginia Society of Clinical Hypnosis, 1960
 3. "Initial Therapy of the Alcoholic," (with Schmidt, IT) Virginia Medical Monthly, Vol. 87, March, 1960
 4. "Self Hypnosis," British Journal of Medical Hypnotism, Vol. 12 No. 4, 1961
 5. "Hypnotizability in Senile and Arteriosclerotic Chronic Brain Syndromes," (with Heath, ES and Davis, DF) Diseases of the Nervous System, Vol. 23, No. 1, January, 1962
 6. "Fluphenazine in Chronic Refractory Schizophrenics," American Journal of Psychiatry, Vol. 119, No. 1, July 1962
 7. "Pseudo-ECT Using Hypnosis," American Journal of Clinical Hypnosis, Vol. V., No. 1, 1962
 8. "A Study of Drug-Induced Parkinsonism, (with Phillips, Walker, and Sandifer) Diseases of the Nervous System, Vol. 24, No. 3, 1963
 9. "An Activity Resume," Resume, November and December, 1963
 10. "On Death," Pastoral Counseling, Dorothea Dix Hospital, 1963
 11. "Education and Training--A Basic Statement," Resume, January, 1964
 12. "Carbapenazine in Chronic Schizophrenics," American Journal of Psychiatry, Vol. 120, No. 9, March, 1964
 13. "Paranoid State," (with Meymandi, A) Frontiers of Hospital Psychiatry, January, 1965
 14. "Physician Education," Proceedings of N.C. Medical Association, May, 1964
 15. "Hypnosis--A Short Review," Proceedings of Conference on Hypnosis, 1965
 16. "Training and Staff Development," Resume, May, 1965
 17. "Akinonisia," N.C. Journal of Mental Health, Vol. 1., No. 4, Winter, 1966
 18. "Mobile Psychiatric Consultation for Local Physicians," (with Cathell, J) N.C. Medical Journal, Vol. 27, No. 2, February, 1966
 19. "Psychiatric Consultation," (with Cathell, J) Hospital and Community Psychiatry, Vol. 17, No. 7, July, 1966
 20. "The Importance of Staff Development and Communication," Dorothea Dix Review, Vol. 2, No. 4, April, 1967
 21. "Consultation-Education for Primary Physicians," (with Cathell, J) Community Mental Health Journal, Fall, No. 3, Vol. 3, 1967
 22. "Psychiatric Consultation with Community Physicians," (with Cathell, J) Hospital Topics, Vol. 44, No. 2, November, 1967
 23. "Impact on Hospitalization of Education to Community Physicians," (with Alltop, L and Cathell, J) N.C. Journal of Mental Health, Vol. 5, No. 4, Fall, 1967
 24. "A Systems Approach to Alcoholism Programming," (with Holder, H) American Journal of Psychiatry, 129:1, July, 1972
 25. "The Geographic Unit as a Phase in Merging Hospital and Community Programs," with Rollins, R. Hospital and Community Psychiatry, 25:6, June, 1974
 26. "Gaps in Psychiatric Linkages" in Delivering Mental Health Services, American Psychiatric Association publication. 1975
 27. "A Systems Approach to Mental Health Services Delivery". Ibid
 28. "A Model for a Mental Health Service Delivery System and a Discussion",

Ibid

29. "Solo Practitioners in a Group," Frontiers of Psychiatry, Roche Report, May, 1977
30. "The Future of the State Mental Hospital: Developing a Unified System of Care," Hospital and Community Psychiatry, Vol. 28, No. 8, August, 1977
31. "The Chronic Patient," American Psychiatric Association, 29th Institute on Hospital and Community Psychiatry, San Francisco, California, Program Committee, September, 1977
32. "Quality Amidst Constraints," Hospital and Community Psychiatry Journal, Vol. 29, No. 3, 1978
33. "President's Notes," N.C. Neuropsychiatric Association Newsletter, July, 1979
34. "President's Notes," N.C. Neuropsychiatric Association Newsletter, October, 1979
35. "President's Notes," N.C. Neuropsychiatric Association Newsletter, April, 1980
36. "Report to Mental Health Study Commission of the North Carolina Legislature," N.C. Neuropsychiatric Association Newsletter, April, 1980
37. "Annual Committee Reports - 1979-80," N.C. Neuropsychiatric Association Newsletter, July, 1980
38. "E.R.A. Position, Letter to the Editor," Psychiatric News, February 1, 1980
39. "A Systems Approach to Patient Care," Frontiers in Psychiatry, March 1, 1980
40. "A Systems Approach in North Carolina" in the Chronic Mentally Ill, ed. John A. Talbott, Human Sciences Press, 1981
41. "A Double Blind Study of Effect of Dothiepin Hydrochloride in Treatment of Major Depressive Disorder," Journal of Clinical Psychiatry, Vol. 45, No. 11, Nov. 1984
42. "Overlap Between Public Health and Private Physician," N.C. Medical Journal, Vol. 45, No. 11, November 1984
43. "Chronic Neck and Shoulder Pain," (with Grosshandler, SL; Toomey, TC; Gray, WF) Postgraduate Medicine, Vol. 77, No. 3, February 15, 1985
44. "Stress in the Physician's Family," North Carolina Family Physician, Vol. 37, No. 4, Fall, 1986
45. "Anxiety," Horizons, Fall/Winter, 1986
46. "Admission of Hypnosis-Induced Recollections Into Evidence," Introduction to Reiser Martin, American Journal of Forensic Psychiatry, Vol. VII, No. 1, 1986
47. "Stress and the Physicians Family," The Medical Graduate, Vol. 30, No. 3, Fall, 1987
48. "When a Doctor Needs a Doctor (In This Case A Psychiatrist)," Newsletter of the North Carolina Psychiatric Association, February, 1988
49. "Clinical Applications of Hypnotherapy," North Carolina Journal of Mental Health, Pg. 29, Vol. XI, No. 25, 1988
50. "The Person System," (Series) Triangle Singles Network, March 1991-January 1992
51. "Retiring Physicians," North Carolina Medical Journal, Pg. 151, Vol. 52, No. 4, April 1991
52. "Function of the Board of Medical Examiners of the State of North Carolina," (with Alexander, Jr., E, MD; Paris, Jr., BD) North Carolina Medical Journal, Pg. 11-12, Vol. 53, No. 1, January 1992

53. "Complaint Review Process of the Board of Medical Examiners," (with Paris, Jr., B) North Carolina Medical Journal, Pg. 15-16, Vol. 53, No. 1, January 1992
54. "NC Medical Society Meeting," North Carolina Psychiatric Association Newsletter, Pg. 9, December 1991
55. "Comment from the State Board of Medical Examiners," Letters to the Editor, North Carolina Medical Journal, Pg. 347, Vol. 52, No. 7
56. Sexual Misconduct and the Physician, American College of Legal Medicine, Washington, D.C., September 1992
57. "Mental Health Care Flaws," Raleigh News & Observer, October 18, 1992
57. "Stress and The Physician's Family," Newsletter North Carolina Physicians Health and Effectiveness Program, Spring 1993
59. Disciplinary Action By The North Carolina Medical Board, N.C. Medical Journal, 54:12, 1994
60. Review of Informal Interviews and Disciplinary Actions By The North Carolina Board of Medical Examiners, Federation Bulletin, The Journal of Medical Licensee and Discipline, Vol. 81, No. 1, 1994
61. Physician Exploration and Abuse of Patients, in Risk Management Effectiveness, ECU School of Medicine, 1994
62. Impaired Physicians Proceedings: First International Conference on Medical Licensee and Discipline, Washington, D.C., Vol. 2-4, 1994
63. A Systems Approach To The Female Alcoholic (with Hazen, C.D.) North Carolina Bar Quarterly, Spring, 1995
64. Report of the Ad Hoc Committee On Physician Impairment Policy Document of Federation of State Medical Boards of the United States, Co-author, March, 1995
65. Report on Sexual Boundary Issues, Ad Hoc Committee on Physician Impairment, Federation Bulletin, Vol. 82, November, 1995, pg. 208-216
66. The Contrast between Physicians Seen by the Medical Board and Those Seen in Private Practice, N.C. Med. J., July/August 1996, Vol. 57, No. 4
67. The Community Mental Health Clinic, A Free Psychiatric Clinic, The Wake County Physician, March/April 1997
68. Successful Partnerships, The Wake County Physician, August 1997
69. Success and Stress in Physicians, The Wake County Physician, January 1998
70. Biological, Psychological or Social? The Wake County Physician, Vol. 3, No. 1, 1999
71. The Doctor-Patient Relationship - Changing? The Wake County Physician, Vol. 4, No. 1, 2000
72. The Physician and Narcissism – The Wake County Physician, Vol. 4, No. 2, 2000 The Wake County Physician,
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76. Disaster and Sequelae, The Wake County Physician, Vol. 6, No. 4, 2001
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83. Sadness & Pain, Ibid, Vol. 8, No. 2, 2003
84. Adult Tasks of Living, Ibid, Vol. 8, No. 3, 2003
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88. Career Development, Ibid, Vol.9 No.3
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90. Love: One Another, Ibid, Vol. 9 No.5
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94. Maturity: A Beacon, Ibid, Vol. 10 No. 4
95. Vision, Ibid, Vol. 11 No.2
96. A General Systems Approach, Ibid, Vol. 11 No.4
97. More On Systems, Ibid, Vol. 12, No. 1
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100. Time-Continuous Yet Bidimensional, Wake County Physician, Vol.12, No. 3, 2007
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B. Articles - Position Papers, etc.

1. “Function and Policies of the Alcoholism Service at Dorothea Dix Hospital,”
(with Laczko, AL) 1966
2. “Continuing Education: The View from North Carolina,” U.S. Public Health
Service Annual Conference of the Surgeon General with State Mental
Health
Authorities, Washington, D.C., (by invitation) January 17, 1968
3. “Behavior Therapy,” March 1969

4. "Man System," September 1969
5. "Growth and Development of Mental Health Systems," September 1969
6. "Organization in Systems," September 1969
7. "A Systems Analysis Procedural Outline," September 1969
8. "A Systems Analysis Flow Chart," September 1969
9. "Drug Use, Abuse, Dependence," November 1969
10. "Organizational Development," March 1972
11. "Systems Approach to Development of Mental Retardation Services,"
October 1972
12. "Human Resources," December 1972
13. "The Informal Organization: Bane or Boom?," January 1973
14. "A Personal Credo," Fall, 1973
15. "Linkages," March 1973
16. "A Systems Approach to Mental Health Programming," January 1974
17. "Gaps: What Don't We Do?," August 1973
18. "The Future of State Mental Hospitals," (with Bernhardt, D and Elwell, R),
November 1973
19. "Future of State Hospital," (with Bernhardt, D and Elwell, R) for Director
National Institute of Mental Health, 1973
20. "Area Programs," The North Carolina Model (with Osberg, J and Rollins, L)
November 1973
21. "A Systems Approach to Psychotherapy," February 1978
22. "Relaxation Procedure," "Headache Procedure," "Body Inventory," "Sleep
Procedure," 1976
23. "A Program Overview," Holly Hill Hospital, September 1979
24. "Achieving an Integrated Service System," October 1979
25. "Strengths, Weaknesses of North Carolina Community Mental Health
Programs," November 1980
26. "Self and Stress Management," 1980
27. "Personal Management," 1981
28. "Priorities in Mental Health," North Carolina State Legislature, April 1985
29. "Dorothea Dix Hospital" *ibid*, 2001
30. "Discrimination of and in the Public Mental Health System, North Carolina
Psychiatric Association Newsletter, April 2001
31. "Volunteer Clinic in Raleigh Makes Impact Locally" NCPA News, Jan-Feb
2002

C. Major Professional Paper Presentations and Seminars:

1. "Psychological Aspects of Obesity," Board of Health, (by invitation),
February, 1965
2. "A Program for Treatment of Alcoholics in a State Hospital," Alcoholism
Conference with Community Physicians, (by invitation), 1966
3. "State Hospital Residency Programs: More Vital Than We Thought?," Panel
Presentation (with Greenblatt, M; Bay, AP; Ruilman, CJ), American
Psychiatric Association Annual Meeting, (by invitation) May, 1967

4. "Psychiatric Consultation," (with Cathell, J), N.C. Public Health Association Annual Meeting, Raleigh, (by invitation) October 4, 1967
5. "Continuing Education: The View from North Carolina," U.S. Public Health Service Annual Conference of the Surgeon General with State Mental Health Authorities, Washington, D.C., (by invitation), January 17, 1968
6. "Area and Regional Mental Health Programs," (with Osberg, JW and Rollins, RL), Mental Hospital Institute, Washington, D.C., (by invitation), October, 1968
7. "The Challenge for Tomorrow," Family Service and Mental Health Conference, (by invitation), February 14, 1969
8. "Community Mental Health Services," 12th Annual Meeting of the North Carolina Mental Health Association, (by invitation), March 14, 1969
9. "Comprehensive Mental Health Care," American Association of Medical Record Librarians Annual Meeting, Medical Record News, New York City, (by invitation), October 13, 1969
10. "Man--Action, Interaction, Response, Approach and Withdrawal," (with Holder, H) John Umstead Series of Distinguished Lectures, (by invitation), February 5, 1970
11. "Human Ecology and Special Education," 48th Annual International Council for Exceptional Children, Chicago, Illinois, April 24, 1970
12. "South Central Alcoholism Project--A Systems Approach," (with Holder, H) John Umstead Series of Distinguished Lectures, (by invitation)
13. "A Systems Approach to the Development of Alcoholism Programs," (with Holder, H) American Psychiatric Association Annual Meeting, May 1971
14. "Impact of Federal Legislation in Alcohol Programs," (with Fine, E; Chafetz, M; Holder, H; Rousch, W) American Public Health Association Annual Meeting, October, 1971
15. "Economics of Mental Health Care," Faculty, Institute of Hospital and Community Psychiatry, Miami, Florida, (by invitation), September, 1971
16. "Gaps: What Don't We Do," American Psychiatric Association 26th Institute on Hospital and Community Psychiatry, (by invitation), October 1, 1974
17. "Hypnosis in One Man's Practice," Advanced Seminars on Hypnosis, University of North Carolina, (by invitation), March, 1975
18. "A Systems Approach to Psychotherapy," University of North Carolina Department of Psychiatry and Dorothea Dix Hospital, (by invitation), February, 1976
19. "Quality Amidst Constraint," American Psychiatric Association, 30th Institute on Hospital and Community Psychiatry, Kansas City, Missouri, September, 1978
20. "The Chronic Patient: A Systems Approach in North Carolina," with Boyd, C, American Psychiatric Association Annual Meeting, Chicago, Illinois, May, 1979
21. "A Behavioral Approach to Stress," N.C. Mental Health Association, September, 1979

22. "Psychosomatic Medicine in Medical Practice," Medical Staff, Raleigh Community Hospital, Raleigh, North Carolina, September, 1979
23. "Achieving an Integrated Service System: Issues and Approaches," Statewide Conference of New York State Department of Mental Health Central Office Staff, Institutional Directors, Local Mental Health Directors, Grossinger's New York. (Keynote address, by invitation of the Commissioner of Mental Health), October 13, 1979 (also served as a resource person for two-day workshop and gave summary "Observations and Reflections")
24. "Biofeedback and Medicine," 5th District Medical Society, Southern Pines, North Carolina, (by invitation), November 28, 1979
25. "Coping With Stress," Association of American University Women, Meredith College, Raleigh, North Carolina, December, 1979
26. "The Person System," IBM Personal Development, Research Triangle Park, North Carolina, 1979, 1980, 1981, 1982, 1983, 1984, 1985, 1986
27. "Workshop on Stress," N.C. Association of Educators, NCAE Center, February, 1980
28. "Obesity: Causation," University of North Carolina, Wake AHEC, Raleigh, North Carolina, February, 1980
29. "Depression: What and So What?," Mental Health Association, Raleigh, North Carolina, March, 1980
30. "Pain Control," North Carolina Cancer's Spring Symposium, University of North Carolina, Wake AHEC, Raleigh, North Carolina, April, 1980
31. "The Person System," Presentation and Seminar for IBM, 1980-present
32. "Strengths and Weaknesses of North Carolina Mental Health System," North Carolina Mental Health Centers Association, Raleigh, North Carolina, October, 1980
33. "Stress and Classroom," North Carolina Classroom Teachers, Raleigh, North Carolina, February, 1981
34. "Behavioral Medicine," Grand Rounds, North Carolina Memorial Hospital, April, 1981
35. "Stress Management," Presentation and Seminar for IBM, 1981, 1982, 1983, 1984, 1985, 1986
36. "Hypnosis and Stress," North Carolina Society Clinical Hypnosis, Raleigh, North Carolina, May, 1981
37. "Hypnosis--A Natural State of Awareness," Mental Health Association, Raleigh, North Carolina, May, 1981
38. "Stress and Pain," Raleigh Community Hospital Medical Staff, September, 1981
39. "Stress and the Headache Patient," Medical Update, Burroughs-Wellcome, October, 1981
40. "Hypnosis: A Natural State," North Carolina State University Department of Psychology, Raleigh, North Carolina, October, 1981
41. "Stress Management," Wake Area Health Education Center, Raleigh, North Carolina, November, 1981
42. "Stress and the Physician's Family," Wake Medical Society, Raleigh, North Carolina, December, 1981

43. "Stress and the Dentist," Wake Dental Society, Raleigh, North Carolina, 1982
44. "Stress and the Physician's Family," Wake Medical Auxiliary, Raleigh, North Carolina, April, 1983
45. "A Systems Approach to Psychotherapy," North Carolina Psychiatric Association, October, 1983
46. "Personal Management," Capital City Club, January, 1983, Raleigh
47. "Intimacy," Fleming Center, Oasis, February, 1983
48. "Men and Their Feelings," Unitarian Fellowship, April, 1983
49. "Who's Taking Care of the Teachers?" North Carolina Association of Education, May, 1983
50. "The Person System," Health Promotion and Wellness Institute, 1983
51. "Multiple Sclerosis and Sexuality," North Carolina Multiple Sclerosis Foundation, January, 1984
52. "Men and Their Grief," Compassionate Friends, Raleigh, October, 1983
53. "Self-Management," IBM, December, 1983
54. "Stress Management," North Carolina Homebuilders Association, March, 1984
55. "Lasting Relationships," Singles of North Carolina, April 1984
56. "Medical Issues Relevant to Psychological Practices," Capitol Area Psychologists, May, 1984
57. "The Person System," North Carolina Health Promotion and Wellness Institute, June, 1984
58. "Fitness and Mental Health," North Carolina Governor's Institute on Fitness, December, 1984
59. "Self Hypnosis," Holistic Wellness Center, Raleigh, North Carolina, December, 1984
60. "Depression," Continuing Education Seminar for Physicians of North Carolina, February, 1985
61. "Anxiety," Continuing Education Seminary for Physicians of North Carolina, March, 1985
62. "Adolescence," Continuing Education Seminar for Physicians of North Carolina, March, 1985
63. "Psychological Aspects of Physical Medicine," Continuing Education Seminar for Physicians of North Carolina, April, 1985
64. "Grief" Continuing Education Seminar for Physicians of North Carolina, May, 1985
65. "Distance and Intimacy," Oasis of North Carolina, April, 1985
66. "Priorities in Mental Health," North Carolina State Legislature, April, 1985
67. "Stress Reduction and Accident Prevention," North Carolina Wellness Institute, Area Health Education Center, June, 1985
68. "Agoraphobia - Psychiatric Intervention," Phobia Society of North Carolina, July, 1985
69. "Personal Management," North Carolina Radiology Division Managers, February, 1984
70. "Stress Management," MI/Professional Management of Raleigh, Inc., Raleigh, North Carolina, February, 1986
71. "Personal Management," North Carolina Farm Bureau Insurance Company,

- Raleigh, North Carolina, June, 1986
72. "Physicians and Their Families, Dynamics, Problem and Recommendations," New Hanover Medical Society and Medical Auxiliary, March, 1986
 73. "Grief and Loss Counseling," North Carolina Ministerial Association, April, 1986
 74. "Grief and Loss," Compassionate Friends, April, 1986
 75. "Imagery in Lifestyle Change," North Carolina Wellness Institute, Meredith College, May, 1986
 76. "Pharmacology Treatment of Phobias," Triangle Phobia Society, May, 1986
 77. "Depression," WUNC Radio Station, July, 1986
 78. "Personal Management," Burroughs-Wellcome, Research Triangle Park, North Carolina, January, 1987
 79. "Territorial Issues in Personnel Management," Personnel Managers of North Carolina, March, 1987
 80. "Stress in the M.D. Family," University of Toronto, Faculty of Medicine, May, 1987
 81. "Psychological Intervention in Physical Illness," Holly Hill Hospital, May, 1987
 82. "Impotence: Impact of the Family and Individual," Wake Medical Center, July, 1987
 83. "Clinical Applications of Hypnotherapy," Grand Rounds, Holly Hill Hospital, March 30, 1988
 84. "Clinical Applications of Hypnotherapy," North Carolina Society of Clinical Hypnosis, August 24, 1988
 85. "Stress Management," Pest Controllers of North Carolina, January, 1989
 86. "Communications and Relationships," Oasis, June, 1989
 87. "Psychotherapy of Grief," Holly Hill Hospital, April, 1989
 88. "Guided Imagery," Association for Marriage Enrichment, September, 1989
 89. "Psychotherapy," Clinical Hypnosis Workshop, The American Society of Clinical Hypnosis, Faculty, Chapel Hill, North Carolina, October, 1990
 90. "Hypnosis and Dental Disorders," Clinical Hypnosis Workshop, The American Society of Clinical Hypnosis, Faculty, Chapel Hill, North Carolina, October, 1990
 91. "Depressive Disorders," Clinical Hypnosis Workshop, The American Society of Clinical Hypnosis, Faculty, Chapel Hill, North Carolina, October, 1990
 92. "Hypnosis and Problem Cases," Clinical Hypnosis Workshop, The American Society of Clinical Hypnosis, Faculty, Chapel Hill, North Carolina, October, 1990
 93. "Sexual Misconduct and The Physician," American College of Legal Medicine, Faculty, Washington, D.C., September, 1992
 94. Physician Exploitations and Abuse of Patients, N.C. State Medical Society Leadership Conference, February, 1993
 95. "All You Ever Wanted to Know About Sex And Your Patients," Greater Greensboro Medical Society, May, 1993
 96. "Physician Abuse of Patients," Greater Greensboro Medical Society, May,

1993

97. "Living With Cancer - Male and Female Perspective," September, 1994, Prostate Cancer Support Group
98. Impaired Physicians First International Conference on Medical Licensure/Registration and Discipline, May 2-4, 1994, Washington, D.C.
99. Physicians Exploitation of Patients Fifth Symposium on Ethics, East Carolina University, March, 1994
100. Physician Behavior, Duke University Medical Center Psychiatry Grand Rounds, February, 2000
101. Medical Errors –The Psychiatric Dimension, East Carolina University, 11th Symposium on Medicine and the Law, Sept 2000
102. Ethics in Psychiatry - an Overview,
103. Meet the Experts, N.C. Psychiatric Association Annual Meeting, Charleston, SC, Sept 2000
104. Your Colleague, Your Patient: Treating Fellow Physicians, N.C. Psychiatric Association Annual Meeting, Sunset Beach, N.C., Oct. 2003

D. Editorials

1. N.C. Journal of Mental Health, Associate Editor, 1965-1973
2. "The Unexamined Life is Not Worth Living," (editorial), N.C. Journal of Mental Health, Vol. 1, No. 3, Winter, 1965
3. "First Anniversary Reflections," (editorial), N.C. Journal of Mental Health, Vol. II, No. 1, 1966
4. "Rise and Decline of Psychiatric Enthusiasm," (editorial), (with Glueck, B), N.C. Journal of Mental Health, Vol. 2, No. 2, 1966
5. "Training of Nonpsychiatrist Physicians: Some Criteria," (editorial), The American Journal of Psychiatry, Vol. 125, No. 8, February, 1969
6. Radius, Contributing Editor, 2007 -

E. Brochures, Pamphlets

1. Residency Brochure, (with Vernon, C), Dorothea Dix Hospital, 1962
2. Residency Brochure, Dorothea Dix Hospital, 1964
3. You and Your Job, (with Adams, G), N.C. Department of Mental Health, 1965
4. The Institute of Human Ecology, (with Gregory, R), 1969
5. Board of Medical Examiners of North Carolina, 1993

F. Books

1. North Carolina Local Mental Health Programs--A Manual, A publication of N.C. State Department of Mental Health, November, 1968, Author
2. A Multi-Discipline Approach to Consultation--Education, N.C. Department of Mental Health and NIMH, August, 1969, Editor
3. Proceedings of the Eighth APA Colloquium for Postgraduate Teaching of

- Psychiatry, American Psychiatric Association, 1970, Editor
4. Regional Alcohol Systems Project, A publication of State of North Carolina Department of Mental Health, 5 volumes, 1970, Co-author
 5. Educational Evaluation: Problems, Issues and A System Solution, (with Gregory, R; Holder, H; Paul, J) A publication of the Institute of Human Ecology, 1970, Co-author
 6. Health Priorities for North Carolina, Recommendations of Governor's Advisory Council on Comprehensive Health Planning Sections, B, J, K, November, 1970, Co-author
 7. Report on State Government Reorganization, Submitted to Governor Robert Scott, A publication of the State of North Carolina, January, 1971, Co-author
 - 8, 9. Area Mental Health Programs--Handbook, A publication of N.C. Department of Mental Health, July and October, 1972, Co-author
 10. Development of Child Service System: A Community Orientation Handbook, (with Holder, H and Dixon, K), for Center for Child and Family Health Special Projects Division, NIMH, The Human Ecology Institute, June, 1974, Co-author
 11. Consultation-Education: Development and Evaluation, (with Vacher, C), Behavioral Publications, Human Sciences Press, New York, 1976, Co-author
 12. Psychiatric Mental Health Task Force Report, A publication of N.C. Medical Society and N.C. Nurses Association, Raleigh, North Carolina, June, 1976, Co-author
 13. NC State Department of Mental Health, A Case Study, In Progress
 14. Personal Management, In Progress

G. Chapters in Books

1. "Treatment of the Female Alcoholic," Manual for Social Workers, Department of Mental Health, 1965
2. "Training of Personnel," Mental Health in North Carolina, December, 1965
3. "Dimensions of Community Psychiatry," Chapter IV, The First Two Hundred Days, Ed. Assad Meymandi, Bynum Press, Raleigh, North Carolina, 1967
4. "Gasoline and Psychiatry," Proceedings of the Sixth American Psychiatric Association Colloquium for Postgraduate Teaching of Psychiatry, April, 1967
5. "The Female Alcoholic," Alcoholism and the Helping Professions, Ed. R. F. Buckley, University Extension, University of Wisconsin, 1967
6. "South Central Region," North Carolina Department of Mental Health Biennial Report, 1965-1967, August, 1968
7. "Gaps in Psychiatric Linkages," and
8. "A Systems Approach to Mental Health Delivery," and
9. "A Model for Mental Health Service Delivery Systems," Delivering Mental

Health Services: Needs, Priorities and Strategies, The American Psychiatric Association, 1975

10. "A Systems Approach in North Carolina," The Chronic Patient (with Boyd, C), Behavioral Publications, Human Sciences Press, New York, 1981
11. "Regionalization," The History of Mental Health in North Carolina (in preparation)
12. "Psychiatry - Physician Project," Continuing Education in Mental Health - Project Summaries, Pg. 36-39, Printed 1974

F. Book Reviews

1. "The Psychiatric Unit in a General Hospital," Book review, N.C. Journal of Mental Health, Vol. 1, No. 4, 1966
2. "Principles and Practices of Hypnoanalysis," Book review, N.C. Journal of Mental Health, Vol. 2, No. 2, 1966
3. "Living With An Alcoholic," Book review, Psychiatry and Medical Practice, November, 1967
4. "Planning Urban Health Services: From Jungle to System," Book review, Hospital and Community Psychiatry Journal, June, 1976
5. "Changing Patterns of Psychiatric Care," Book review, Journal of Hospital and Community Psychiatry, August, 1976
6. "Adherence, Compliance, Generalization in Behavioral Medicine," Book review, Contemporary Psychiatry, Vol. 2, No. 3, September, 1983
7. "The Psychiatric Persuasion: Knowledge, Gender, and Power in Modern America," Book review, Readings, 1997
8. "Handbook of Psychosomatic Medicine," Book review, Readings, 1998
9. "Diagnosis and Treatment of Substance Abuse Disorders" Book review, Amer Journal of Clinical Hypnosis, Vol. 49, No. 1, 2006