

Sara E. Rosenquist, Ph.D., ABPP

CURRICULUM VITA

Professional Employment

1993–present Private Practice Cary, Chapel Hill, and Raleigh NC

- Integrative practice with OB-GYN and urology physicians
- Strategic cognitive-behavioral therapy for adults
- Adjunctive use of motivational interviewing and behavioral activation
- Hypnosis for pain control and preparation for labor/delivery
- Evaluation and treatment of sexual trauma and dysfunctions
- Egg donor and surrogate evaluations for assisted reproductive technology
- Behavioral medicine and health psychology treatment and evaluation
- Pre-surgical evaluations and preparation for invasive procedures
- Hypnosis for pattern interruption, smoking cessation, and weight loss
- Marital therapy and couples communication training
- Divorce mediation and readjustment counseling
- Hispanic/Latino mental health (fully bilingual Spanish/English)
- TCK (third culture kids) and cross-cultural adjustment issues

1/1988–12/1993 University Of North Carolina Chapel Hill, NC

Clinical Assistant Professor, Department of Psychology

- Taught undergraduate courses in behavioral medicine and personality
- Supervised graduate students in Clinical Psychology

1/1988—12/1993 John Umstead Hospital Butner, NC

Program Coordinator, High Management Program

- Managed treatment unit of violent mental patients
- Coordinated multidisciplinary treatment program

7/1987—1/1988 Holly Hill Hospital Raleigh, NC

Staff Psychologist: Acute Treatment Unit

- Conducted group and individual psychotherapy
- Performed psychological evaluations.

Education

7/1986-6/1987	Duke University Medical Center Residency in Medical Psychology	Durham, NC
9/1979-7/1986	University of Kentucky Ph.D. in Clinical Psychology (APA approved) M.A. in Clinical Psychology (APA approved)	Lexington, KY
1/1976-5/1979	Duke University A.B., Psychology and English (various honors)	Durham, NC

Professional Licensure

Diplomate (Board Certified) in Clinical Health Psychology, ABPP
Licensed Practicing Psychologist #1381—NC Board of Psychology
Health Services Provider in Psychology—NC Board of Psychology
AASECT Certified Sex Therapist
ASCH Certified Consultant in Clinical Hypnosis

Professional Memberships

American Board of Professional Psychology (ABPP)
American Psychological Association (APA)
North Carolina Society of Clinical Hypnosis (NCSCH)
Carolinas Group Psychotherapy Society (CGPS)
National Register of Health Services Providers in Psychology
American Association of Sex Educators Counselors & Therapists (AASECT)
American Society of Clinical Hypnosis (ASCH)
International Society of Sexual Medicine (ISSM)
Sexual Medicine Society of North America (SMSNA)
International Society for The Study of Women's Sexual Health (ISSWSH)

Clinical Experience

1988—1993 Clinical Assistant Professor at UNC-Chapel Hill and Program Coordinator of High Management Unit, John Umstead Hospital, Butner, NC. Simultaneous.

Developed behavioral contingency programming for a unit of 37 severely and persistently mentally ill patients who were unmanageably aggressive or self-destructive.

Conducted staff education programs and supervised nursing and activity therapy staff in the implementation of behavioral programs.

Pioneered the implementation of Dialectical Behavior Therapy for Borderline Personality Disorder in the state hospital system (milieu, skills classes, individual therapy, and peer consultation).

Led various administrative and problem-solving team meetings and retreats for professional and paraprofessional staff.

Presented the programs and methods of the Management Unit to the Human Rights Committee.

Under my leadership, the Management Unit earned the distinction of being identified as *the unit with the least use of restrictive treatment (seclusion and restraint) in the entire state hospital system.*

Taught one undergraduate course, either Personality or Behavioral Medicine, per semester.

Supervised up to three graduate students per semester who were assigned two days per week to the Management Unit for clinical practicum. Served as supervisor for graduate clinical psychology assessment practicum.

1987—1988 Staff psychologist, Holly Hill Hospital, Raleigh, NC

Conducted interviews, performed personality, projective, intelligence, and neuropsychological evaluations and participated in treatment team.
Led group therapy and supervised nursing and social work staff who were co-leading the group therapy.

1986—1987 Predoctoral Residency, Behavioral Medicine Program, Duke University Medical Center

Psychodiagnostic Lab and Combined Medical Specialties Rotations. Conducted clinical interviews, interpreted psychological tests, and wrote psychodiagnostic evaluation reports for psychiatric and medical referrals. Conducted screening evaluations for patients awaiting penile implant, cardiac surgery, and other invasive medical procedures. Conducted neuropsychological evaluations.

Pain Management and Behavioral Physiology Rotations. Worked with hospitalized chronic pain patients. Conducted screening evaluations for biofeedback treatment clinic. Co-lead a behavioral group for chronic pain patients.

1985—1986 Assessment Consultant, Fayette County Public Schools, Lexington, KY

Conducted intellectual evaluations of public school students as part of the process for determining eligibility for special education programs.

1985—1986 Psychology Trainee, Graham B. Dimmic Child Guidance Services, Lexington, KY

Conducted intake interviews and psychotherapy with families and children.

1984—1985 Assessment Consultant, McGregor & Associates, Winchester, KY

Traveled to rural Appalachian school districts to conduct intellectual evaluations of public school students as part of the process for determining eligibility and placement in special education programs.

1980—1983 Psychology Trainee, Eastern State Hospital, Lexington, KY

Provided psychological assessment, individual and group psychotherapy to severely and persistently mentally ill patients on a rehabilitation unit and on a community transition unit. Participated in multidisciplinary treatment team. Helped implement behavioral contingency program.

Publications

- 2015 Rosenquist, Sara E. (manuscript in preparation). *In sickness and in health: Presurgical psychological evaluation of the prostate cancer patient.*
- 2015 Rosenquist, Sara E. (manuscript in preparation). *Men in transition: A review of the hormonal, emotional, and relational, aspects of men's experience of pregnancy and the postpartum.*
- 2014 APA Fact Sheet on [Perinatal Depression](#), American Psychological Association
- 2014 APA Fact Sheet on Sexual Dysfunctions, American Psychological Association
- 2013 Rosenquist, Sara E. (2013). *When the bough breaks: Rethinking treatment strategies for perinatal depression.* American Journal of Clinical Hypnosis, 55(3), 291-323.
- 2012 Rosenquist, Sara E. (2012). *Is oral sex really a dangerous carcinogen? Let's take a closer look.* The Journal of Sexual Medicine, 9(9), 2224-2232.
- 2010 After the Stork: The Couple's Guide to Preventing and Overcoming Postpartum Depression published by New Harbinger Press, October 2010
- 1982 Belmore, S., Yates, J., Bellack, D., Jones, S., and Rosenquist, S. (1982). *Drawing inferences from concrete and abstract sentences.* Journal of Verbal Learning and Verbal Behavior, 21, 338—351.

Invited Presentations

- 2014 Presenter: *Sex matters: Sex therapy, what is is and what it isn't.* Grand Rounds to the Department of Family Medicine, University of NC Medical School, April 30, 2014.
- 2014 Presenter: *When the bough breaks: Rethinking treatment strategies for postpartum depression.* Blue Ridge Chapter of the Virginia Society of Social Workers, Charlottesville, VA, April 19, 2014.
- 2012 Presenter: *Behind the curtain: A peek into the sexual lives of urology patients.* Southeastern conference of the Society of Urology Nurses and Associates, Wilmington, NC September 8, 2012
- 2011 Presenter: 11th Biennial Congress of the Latin American Society for Sexual Medicine, Buenos Aires Argentina, September 8-11, 2011 proceedings published in the Journal of Sexual Medicine (2012), 9, 67-91
- 2011 Presenter: *Postnatal depression in men.* First World Congress of Obstetrics, Gynaecology, and Andrology presented by the British Society of Psychosomatic Obstetrics, Gynaecology, and Andrology. London, March 22, 2011

- 2010 Presenter: *After the Stork: Negotiating the transition to parenthood*. Philadelphia Family Pride Conference, Bryn Mawr School of Social Work and Social Research. Philadelphia, October 16, 2010.
- 2009 Presenter: Postpartum Sexuality. Evidence-Based Pregnancy, Birth and Postpartum Care, 2nd Annual Science Behind the Art of Maternity Care Conference. Chapel Hill, March 25, 2009
- 2007 Presenter: *Empty Cradle, Aching Heart—treating the emotional, relational, and sexual sides of infertility*. North Carolina Psychological Association Spring Conference. Workshop offering qualifies for 3 hours of NCPA sponsored continuing education credits. Chapel Hill
- 2004 Presenter: *Practical Stress Reduction Techniques for Pregnant and Not-Yet Pregnant Women*. Changing the face of Prematurity: A Women's Health Perspective. UNC-Greensboro, Elliott University Center. Symposium sponsored by the March of Dimes.
- 2000 Presenter: *"Third Culture Kids:" The Benefits and Challenges of Growing up Between Worlds*. Cultural Competence: Making It Happen a conference of the Jordan School of Social Work, UNC-Chapel Hill held at the Sheraton Imperial RTP.
- 1993 Panel Member: *Dialectical Behavior Therapy for Borderline Personality Disorder: An Inpatient implementation*. Presented at the First Annual Psychosocial Rehabilitation Conference held at John Umstead Hospital, Butner, NC.
- 1991 Rosenquist, S., and Wilson, J. (1991, March). *Depression in Couples during and after pregnancy*. Poster presented at the Twelfth Annual Scientific Sessions of the Society of Behavioral Medicine, Washington, D.C.

Book and Article Reviews

- 2010 Leiblum, S. R. (Ed.). (2010). Treating Sexual Desire Disorders: A Clinical Casebook. New York: Guilford Press.

Professional Boards, Committees, Council and Review Activities

- 2009-present American Board of Clinical Health Psychology Credential Reviewer
- 2014 Manuscript Reviewer British Journal of Cancer
- 2014 Manuscript Reviewer Journal of Gay & Lesbian Mental Health

Grants and Honors

- 1990—1991 NC DHR grant #90S17 for project entitled *Perceived changes in ward atmosphere after implementation of psychosocial rehabilitation*.
- 1985—1986 NIMH Traineeship #MH15730 in Medical Behavioral Science for dissertation research.

Teaching experience

- 1989—1993 Psychology 28, Personality, University of North Carolina at Chapel Hill.
- 1991—1993 Psychology 145, Behavioral Medicine, University of North Carolina at Chapel Hill.
- 1983 Psychology 539, Interpersonal Dynamics, University of Kentucky.
- 1984 Psychology 532, Theories of Personality, University of Kentucky.