
Dr. Matthew Mendel

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LICENSURE

Licensed Psychologist, State of North Carolina.

License Number: 2156, Expiration Date: 10/01/2008

Tax ID: 94-3428985

National provider ID: 149797062

EDUCATION

Ph.D. in Clinical Psychology (1992) University of Michigan

- ▶ Dissertation: The Impact of Sexual Abuse Upon Males

M.A. in Clinical Psychology (1989) University of Michigan

- ▶ Masters Thesis: The Assessment of Capacity for Emotional Investment in Relationships and Moral Standards Using TAT and Interview Data

A.B. Cum Laude (1984) Princeton University

- ▶ Thesis: The Appeal of Cults

PROFESSIONAL EXPERIENCE

Psychologist (2001 – current)

Private Practice (Matthew Mendel, PhD, P.C.)

Owner, Mendel Psychological Associates

Psychological assessment and therapy. Clinical work with children, families, and adults. Individual, family and group psychotherapy. Psychoeducational assessments including evaluations of intellectual functioning, academic achievement, Learning Disabilities, and Attention Deficit-Hyperactivity Disorder. Children's social skills groups. Dialectical-Behavioral group skills training. Specialties include work with children of divorce, anxiety disorders, childhood depression and obsessive-compulsive disorder, treatment of children and adolescents with Aspergers Disorder or High-Functioning Autism, and work with adult men with histories of childhood sexual abuse.

Forensic Psychological Evaluations (1997 – current)

Private Practice (Matthew Mendel, PhD, P.C.)

Evaluation of men in civil and criminal cases. Primary focus of evaluations is the impact of childhood trauma, particularly sexual abuse, upon later functioning. Evaluation of defendants in capital cases regarding potential mitigating factors. Evaluations in capital cases conducted in the states of North Carolina, South Carolina, Arizona, Illinois, Mississippi, Virginia, Maryland, and California, and in Federal jurisdiction.

Psychologist (1995—2001)

Silber Psychological Services, P.A., Raleigh, NC

Psychological assessment and therapy. Clinical work with children, families, and adults. Group therapy with children and

adolescents.

Associate Clinical Manager (1994)

Psychological Health Systems, P.C., Lansing, MI

Clinical management of psychologists and social workers through assignment of psychotherapy cases, review of treatment, monitoring of utilization of services, and consultation.

Psychologist (1992 -1995)

Psychological Health Systems, P.C., Lansing, MI

Psychological assessments and short-term psychotherapy in outpatient clinic. Clinical work includes individual adult psychotherapy, parent guidance, child therapy, and family therapy. Area of specialization is child and family psychotherapy.

Visiting Assistant Professor (1992 – 1994)

Michigan State University, East Lansing, MI

Clinical supervision of child-track students in Clinical Psychology doctoral program. Supervision of assessment and treatment of child and family cases in practicum placement.

Psychological Intern and Fellow (1990 – 1991)

Sadye Harwick Power Program for Children and Families Under Stress, University of Michigan, Ann Arbor, MI

Clinical fellowship focusing upon families in which the parents have divorced or a parent has died. Clinical intervention consisting primarily of short-term work with children and families aimed at helping them to cope with and to work through the trauma. Evaluation and treatment, including individual child work, parent guidance, family treatment, group work with children, and parental support groups. Educational seminar on loss, divorce, and bereavement.

Psychological Consultant (1990 – 1991)

Arbor Hospice-Personalized Nursing Service, Ann Arbor, MI

In-home psychological evaluation and treatment of terminally ill patients and their families. Focus on children's adjustment to parental illness and death.

Psychological Consultant (1990 – 1991)

Family Assessment Clinic, University of Michigan, Ann Arbor, MI

Psychological testing of parents and children referred for evaluation following allegations of child abuse or neglect. Participation in interdisciplinary consultation team to determine placement of children.

Men's Group Facilitator (1990)

Touchstone, Washtenaw County Community Mental Health, Ann Arbor, MI

Facilitation of self-help group for male survivors of sexual child abuse.

Bereavement Group Facilitator (1990)

Arbor Hospice, Ann Arbor, MI

Leader of groups for children who have lost a parent. Co-leading of groups for elementary school-age children. Groups aimed at helping children express feelings related to the loss and develop effective strategies for dealing with the trauma.

Groups led under the auspices of Arbor Hospice and through the University Center for the Child and the Family.

Psychology Intern (1989 – 1990)

University of Michigan, Psychological Clinic, Ann Arbor, MI

Evaluation and treatment of adult outpatients in individual psychoanalytic psychotherapy. Clientele ranging from high-functioning neurotics to people with severe personality disorders. Individual and group supervision, weekly case and consultation conferences, and educational seminar on psychoanalytic technique. Opportunity for long-term work with individual adults provided through post internship, in which interns continue treatment of clients after completion of internship.

Child Abuse Fellow (1988 – 1989)

Interdisciplinary Training Program on Child Abuse and Neglect, University of Michigan, Ann Arbor, MI

Interdisciplinary program bringing together professionals and students from the fields of Psychology, Psychiatry, Social Work, Social Services, Pediatrics and Law, with a common interest in the area of child maltreatment. Weekly meetings and group projects. Participation in the Child Advocacy Fellowship, including co-authorship of a proposal for establishing a statewide child advocacy office and setting standards for representing a child.

Psychology Intern (1988 – 1989)

University of Michigan Center for the Child and the Family, Ann Arbor, MI

Internship affiliated with the Interdisciplinary Training Program in Child Abuse and Neglect. Clinical activities under the auspices of the University Center for the Child and the Family. Family-systems and psychoanalytically informed treatment in various modalities, including individual treatment of children and adolescents, family therapy, and couples therapy. Focus upon individuals and families who have experienced abuse or neglect. Psychological assessment and testing also provided. Individual and group supervision, weekly case and consultation conferences, and educational seminar on child and family treatment.

Psychology Intern (1987 – 1988)

Day Treatment Program, University of Michigan Hospitals, Ann Arbor, MI

Provide therapy to young children both in milieu setting and on an outpatient basis. Psychoanalytically oriented play therapy with children, parent guidance work, conjoint therapy with children and parents, psychological assessment and testing, and work with members of a interdisciplinary team. Two weekly team meetings, individual supervision in both therapy and assessment, and educational seminars on treatment related issues.

Group Facilitator for Children of Divorce (1987 – 1989)

Family Styles Project, University of Michigan, Ann Arbor, MI

Lead weekly groups for children of divorce using displacement and interpretative techniques. Conduct groups for early elementary school-age children (ages 6-8), junior high school students (ages 12-14), and high school students (ages 14-16) in the public schools. Development of interventions for use with these groups. Participation in weekly project meetings. Facilitation of educational meetings with parents.

Teacher-Counselor (1985 – 1986)

Devereux Foundation, Residential Treatment Center for Emotionally Disturbed Adolescents, Santa Barbara, CA

Facilitation of activities for emotionally disturbed adolescents. Development and administration of behavioral modification

program. Participation in interdisciplinary team planning meetings.

Careworker (1981 – 1982)

Eden Institute for Autistic Children, Princeton, NJ

One-to-one careworker for eight-year-old autistic boy in a behaviorally oriented institute.

PUBLICATIONS

- ▶ Mendel, M. (submitted for publication). Male survivors of childhood sexual abuse. In Conte, J. (Ed.) Handbook of trauma and abuse.
- ▶ Mendel, M. (2004). Kidstuff: Working your way to a child-friendly divorce. In Families of transition: A guide to surviving divorce. Raleigh, NC: Rosen Divorce
- ▶ Morrell, B., Mendel, M.P., & Fischer, L. (2001). Object relations disturbances in sexually abused males. Journal of Interpersonal Violence, 16N9.
- ▶ Mendel, M.P. (1999) Book Review: William N. Friedrich's Psychotherapy with sexually abused boys: An integrated approach. Journal of Interpersonal Violence.
- ▶ Mendel, M.P. (1995). The male survivor. Newbury Park, CA: Sage Publications.
- ▶ Brodfeld, P., Kalter, N., Dunning, S., Chasin, J., Drasin, R., Lohnes, K., Rowan, J., Lakin, M., Mendel, M.P., & Timony, M. (1994). The parentally bereaved child: A leader's guide to time-limited developmental facilitation groups for elementary school-age children. Ann Arbor, MI: Arbor Hospice and Neil Kalter, Ph.D.
- ▶ Mendel, M.P. (1993). Issues of particular salience to male survivors of childhood sexual abuse. Family Violence and Sexual Assault Bulletin, 9, 23-27.
- ▶ Mendel, M.P. (1993). Parental fighting and children's coping. In N. Kalter (Ed.), Time-limited developmental facilitation groups for children of divorce: Junior high school manual. Ann Arbor, MI: Neil Kalter & Associates.
- ▶ Leigh, J., Westen, D., Barends, A., Mendel, M.J., & Byers, S. (1992). The assessment of complexity of representations of people using TAT and interview data. Journal of Personality, 60, 809-837.
- ▶ Mendel, M.P. (1992). The impact of sexual abuse upon males. Doctoral dissertation. Ann Arbor, MI: University Microfilms International. Read, A.E., Pratt, M.E., Mendel, M.J., Kleis-Miller, M., Churchill, S. R., & Duquette, D.N. (1990). Proposal for legislation establishing a statewide child advocacy office and setting standards for representing the child. In D. Duquette (Ed.), Advocating for the child in protection proceedings. Lexington, MA: Lexington Books.
- ▶ Mendel, M.J. (1988). Introduction to the group and drawing of family pictures. In N. Kalter (Ed.), Timelimited developmental facilitation groups for children of divorce: Early elementary school manual. Ann Arbor, MI: Neil Kalter & Associates.
- ▶ Anonymous peer review of journal articles on sexual abuse

PRESENTATIONS

February 2005 *The Impact of Sexual Abuse Upon Males.*

Invited presentation as part of panel entitled Sexual Abuse of our Clients when they were Young, California Attorneys for Criminal Justice/ California Public Defenders Association Capital Case Defense Seminar, Executing Justice Not People.

August 2004 *Working with Male Victims*

Presented at Workshop for Sexual Assault Prevention Trainers, Raleigh, NC

April 2004 *College Students with ADHD*

Presented at Annual Timothy Burnett Conference on Learning Disabilities, University of North Carolina, Chapel Hill

September 2003 *Issues of Particular Salience to Male Survivors of Childhood Sexual Abuse*

Presented at Conference of the North Carolina Coalition Against Sexual Assault, Durham, NC

April 2001 *Creative Approaches to Children & Families of Divorce*

Presented at Annual Conference of the North Carolina Psychological Association

March 2001 *Helping Children Cope with Divorce*

Presented at White Memorial Church, Raleigh, NC

Dec. 1998 *Stresses on Families with ADHD children*

Presented at CHADD meeting, Raleigh, NC

Apr. 1998 *Attention Deficit Hyperactivity Disorder*

Presented at White Plains Methodist Church Parents' Meeting, Cary, NC

Oct. 1997 *Clinical Work with Male Survivors of Childhood Sexual Abuse*

Presented at Psychiatric Solutions, Inc., Raleigh, NC

May 1997 *Clinical Work with Male Survivors of Childhood Sexual Abuse*

Presented at Annual Conference of the North Carolina Psychological Association

Apr. 1997 *The Effects of Trauma*

Presented at Conference on Mental Retardation, Mental Illness, and the Death Penalty, North Carolina Central University School of Law, Durham, NC

Nov. 1996 *Clinical Work with Male Survivors of Childhood Sexual Abuse*

Presented at National Association of Social Workers Meeting, Raleigh, NC

May 1996 *Masculinity and Victimization*

Presented at Durham & Orange County Men's Center, Durham, NC

March 1996 *Masculinity and Victimization*

Presented at Wake County Men's Center, Raleigh, NC

Aug. 1994 *Relationship Between Child Sexual-Abuse Characteristics and Adult Psychosocial Functioning*

Presented at Annual Convention of the American Psychological Association, Los Angeles, CA.

Nov. 1992 *The Use of Psychological Assessments and Treatment Plans*

Presented at Conference on Attorney Representation in Child Protection Proceedings, East Lansing, MI

Oct. 1992 *Understanding the Experience of Male Survivors of Sexual Abuse*

Presented at Michigan Statewide Conference on Child Abuse and Neglect: Ann Arbor, MI.

Aug. 1992 Issues of Particular Salience to Male Survivors of Childhood Sexual Abuse

Presented at Annual Convention of the American Psychological Association Washington, D.C.

1990 Guest Lectures on child sexual abuse

Project Outreach, Psychology 201 (November), University of Michigan

Marriage and the Family, Psychology 385 (June), University of Michigan

RESEARCH

- 1990 – 1992 The Impact of Sexual Abuse Upon Males
Dissertation
University of Michigan
Chair: Eric Bermann, Ph.D.
Assessment of the long-term effects of sexual abuse upon male survivors. Male survivors of sexual abuse complete questionnaires regarding their abuse experiences and current functioning. Study explores issues of particular salience to male survivors. Major aim of study is to facilitate more effective intervention with boy victims and adult male survivors of sexual abuse.
- 1990 – 1991 Sadye Harwick Power Program for Children and Families Under Stress
University of Michigan
Co-Chairs: Eric Bermann, Ph.D. & Neil Kalter, Ph.D.
Development of interventions for use in groups with children who have had a parent die. Co-authorship of manual for group intervention with bereaved children.
- 1988 – 1989 Attachment Through the Life-Span
Prelim (Program of Advanced Study)
University of Michigan
Chair: Drew Westen, Ph.D.
Exploration of the various manifestations of the attachment paradigm beyond the domain of infancy. Examination of attachment in childhood, adolescence, and adulthood.
- 1987 – 1989 The Assessment of Capacity for Emotional Investment in Relationships and Moral Standards Using TAT and Interview Data
Masters' Thesis, University of Michigan
Chair: Drew Westen, Ph.D.
Development of scales for assessing various aspects of object relations. Masters' Thesis focusing on the validation of a scale for the assessment of capacity for emotional investment in relationships and in moral standards.
- 1987 - 1989 Family Styles Project
Department of Psychology, University of Michigan
Chair: Neil Kalter, Ph.D.
Development of interventions for use in groups for children of divorce. Participation in the construction of manuals for Early Elementary and Junior High School groups. Authorship of a chapter in each manual.
- 1984 The Appeal of Cults
Senior Thesis, Awarded Senior Thesis Prize
Department of Psychology
Princeton University

1983 Advisor: Susan Darley, Ph.D.
The Hypnagogic State: A Critical Review of the Literature
Junior Paper
Department of Psychology
Princeton University
Advisor: Julian Jaynes, Ph.D.

TEACHING

1988 - 1990 Graduate Teaching Assistant

Project Outreach, Psychology 201, University of Michigan, Professor: Jerry Miller, Ph.D.

Instructor for Mental Illness section of undergraduate lab course in Psychology Department. Arrangement and facilitation of student work at inpatient and outpatient mental health settings; coordination of guest lecture series; lectures on the mental health system and its history; training of undergraduates who participate in and lead visits to the various mental health settings; and evaluation of students' performance.

PROFESSIONAL MEMBERSHIPS

- ▶ American Psychological Association (APA)
- ▶ APA Division 41, American Psychology-Law Society
- ▶ North Carolina Psychological Association (NCPA)
- ▶ NCPA Division of Professional Practice
- ▶ Triangle Child and Adolescent Resources
- ▶ Carolinas Group Psychotherapy Society
- ▶ National Association of Sentencing Advocates and Mitigation Specialists

COMMITTEES

1996-1998 North Carolina Psychological Foundation Public Relations Committee
Head of NCPF Speakers' Bureau

HONORS & AWARDS

- ▶ 1990 - 1992 Psychology Department Associate: Elected position conferring status of faculty
- ▶ 1990 - 1991 Sadye Harwick Power Fellowship: For work with children and families under stress University of Michigan
- ▶ 1986 - 1990 Regents Fellowship, University of Michigan
- ▶ May 1984 Graduated Cum Laude, Princeton University
- ▶ May 1984 Senior Thesis Prize: The Appeal of Cults, Department of Psychology, Princeton University
- ▶ 1980 - 1984 National Merit Scholar