

John Henry Blackshear, Ph.D.

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EDUCATION

- Completed 2001* Ph.D. -Clinical Psychology, Georgia State University - *APA Accredited*
Dissertation Title: What Is Aggressive? When Is It Justified? Attitudes Among U.S. And Foreign-Born Adolescents
- Completed 1995* Master of Science-Community Psychology, Florida A&M University -*APA Accredited*
The Impact of Lifestyle, Personality, Culture and Anger on Perceived Stress
- Completed 1993* Bachelor of Science-Psychology, Florida A&M University - *APA Accredited*

CLINICAL EXPERIENCE

- 2005-Present* ***Duke University, Academic Resource Center, Durham, North Carolina***
- Clinical Director of the Academic Resource Center: Coordinate services for students diagnosed with or suspected of having learning and/or attention deficit disorders as well as those diagnosed with or suspected of having psychiatric disorders.
 - Advisor to: Black Male Outreach Program, Mental Health Peer Education Group, & Active Minds.
 - Triage students referred because of their failing academic status and/or those suffering acute psychological distress as a part of the university's early alert system.
 - Coordinate academic and other university resources as support for triaged students.
- 2005-Present* ***Blackshear & Blackshear Clinical Services, Private Practice, Raleigh, North Carolina***
- Proprietor of agency providing a full range of psychological services (such as assessment, coaching, psychotherapy, and general counseling) to families, couples, individuals and groups of varied cultural and ethnic backgrounds.
 - Serve as an expert witness (for the Center for Death Penalty Litigation and numerous private attorneys) in legal cases throughout the state of North Carolina.
- 2008-Present* ***Engaging Students to Achieve (ESA), Harriet B. Webster Task Force, Raleigh, North Carolina***
- Conduct group psychotherapy middle school adolescents, enrolled in the Wake County Public Schools, participating in the ESA academic tutorial program.
- 2007-Present* ***Duke University, Student Ombudsman, Durham, North Carolina***
- Serve the University as an Ombudsman assisting students, faculty, and staff in alternative dispute resolution via confidential, independent, and impartial on-call support.
- 2006-Present* ***Carolina House Residential Treatment Center for Women with Eating Disorder, Durham, North Carolina***
- Facilitate the Interpersonal Effectiveness Psychotherapy Group for residence being treated for a range of eating disorders and body image issues.
- 2003-Present* ***Students OnLine For Success/Serving Our Communities, Harriet B. Webster Task Force, Raleigh, North Carolina***
- Conduct group psychotherapy for at-risk adolescents on long-term suspension from the Wake County Public School System.
- 2006-2008* ***Therapeutic Strategies Community Based Mental Services, Garner, North Carolina***

- Served as Clinical Director overseeing psychological diagnostic assessments, psychotherapy, and professional development training for clinical staff.
- Conducted psychological assessments and psychotherapy for clients, from various ethnic/cultural backgrounds, whose needs ranged from moderate psychological distress to severe mental illness.
- Supervised clinical and community support staff.

2001-2007

Duke University, Counseling and Psychological Services, Durham, North Carolina

- Employed as a clinical psychologist conducting individual, couples, family, and group psychotherapy with U.S. and Foreign-born students of various cultural/ethnic backgrounds and sexual orientations.
- Facilitated campus outreach programs for students and annual refresher training groups for faculty/staff.
- Facilitated substance abuse education, prevention, and treatment targeting individuals and student groups, ranging from athletic teams to Greek organizations.
- Assisted in the development substance abuse programs for CAPS and the Student Affairs Department.
- Former instructor for freshman philosophy seminar PHY49S.02, Ethics, Morals and Meanings of Life.

2000-2001

Pre-Doctoral Internship, Federal Medical Center-Lexington, Kentucky, United States Bureau of Prisons - APA Accredited,

General Clinical Rotation,

- Served as a general housing and special housing unit psychotherapist conducting individual therapy.
- Conducted psychosocial educational groups (Anger Management and Communication Skills Enhancement).
- Conducted crisis intervention, suicide risk assessment, sexual offender assessment and screening, psychology intake screening, case management, medical and psychiatric consultation, psychological assessment, case presentations.

Drug Addiction Program Rotation,

- Co-facilitated Phase I, II, and III classes for the residential drug treatment program, which utilized the Therapeutic Community drug treatment model.
- Co-facilitated the Lifestyle Changes specialty group.
- Served as psychotherapist for individuals and small therapeutic groups.
- Acted as advisor for the Mentor Group. This group was responsible for assisting individuals experiencing personal and scholastic difficulty.

University Of Kentucky Counseling and Testing Center,

- Conducted individual and couples psychotherapy, assertiveness training, and anger management with domestic and international college students.

1999-2000

Rockdale Mental Health Center, GRN Community Service Board, Conyers, Georgia,

- Employed as a master's level child and adolescent clinician.
- Facilitated adult, child and adolescent anger management groups and co-facilitated child and adolescent alcohol and other drugs recovery program.
- Conducted intake interviews, on-call crisis management, diagnostic assessments, individual, family and group therapy.

1997-2000

Psychology Clinic, Georgia State University, Atlanta, Georgia.

- Received training as an individual psychotherapist working with adults, children and adolescents.
- Also served as a couples and family psychotherapist using various therapeutic techniques as they apply (Behavior, Cognitive-Behavior, Systemic, Existential, Psychodynamic, Cultural Competency, etc.).

1996-1998

Drug Education Program, United States Federal Probation Department, Atlanta, Georgia,

- Co-facilitated substance abuse psycho educational group focusing on chemical dependence,

relapse prevention, and recovery.

1997-1998

Regent's Center for Learning Disabilities, Georgia State University, Atlanta, Georgia,

- Conducted clinical interviews, administered intelligence assessments (Wechsler Adult Intelligence Scale-Revised) and achievement assessments (Woodcock Johnson).

1993-1995

Kids In-home Intervention and Diagnostic Services, Tallahassee, Florida,

- Constructed and implemented in-home behavior modification programs to reduce and prevent maladaptive child behavior.
- Also facilitated enhanced parenting skills programs to aid parents in coping with problem child behaviors.

TEACHING EXPERIENCE

- 2003-present **Instructor, Duke University, Durham, North Carolina,**
- PSY 270S, Forensic Psychology Seminar
 - Instructor for PHY49S.02, Ethics, Morals, and Meanings of Life.
- 2003-2007 **Instructor, Shaw University, Raleigh, North Carolina,**
- Instructor for PSY 310, Experimental Psychology.
 - Instructor for PSY 352, Seminar in Psychotherapy.
 - Instructor for PSY 470, History of Psychology
 - Instructor for SOC 341, Social Psychology
- 2002 **Assistant Instructor, Duke University, Durham, North Carolina,**
- Assistant Instructor for PHY49S.02, Ethics, Morals, and Meanings of Life.
- 1998-2000 **Graduate Teaching Assistant, Georgia State University, Atlanta, Georgia,**
- Instructor for Psychology 2103, Human Development: Family Issues and the Individual.
 - Instructor for Psychology 3140, Abnormal Psychology.
 - Instructor for Psychology 3110, The Psychology of Interpersonal Behavior.
- 1998-1998 **Graduate Lab Assistant, Graduate Assessment Sequence, Georgia State University, Atlanta, Georgia,**
- Responsibilities included assisting the professor during lectures and labs as well as supervising graduate students on administering, scoring, and interpreting assessment batteries.
- 1996-1998 **Graduate Lab Assistant, Graduate Level Multiple Regression (psy842) & ANOVA (psy841), Georgia State University, Atlanta, Georgia,**
- Major responsibilities included assisting the professor during lectures and labs, grading exams, and conducting tutorials.

RESEARCH EXPERIENCE

- 2001 **Dissertation: Attitudes of Adolescents Regarding Violent Reactive Aggression and Justified Aggression. Georgia State University, Atlanta, Georgia.**
- 1995-2000 **Graduate Research Assistant, Young African American Men's Project, Georgia State University, Atlanta, Georgia,**
- Primary responsibilities were to conduct field interviews, code and summarize interview transcripts, implement and supervise community interventions as well as performed interpretive analyses on other concurrent research projects.
- 1998-1999 **Fatherhood Initiative Program Evaluation, Child Support Enforcement Agency & Georgia State University, Atlanta, Georgia,**
- Responsibilities included conducting focus groups and collecting research data in Albany, Atlanta, and Dublin, Georgia.
 - Other responsibilities included qualitative data analysis and report writing for publication.
- 1996 **Statistical Consultant, Minority Institutions Research Development Program, Morehouse College, Atlanta, Georgia,**
- Responsibilities included organization and statistical analyses of research data.
- 1995 **Master's Thesis: The Effects of Perceived Stress, Culture, and Personality on Lifestyle, Quality of Life, and Grade Point Average for African American College Students. Florida A&M University, Tallahassee, Florida.**

1994-1995

***Research Technician, Minority Institutions Research Development Program,
Florida A&M University, Tallahassee, Florida,***

- Position responsibilities included supervision, coordination, and statistical analyses of research conducted. Also designed assessments and managed research/computer lab.

PUBLICATIONS AND PROFESSIONAL PRESENTATIONS

Blackshear, J.H. (2008, October). Effective Treatment Planning with Community-Based Mental Health Populations. Presented as a part of a training series for community-based mental health professionals in Wake County, NC.

Blackshear, J.H. (2007, November). How to Deal With Difficult People. Presented at the annual meeting of the Association Proposal Management Professionals, Atlanta, GA.

Blackshear, J.H. (2007, May). Effective Clinical Diagnoses Using the DSM-IV-TR. Presented to the clinical staff of Therapeutic Strategies, Garner, GA.

Blackshear, J.H. (2006, November). How to Deal With Difficult People. Presented at the annual meeting of the Association Proposal Management Professionals, Atlanta, GA.

Blackshear, J.H. (2005, May). How to Deal With Difficult People. Presented at the quarterly meeting of the Association Proposal Management Professionals, Durham, NC.

Blackshear, J.H. (2005, March). Conflict Resolution. Presented at the Alpha Phi Omega Southeast Regional Conference, Duke University, Durham, NC.

Blackshear, J.H. (2003, July). Race, Gender, Culture, and Identity Development. Facilitator of the Annual Teleconference for the Minority Medical Education Program: Duke University and Case Western Reserve University School of Medicine, Durham, NC

Peterson, J., Blackshear, J., Bakeman, R., & Stokes, J. (2004). Attitudes about condoms among African American men who have sex with men. Culture, Health, & Sexuality: an International Journal for Research, Intervention, and Care. London, UK.

Blackshear, J. H. (2000, December). Ways to Identify and Respond Effectively to Psychotherapy Group Members with Severe Psychological Disorders. Presented at the annual training for Unit Staff Counselors, Federal Medical Center, Lexington, KY.

Blackshear, J. H. (2000, December). Treatment and Psychosocial Rehabilitation Issues for Schizophrenic Inmates Ending Long-Term Prison Sentences. Presented as part of the 2000 Intern Case Presentation Series, Federal Medical Center, Lexington, KY.

Blackshear, J. H. (2000, November). Communication Skills: Effective Ways of Interacting with Difficult and Negative People. Presented as part of the 2000 Medical Department's Nursing Staff Development Training, Federal Medical Center, Lexington, KY.

Blackshear, J. H. (2000, October). Suicide Risk Assessment for Inmates with Psychological Disorders. Presented at the annual training for Inmate Cadres for Suicide Watch, Federal Medical Center, Lexington, KY.

Blackshear, J. H. (1999, September & October). Anger, Aggression, and Anger Management. Presented as part of the 1999 Rockdale County Sheriff's Department Staff Development Series, Conyers, GA.

Blackshear, J. H. (1999, June). Stress Management at Home and Work. Presented to Behavior Aides at the Rockdale County Mental Health Center, Conyers, GA.

Blackshear, J. H. & Glickauf-Hughes, C. (1998, November). Successful Psychotherapy and Termination: A Trainee's Story. Presented at the Student Case Conference Series of the GSU Psychology Clinic, Georgia State University, Atlanta, GA.

Wing, D., Blackshear, J. H., Ngyuen, C., Chin, C., & Burgest, P. (1998, May). Substance Abuse Treatment for a Forensic Population. Presented at the annual meeting of the Georgia Psychological Association, St. Simon's Island, GA.

Blackshear, J. H., & Wing, D. (1997, April). The Joint GSU and Atlanta Federal Probation Department Substance Abuse Psychoeducational Treatment Program: Looking for Ways to Make it More Experiential. Presented at the GSU Psychology Clinic Spring Quarter Case Conference Series, Georgia State University, Atlanta, GA.